

3. Moderation, Knowing Thyself and Conscience

"The Sermon on the Mount" by Gustave Doré



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Mat 5:7-10 Blessed are the merciful: for they shall obtain mercy. ...
Blessed are the peacemakers: for they shall be called the children of God.
Blessed are they which are persecuted for righteousness' sake: ...

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Communicating Spirits: *Alphonse de Lamartine; Aristotle; Confucius; Father Stephanos; Gandhi; Goethe; Homer; Moses; Origen Adamantius; Petrula Korontzi; Pharah; Pindar; Plato; Pythagoras; Sophocles; Tchaikovsky; Victor Hugo*

3.1 Moderation, the golden rule of the earthly life

[15-40]

The material world is the world of opposites. Wherever we look we always see the appearance of opposing elements. All things in nature function and express their energies through cycles of opposing actions. At the physical level we have the opposites of positive and negative, warm and cold, soft and hard, dry and wet, light and dark, odourless and odorous etc. At the intellectual level we have the opposites of good and evil, beautiful and ugly, just and unjust, truth and lies, Love and hatred, humility and arrogance, intelligence and stupidity, knowledge and ignorance, etc.

*Newton's 3rd Law:
"For every action, there is an equal and opposite reaction".*

Let us now examine some opposites that relate to Man. We all work to earn a living and rest to restock our strength. We eat to stay alive and excrete what we do not need. Our body grows and develops and it also dies because of attrition. Whilst in possession of our current **body** we need to look after it. We speak and express our opinion and remain silent when we have nothing to say. Sometimes we associate with acquaintances or friends and sometimes we isolate ourselves. Sometimes we move and exercise and sometimes we rest. Sometimes we want to be entertained and sometimes we avoid entertainment. Sometimes we are joyful and sometimes solemn. In general, every moment of our lives we are aware that we are under the influence of opposite forces and situations.

*John 2:21
But He was speaking of the temple of His **body**.*

*1 Corinthians 6:19
"Do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God"*

What should our appropriate stance be in each situation?

The word that defines the most advisable course of action in all these opposite situations is **moderation**.

Moderation is the golden rule of the earthly life,

that is, when someone follows moderation without diverging much to the left or to the right, follows the right path and never errs in his actions. Going beyond moderation in one or another direction always has unfavourable effects on the human entity. **Moderation represents the harmonious balance between two opposite elements.**

Man should act in a correct way in order to maintain moderation and restore the balance of opposite elements when these are not in equilibrium. For example, when the weather is cold we put on more clothes. When the weather is hot, we dress more lightly and we drink more fluids. These examples are exactly the application of moderation to particular circumstances.

Man must follow the same approach in all matters in life. He must work in moderation, rest in moderation, eat in moderation, have fun in moderation, speak in moderation, be silent in moderation, etc. Only by this will he be able to achieve physical, spiritual and soul balance and avoid extreme situations that could create unpleasant problems.

If we disturb the balance of moderation to one or the other side it always has unfavourable results. For example, eating in moderation is beneficial to the body, whereas diverging from moderation is detrimental, for example eating too much will cause obesity and the bodily organs to malfunction and eating less than what is required will cause weakness and emaciation. Both may result in sluggishness and premature death.

The above examples show us that moderation is not something strictly specified and unchangeable. It depends on specific conditions. Indeed, not all people have the same needs regarding the type and quantity of food. Therefore, “eating in

*The Swedish have a word: “Lagom” which is translated as: in **moderation**, optimal, suitable, and carries the connotation of perfection or appropriateness. “Lagom ar bast” is translated as “there is virtue in moderation”.*

*The ancient Greeks had a saying:
Παν μετρον αριστον:
“everything within a measure is excellent”.*

moderation” is not something standard and absolutely defined but refers to the type and quantity of food that will be beneficial to the body under specific conditions.

The same holds true for all situations where moderation is to be applied. Moderation is never exactly specified but it has the meaning of equilibrium by which the balance of the opposite elements is achieved. When one of the opposite elements increases to extremity, we must act properly in the other direction, in order to achieve balance.

For this reason we say that moderation in earthly life is flexible. Its flexibility means that it does not have an absolute value but it varies according to specific conditions. This point is difficult to understand but it is the whole meaning of moderation.

Moderation applies to all aspects of our life including our behaviour and interaction with other people. Let us take as an example the Love of parents for their children. This Love is, of course, necessary as a connecting link between family members. This Love must also be in moderation otherwise the children become complaining, spoiled, demanding, egoistic and ungrateful towards their parents. In this case it is not so much the children’s fault for their bad behaviour as the parents’ fault. With their extreme Love reaching the level of weakness, the parents do not maintain moderation in the upbringing of their children. This allows all branches of egoism and malice to develop.

People should give help to the needy only to the degree they can afford. When someone shows too much goodness, it is certain that wicked people will take advantage of him, stealing his goods and repaying his aid with ingratitude. This is why the

Lord said: “Whoever has two robes, give one to he who has not”. This phrase encloses the whole philosophy of moderation. Whoever has two robes should not keep both of them for himself (this would show great egoism and lack of humanitarianism), nor should he give both (in which case he would remain undressed and unprotected). He should give only one, keeping the other for his own needs.

Therefore, in every aspect of our life we must have moderation as the golden rule for all things.

The ancient Greeks said “Everything in **moderation**”. This is one of their wisest maxims. They did not simply say “moderation” but “everything in moderation”. Moderation in each circumstance and in each subject constitutes the “finest”, that is, our most ideal and proper way of action. Of course, applying moderation is not always easy but the constant effort and alertness of our spirit makes us more and more able to adapt our behaviour to the demands of moderation.

3.2 Moderation and knowing thyself

[6-156; 10-145; 17-197]

According to teachings from Heaven, Man is to walk according to two precepts first uttered by ancient Greeks: *Methen Agan* and *Gnothi se afton*:

(i) **Nothing in excess.** [Greek: Μηδεν Αγαν: Methen agan] Methen Agan has the meaning “away from all excesses” because these harm the entity in its ascendancy, i.e. every action above the measure brings loss and not gain i.e. everything in moderation

(ii) **Know Thyself** [Greek: γνῶθι σεαυτόν: gnothi se afton] Know Thyself is just a maxim because as humans we will never be able to know ourselves.

*It has the same instruction as: “Pan Metron Ariston” Παν μετρον αριστον: Everything within a measure is excellent
Or
Everything in **moderation** is the best.*

*Rudyard Kipling:
“God created the senses pointing outward. Therefore one sees the outside world, not into one’s own nature. A wise man wishing to be immortal turns his eyes within and sees the real **self**”.*

*“**self** knowledge is knowledge of God; the self and the divine are identical”.*

This is a very difficult concept and also very difficult to do. But if you make a continuous and intensive effort to understand it, then automatically you are within the meaning of “Know Thyself”. Therefore, follow the correct path for immense benefit not only for yourself but also for humanity.

*Lao Tse (Laozi):
“He who knows others is learned; he who knows himself is wise”.*

*According to the Gnostics:
“My God, my mind, my thought, my soul, my body”
Learn the sources of sorrow, joy, love, and hate; if you carefully investigate these matters you will find Him in yourself”.*

Some authors divide “self” into a lower self of the personality of the current incarnation. The other being the higher self that is the self that links all the incarnations.

Man should work in moderation, that is the harmonious balance between two opposite elements i.e. within a measure:

The measure is the basis of human life. The measure does no wrong, does not misappropriate, does not hate. The measure is the Love of balance.

The saying “Everything within a measure is excellent” or “Everything in moderation is best” is not just a saying but also a true apocalypse (revelation) of Divine light to a spiritual man. Poetry without measure has no harmony and music without measure is a cacophony. Therefore, you need to have a measure to gauge everything.

Do not disregard the measure; everything carried out with a measure is precise. The value of the measure is a priceless treasure for humans. When in your actions you use **two** measures this is called “fraud”. Many use the word “metric” but in a false way. They deceive their brethren with an elastic metric and ignore the conscience that bears the whole weight of evil acts. The weight of the sins is carried to Heaven by the soul where it is transferred to the spirit, which, unable to release the pressure of the sins, suffers greatly.

*Same as reporting to **two** bosses!*

Some have ‘double standards’.

It is your duty to carry out good and pious deeds, but not beyond the measure, because instead of gratitude you will receive ingratitude and the suffering of your spirit will be doubled. Great

kindness weakens your good deeds and strengthens the rebellious spirit of others. Give a helping hand to your enemy. This is a good thing to do up to a measure, beyond this you are strengthening his wickedness, not only towards you his benefactor, but also towards his other brethren.

A malevolent person says “Only through my way am I able to impose and instil fear”. So as not to be taken advantage of by such persons, who are able to harm their brethren, wherever you go and whatever you do, keep the prerequisite measure.

The absolute exists neither on Earth nor in the lower levels of Heaven. The absolute is **Utopia**. It is a word that misleads the naïve. It is very sad that humans do not understand the heavenly knowledge that is transmitted to them.

Utopia: an ideal and perfect place or state, where everyone lives in harmony and everything is for the best

Wicked spirits can direct humans that lack measure. Life’s harmony is the measure as are the physical energies. Measure harmonises life in soul and in spirit. It controls passions and determines the just. The measure gives attraction towards music and the measure sustains the beauty of the female attraction.

Editor’s summary:

We are urged:

To have a clear understanding of who we are (know thyself) before judging our fellow man.

To act in moderation always, without excesses.

To balance all our actions.

3.3 The dynamic energy of “Love One Another ”

[3-41]

If you concentrate as much whilst praying to God as you do when carrying out your everyday actions, then you will be in a high place in the Spiritual World. Take care and apply with devotion all that you are praying for from God and the Leaders and Teachers will never leave your side.

Love One Another. This is the light of Justice and it encompasses love, devotion and respect towards all without exception. If you distil all the books that exist on Earth and can extract a central powerful message, you will find that it does not have the intensity of these words: Love one another.

The esoteric advancement of humans springs from the pure Love that the Lord taught. If we all pay attention to this on Earth, then Earth will automatically be transformed into an earthly paradise and the Lord will not cut our life's cord and we will be awarded eternal youth.

Unfortunately this is impossible, because all that is stated will be ridiculed due to lack of enlightenment. So let us leave them to be educated in the cycle of eternity.

Do not fear the person that shouts and gets irritated. The dishonest are the worst enemies of humanity. They gain your confidence and then embark on the road of your destruction, which is your eradication, so they can profit from your demise.

1 John 4:17-19) Love has been perfected among us in this; that we may have boldness in the day of judgment; because as He is, so are we in this world. There is no fear in love; but perfect Love casts out fear, because fear involves torment. But he who fears has not been made perfect in love. We Love Him because He first loved us.

(Luke 6:32): If you Love those who Love you, what credit is that to you? For even sinners Love those who Love them.

(Romans 8:38-39) For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the Love of God which is Christ Jesus our Lord.

(Galatians 2:20-21) "I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by Faith in the Son of God, who loved me and gave Himself for me.

3.4 Decalogue

[17-227]

*Decalogue = 10 lessons
(from the Heavenly
Teachers)*

The following 10 concepts were given by the Heavenly Teachers to assist in the development of the human entity. You need to absorb them and if you observe them, you will be certain that you are walking within the bounds recommended by the Spiritual World. Unfortunately very few of us will follow these instructions:

1. **Discretion:** The highest attribute of the Heavenly Kingdom that can be acquired through your will on Earth.
2. **Strength:** The vigour necessary for the earthly life.
3. **Perception:** To assist in the understanding of the Divine Light.
4. **Willingness:** The energy for the understanding of Good and Evil.
5. **Love:** The cornerstone of humanity, to be applied in practice.
6. **Truth:** The weapon to combat the lies originating from Evil.
7. **Faith:** The comprehension and pure devotion to high ideals.
8. **Serenity:** The soul and spiritual calmness of the entity.
9. **Humility:** A way to achieve self-control in the application of Justice.
10. **Silence:** An asset for self-concentration and meditation to gain higher knowledge by examining our steps.

*The Greek word εχεμυθεια
can be translated as:
discretion, judgement,
prudence, judicious.*

*St. Augustine:
“**Faith** is to believe what you
do not see and the reward of
this Faith is to see what you
believe”.*

Whoever accepts and applies this Decalogue needs no further instruction for the cultivation of his entity.

3.5 Heavenly principles

[3-101]

1. Do not compare your strengths with those of Divinity.
2. Little Faith negates all human good deeds.
3. Big ideas suggest small actions. Small actions suggest unattainable thoughts.
4. Man cannot grasp the concept of God. Even through pure Faith it cannot be grasped, but we have the meaning of God within us.
5. Great fame means that the entity's revelation is small.
6. The immortal lives whereas the mortal dies. Between the two, Faith saves and lack of Faith leads astray.
7. Do not lend Love, as you will expect payment. Love is a gift without profit. Through Love, if you also have Faith, you can make amends for your sins.
8. Observe the rules of the Spiritual World to see the true Light.
9. Do not rush into decisions unless you know where Justice is.
10. The Cross is not an emblem of Faith, but of Love because through Love Faith flows.

3.6 The Righteousness of the Kingdom

[3-74]

An explanation is given of the beatitudes (blessings) given by Jesus Christ in the Sermon on the Mount:

1. The Lord does not mean the foolish but means those whose spirit surrenders to the soul.
2. The mourners means the sufferers, because if you have feelings and you are esteemed by all they will try to comfort you.
3. By the meek He does not mean the inactive but all who have the merit of being modest and gentle in their actions.
4. Those who hunger and thirst for righteousness are those who do not suffer unjust words and actions. They will rejoice in the justice of Heaven.
5. Jesus does not mean those who display their compassion but the true pious and compassionate who assist their fellow man. The Lord will help those both on Earth and in Heaven.
6. The pure in heart are the innocent. When He (Jesus) says that they will see God He does not mean Anarhon (God the Father), but means Himself who represents the Father. On their recall they will first face the Lord (Jesus).
7. There are many peacemakers but not all are of the same quality. A peacemaker is one who applies the laws of the Divine Authority by loving his neighbour. Love establishes peace. Many peacemakers will appear on Earth and they will be called sons of God because they apply what the Father is asking.
8. Persecuted are those who are pursued for their good deeds. In older times they were many. Today this beatitude can be eliminated, even though some are still being persecuted. We are moving very quickly towards non-obedience of this beatitude.

Matthew 5:3 -11

1. *"Blessed" are the poor in spirit, For theirs is the Kingdom of Heaven.*
2. *Blessed are those who mourn, For they shall be comforted.*
3. *Blessed are the meek, For they shall inherit the earth.*
4. *Blessed are those who hunger and thirst for righteousness for they shall be filled.*
5. *Blessed are the merciful, For they shall obtain mercy.*
6. *Blessed are the pure in heart, For they shall see God.*
7. *Blessed are the peacemakers, For they shall be called sons of God.*
8. *Blessed are those who are persecuted for righteousness' sake, For theirs is the Kingdom of Heaven*

3.7 Egoism

[1-22; 3-47; 15-37]

The term egoism is formed from the words “I am” [Greek: **ego** = eimi = I am]. It indicates, in other words, the concept of individuality of each person, the feeling that each person is an autonomous entity, different and independent from other entities. Egoism has no direction; it destroys everything in all directions. Egoism is the first enemy of a psycho-spiritual entity’s ascendancy and is the most appealing instrument of the material world. An egotist murders, poisons and destroys without realizing that he also acts as a witness for the prosecuting conscience on Judgment Day. An egotist can portray himself as a compassionate person but he is a secret wound within society.

Take action in time and fortify your **soul strength** in order to overcome egoism. Enlighten yourself by the pure Light so you can balance the equation. These equations are called “soul equations” because they depend on the magnitude of your soul strength or on that of your spirit. Using a balance to measure good and bad and assuming that there are oil lamps on both sides, when the oil in any one of the lamps finishes, what will happen? God replenishes the good side and the other side is replenished by egoism, that is, Evil’s progeny.

It is not egoism per se that is evil, but the increase of egoism to an excessively large degree. In this case, a man with excessive egoism always acts against his fellow men, only looking after his personal interests. He does not hesitate to steal, slander, deceive and take advantage of everybody else by being indifferent even to their lives, in order for him to possess the goods he does not have, even though he may not need them.

Other types of egotists give the impression of being

Sri Poonja (Papaji):

*“There is no such thing as a healthy **ego** any more than there is a thing called a healthy disease”.*

***Soul strength** = the soul’s dynamic endurance which enables it to oppose the pressure from the spirit and also the soul’s dynamic endurance that enables it to apply pressure to the spirit.*

spiritually superior to everybody and feel contempt for all other people they consider to be much inferior to them. With this pharisaic mentality, they do not pay attention to anyone and do not care about anything except how to establish themselves as tycoons of the spirit.

There are many different kinds of egotists. Each one tries to project himself as being superior in a certain field and as being the best expert to express the right views or to give the correct directions. In their attempt to impose themselves on others, people become bigots, evil-mannered, arrogant, vain, petty, undignified slanderers, etc. All these evils originate from the central nucleus of egoism.

When, for whatever reason, we feel superior to others, this creates a feeling of slight spiritual pleasure and an inner self-satisfaction. These are signs that the branches of our egoism tree have started to grow fast and we must act drastically and effectively prune them so that we do not let Evil grow.

Fighting egoism consists mainly of neutralizing the feeling of superiority towards our fellow men. If we realize that we are nothing but simple molecules of creation, then we will sense our minuteness compared to the Divine Forces and our egoism will not find fertile soil to grow. **Egoism** is then **replaced by humility and moderation** that restrict the agitation of the spirit.

All the suffering of humanity stems from egoism. Evil has grown in our times so much that only a Herculean effort can defeat this monster.

3.8 Sorrow and pain removes egoism

[4-138]

As mentioned above, egoism is the first enemy of our entity since it is the source of all our life's misfortunes. Nobody can have realized this, because if we did, we would totally change our way of life. Therefore, egoism is a great stumbling block to the elevation of our entity and the development of our spirit. Egoism devours the rights of our fellow men and leads them into an impasse whilst we distance ourselves from the path of justice and of the understanding of the life of our fellow men.

You should investigate the reasons for the sorrow and pain of the wretched and apply the divine balm of God's words through your good deeds. It is possible that you may fall into misery from the great height of your happiness, that is, fall into distress and suffering; you will then understand the situation of the unfortunate brethren to whom you refused to give a helping hand. Sorrow and pain will remove your egoism and you will need the help of others. Then you will humble yourself and remember that there exists a Divine Power that can help you through Faith and assist you in your ascendancy. Be careful in this case whilst ascending not to let the branches of egoism spread within you because the Divine will test you. Sorrow and pain expelled your egoism, that is to say, they have pruned the branches of this mischievous tree and what is left inside you is only its root in a primitive state. Ascending the social ladder you may forget that the root of egoism is watered by the attraction of matter and slowly, slowly it will grow new branches that can grow into main boughs. For this reason, those who have come through sorrow and pain must become gardeners and from time to time prune egoism and its new shoots.

Sorrow and pain will wake up whoever is asleep to be given the opportunity to repair his mistakes in order to regain Divine strength. With this strength he may, through logic, correct thought and kindness, chart the course of human life according to the directions of Heaven whose concern is the elevation of Man on Earth.

Egoism is an entity's selfish action to humiliate his brother so he may promote himself as the exploiter of strange moral principles, of psychical and spiritual powers. That is, the total annihilation of one's neighbour for one's own exclusive gain without accepting that this action is harmful to his brethren. Egoism does not allow a person to admit that he saps the vitality of his fellow men.

Become gardeners and exterminators of your egoism before sorrow and pain convert you into human wrecks.

3.9 Other forms of egoism

[17-191; 19-133]

All humans without exception have a particular ego as they similarly have their own personality. These two are different. The ego is the kernel of egoism from which Evil springs and if you are not careful it will extend its branches to other areas, similarly destructive, as egoism. Of course, as you can realize they all stem from the same source, your spirit. The place of ego is taken by the personality of each entity without this being affected by egoism. Be careful not to be overtaken not only by egoism, which makes you a tyrant, but also by its other branches e.g. egocentricity, egomania, egopathic, egocynicism and selfishness. We will not discuss the many branches of the egoism kernel, as you are capable of analysing most by yourself. The egocynic is a man who is not only an egotist but

also a cynic and a hypocrite. Whilst he speaks against cynicism, he is the worst, covering himself in such a way that his true nature is not immediately recognized.

The ego is never eliminated from an entity but Man needs to have knowledge of himself (know thyself) and pay attention to this seedling so it does not grow branches that, instead of benefitting his brethren, destroys them.

3.10 Conscience and subconscious

[15-33]

Conscience and subconscious are two terms used very often, mainly in the sciences of psychology and psychoanalysis. However, their true meaning is different from what today's scientists accept. In today's common (incorrect) perception, the term 'conscience' means the quality of the human spirit to judge the moral value of a personal act, the awareness of man of his own existence, the expression of sense, will etc. All these relevant meanings of conscience are connected with the corresponding functions of the spirit. Here lies the mistake of today's science because conscience is not a quality of the spirit but a function of the human soul.

Conscience is the checking by the soul on the correctness of human actions. This checking is just, fair and precise because the soul never errs in its actions, not even to the slightest degree.

*The **conscience** can be unscrupulous or conscientious, depending on the strength of the soul.*

When some of our actions are not correct, our soul reacts and tries to control the spirit. The result is that we feel **qualms** (remorse) **of conscience** that do not stop until our spirit is released from the moral burden. The following often happens: since in the earthly life it is the spirit that dominates the

entity, it does not always listen to the soul's directions. The spirit thinks that the qualms of conscience stem from a dormant weakness, which must be overcome through boldness to satisfy its material interests. Thus, this person acts constantly against the benefit of other people, committing many injustices and without caring if his actions are in accord with virtue, moral and humanitarian values, as long as he enjoys the goods of earthly life.

The conscience, due to its weakness (weak soul strength) and limited ability to impose itself, remains subdued. However, it is not idle because it keeps track of every detail of all the spirit's actions.

After death, when the psycho-spiritual entity returns to Heaven, there is a reversal. It is now the soul that dominates the entity and totally imposes itself on the spirit through the conscience. The spirit expresses its remorse freely and with all the accumulated intensity from its earthly suppression. If the wrongdoings of the entity are great, then the situation of the spirit, due to the qualms of conscience, becomes unbearable and desperate.

The check of the conscience takes place according to the eternal Divine Laws, which are the Laws of Ethics, Justice, Virtue and Humanitarianism. Human laws, which for the most part are rational, are not taken into consideration at all in the judgments of the conscience.

On the contrary, the Divine Laws provide punishment even for the slightest injustice against other people. The conscience, being completely indifferent to human laws, exerts the harshest check based on Divine Laws and charges the people who are implicated in these actions. Thus, their position is burdened, their **karma** increases and they will have to suffer great hardships in the future, in order to rid themselves of this huge

***Karma:** [Pali kamma].
Literally, "action". Often
translated "cause and effect".*

burden.

The conscience, therefore, is the infallible critic and the unrelenting judge of our entity. It derives its strength from the energy of the Divine Breath, our soul.

The **subconscious** is a part of the psyche [Greek: psyche = soul]. Therefore, the word psychic means, “pertaining to the soul”. In other words, it constitutes an aspect of the soul. Since the soul is something **Divine** and **perfect** in all its expressions, the subconscious contains both of these qualities: Divinity and perfection. Within the subconscious all things are written, from the beginnings of its appearance until the end of its future evolution. In this aspect, the subconscious makes up the **record** of the entity.

The subconscious is a most perfect mechanism. It keeps in absolute confidence the secrets of our soul identity. In some cases, however, for special reasons, the subconscious is allowed to partly inform the spirit about a future event, which directly or indirectly concerns the entity or other people. Then, the spirit receives indeterminate and vague images, through dreams or premonitions, and if it has a developed perceptive power, it can grasp the true meaning of the messages and will take the appropriate steps to deal with the danger.

Another important mistake that scientists make is that they place the subconscious in the brain. As we have said, **only the spirit is located in the brain**. If the subconscious is also in the brain, it would be part of the spirit and then it would be in no position to keep its secrets in confidence. Instead, it would transmit these secrets unobstructed to the spirit. This mistake is partly due to the ignorance of scientists of the distinction between soul and spirit.

Both the **conscience and the subconscious are seated exclusively in the soul** and they are most perfect and precise in their actions, since the Divine breath of our entity directly guides them.

Editor's summary:

1. *The soul and spirit are two independent but inseparably interlinked elements of a psycho-spiritual entity.*
2. *The soul is a ray of Divine Breath; it is the motive power; it is Divine and perfect; it constitutes the starting point of all the physical and spiritual qualities of each entity; it resides within the whole body. It is not an organ.*
3. *The spirit is the element by which man perceives, wills, thinks, judges and decides. It has free-will. It resides in the brain.*
4. *The conscience is the check mechanism by the soul on the correctness of human actions. This checking is just, fair and precise because the soul never errs in its actions; it is infallible.*
5. *The subconscious is a most perfect mechanism, which keeps in absolute confidence the secrets of our soul identity; the subconscious keeps a record of the entity's actions. It is an infallible record.*
6. *The conscience and subconscious reside exclusively in the soul.*

3.11 The obscure area of the subconscious

[5-56; 17-66]

As you know, the soul is God's Breath and therefore Man has something Divine inside him that is not only expressed as motive power but also has a number of subdivisions. Soul not only means power but also conscience. Conscience resides in the soul and is Divine Justice.

When the spirit is stronger than the soul's strength then the soul contracts and the spirit expands in such a way as to stop the soul from its truthful expressions and then we say that the person is "unscrupulous" and has no conscience. In this case the spirit speaks and not the soul. When the soul is stronger, the spirit speaks but when it is under the influence of the soul, then we can say this man is "conscientious".

There is another part of the soul that is obscure not because we have darkness inside us but because it is secret; it is called "**Chamber** of Eternal Life". It knows everything but keeps everything it knows secret otherwise there would be no soul progress. God forbids the subconscious to enlighten Man through his spirit. If through his spirit Man could reach this chamber and be enlightened then he would discover one by one the "secrets of the subconscious" and begin to prophesy.

Within the secret chamber there is another, smaller, chamber that holds the Secrets of Divinity, because the entity started from Divinity. From this small chamber nothing can be made known.

As mentioned before the small chamber remains secret because the Power of Divinity resides inside. This does not exist in other animals of Creation.

Many authors, inventors etc draw from the inner self and derive Inspiration that resides in the subconscious.

*In this **chamber**, within the human soul, the secrets of the Deity are safeguarded. The existence of this chamber differentiates humans from animals – we are not descendents of apes. Only humans possess a spirit.*

Therefore Man on one hand is considered as the noblest of animals but on the other he is not an animal as some of our experts profess but a creation of the Creator with His image inside him.

The purpose of the small chamber is to enable examination of the stored secrets and, if one of the secrets is considered good, it is transmitted to the spirit so it can understand the until then unknown spiritual meaning. The larger Chamber contains the Entity's Register that must not be made known to the spirit. If all the secrets of the subconscious are made known to the entity, then the entity does not evolve according to the mandate of the Divine Principle. The secrets are made known to the entity when it finds itself in Heaven. The entity then says: "I have done something wrong; if I had known, I would have avoided it".

Yes, he would have avoided it, but he would not have benefited. For this reason Man ought to ignore the secrets of his previous life and reincarnations. Everything has its reasons irrespective of whether our science ignores them. This is because our science is deficient.

The soul is the only means by which we may enter into some of the secrets of the Heavenly Mysteries. Prophecy is a special branch of the developed soul that follows the path to enlightenment from the Eternal Fountain of God.

Editor's summary:

- 1. The soul and spirit are two independent and inseparably interlinked elements of a psycho-spiritual entity that continuously challenge each other whilst incarnated. In Heaven the soul overpowers the spirit and brings it to account.*
- 2. The balance of soul and spirit is needed for an*

entity's ascendancy; this can be achieved by the soul acquiring soul strength and the spirit acquiring enlightenment.

3. *The soul, apart from being the motive power that never errs, has a number of elements:*
 - a. *Conscience*
 - b. *Subconscious*
 - c. *Chamber of eternal life (entity's register)*
 - d. *Small chamber (holds the secrets of Divinity) within the chamber of eternal life.*

3.12 The conscience's infallible censure

[4-120]

When we refer to the "conscience" we do not mean anything other than the soul's dynamism. As you know, the soul is Divinity's breath that moves every entity. Therefore the soul is the thread of Divine energy of your life. Consequently when Divine Justice judges, censures, rewards or punishes this is done by means of the soul, that is, the conscience. The conscience as a judge of your actions is infallible.

By saying that the conscience is infallible, do not think that your entity can judge others as some, who have besmirched their priesthood, think that they are infallible.

Man - poor or rich, king or simple citizen, priest or not - all alike possess a spirit not to judge one another but to first judge himself. Your entity avoids such judgment as, due to egoism it considers itself able to judge everything and pass superficial judgment on everybody. It only fails to know itself. Here lies the greatest of our errors, especially by the clergy, who have the idea that they are above everything and forget that they are

the **least** of nothing. The exemptions are very small and constitute the only insignificant image of their humanity on Earth. Most of them have enslaved their spirit in matter.

*We said that some priests are the **least**, not in the sense of being the least of the citizens, but with regard to their high spiritual position guided by the evil spirit.*

Spiritual men lacking in soul strength are unable to censure themselves by means of their conscience because their conscience is under pressure from their spirit. They censure in an opposite way, so they see black as white and white as black. The conscience of these people will function when they discard their cover (body) and then they will perceive whether their conscience erred or not.

Having conscience does not mean that some brethren do not sometimes commit sins. This occurs sometimes because the spirit overpowers them and at other times the soul strength prevails. Such people have a favourable predisposition and can easily cultivate their soul strength. If these people err as humans, the fact alone that they are in search of the correct path to redress their mistakes is enough for them to receive blissful light from the Divine Grace of Heaven.

Unscrupulousness is not the fault of the conscience but of the spirit. It is considered so extreme that the entity may be characterized as not having a conscience. Unscrupulousness is the worst disease of the spiritual degradation of Man.

Censure carried out by the conscience is always infallible.

3.13 Distress due to conscience

[4-156]

Distress arising from the conscience falls into two categories:

1. Suffering due to a pre-existence - because the soul did not remain long enough in the Heavens to eradicate it.
2. Suffering due to an evil act committed by your entity's free spirit at the expense of another entity.

Whichever way suffering shows itself, it is always oppressive to your entity, since it is not able to free itself from its burden. Now let us explain each category:

Suffering due to a pre-existence: The entity has committed so many mistakes that upon departing Earth and giving account of its mistakes it recognizes its wrongs and is afflicted because of them. But if it has the extenuation that it committed evil in ignorance, without finding anyone to enlighten it about Evil knowledge, it is sent to the Transit Centre where it remains until its reincarnation on Earth to acquire true knowledge. This case of ignorance results in the speedy return to Earth. After reincarnation the new human entity, in time, acquires consciousness of all things and its conscience oppresses (burdens) the entity by means of a physical, inexplicable sorrow. His fellow man says: This man is good and noble but his appearance has something sad about it that attracts our sympathy. And it is true that neither his fellow man nor he himself recognizes what that something is that, through sadness, causes sympathy.

Suffering due to an evil act: This category is the most common. The human entity is aware of its actions but at a given time of weakness, under the temptation of matter, its spirit overpowers and acts in a way that it would not when in a calm state. When it achieves what it wants it repents, but

cannot rectify the wrong because of loss of esteem or loss of respect by the wronged fellow man.

Suffering arising from conscience, the troublesome prosecutor of each entity in both the above categories produces remorse. Remorse has a meaning in the second category, while in the first category it is not called remorse but “the voice of conscience” because the entity is unable to know anything about how it acted in a pre-existence.

Suffering due to conscience, i.e. guilt, sometimes causes moral collapse and this wipes out the entity to such an extent that it loses its orientation and wanders about as an uncontrolled ship in the ocean. For example, in spite of the rectitude of the conscience of, say, entity A, distress is transmitted to it by entity B, the second entity not recognizing the rectitude of A’s conscience. Then A falls into distress. In this case the willfully guilty is B because he carelessly transmitted his burden to A in order to minimize part of his own burden. This occurred because B’s spirit, being underdeveloped, acted wrongly so that A endures the pressure of Heaven. B does not recognize the meaning of remorse in his particular circumstance.

These fine subjects of the conscience are very complicated in their relative distinctions and require Divine enlightenment to understand them.

3.14 The drama within the subconscious

[4-129]

No thinking man is able to penetrate the human **drama**. If Man does not know how to use paintbrushes and how to mix colours he is unable to create an admirable image. First, he must have inside him the mystery of attraction towards one vocational branch or another. This happens when

Drama (Greek: δράμα) is a story, play or performance.

The soul provides: necessary powers for development, motion, maintenance, thought, will, protection and reproduction to each human entity.

the subconscious guides him without him being aware and how out of nothing he has been able to create an occupation that aspires to cultivate his small talent.

The drama is the whole life of Man. The author, unless the Divine Principle enlightens him, is unable to draw out of his subconscious the great drama of Man. The earthly world is full of entangled dramas that an observer can note but it is impossible for him to discover the deeper reasons for Man's instigations. Therefore, the drama is first depicted within the subconscious that is then compared with other everyday life dramas to discover the reasons for the instigation. The process is repeated to find out if this is correct or not.

Nobody is in a position to know the world of the soul. By reflection you can draw out its images from your subconscious and if your spirit is balanced with your soul then you can portray more complete images of the drama, meaning that you can externalize the internal essence of Man. This way you can teach others that, inside you, resides a world different from the outside, the world of the soul, the world of research, enlightenment, the true and just judgment of the spirit, by depicting instructive images so that Man may not fall into the usual sins of his current life.

Therefore, my brethren, the drama is the living image that resides within an enclosed space that is the subconscious. Without joyful illumination Man is unable to express this but feels sorrow and depression inside him without knowing where these tyrannical feelings stem from. Only a qualified person is able to colour and describe this in earthly terms for the illumination and guidance of logical men. So through his Love for his neighbour he can discuss his pain and place a balm of hope on his

ethical torment by purifying his pain with clean and joyful light from the Lord. The Lord's light was in ancient times called "Divine light" although men could not determine its source.

The drama continues in various forms, but no author is in a position to grasp the synthesis of the drama within the subconscious, because he has lost the light of truth that appears only to the humble and the pious.

The drama is the true image of life and suffering. Its remedy is the Word of Heaven.

3.15 Dreams

[1-79]

The dream is the key to the subconscious. Whenever something is going to happen to a man, as pre-destined in the **cord of his life**, the subconscious wants to pass it on. However it is unable to because it is forbidden by the Divine Authority for the spirit to know the secrets of its previous lives or its future, otherwise the spirit will act in favour of the entity, avoiding the punishment that is given for its ascendancy.

*Some people call it **the silver cord***

Because the subconscious is the deposit of all the entity's secrets and the soul is being pressurized usually by unpleasant events, it transmits signs to the brain through another part of the soul where the clear meaning is incoherently altered many times. The improbable images nevertheless have, as a basis, subjective reason.

Man can note from observations the corresponding meaning with actual events so he can subsequently decipher dreams. This idea is wrong. However whoever customarily gives an explanation of dreams, generally is not wrong, because he has a

special aptitude to penetrate into the meaning of dreams that science cannot achieve because it is unable to enter the depths of the subconscious. A specialist in interpreting dreams through his soul strength comes into contact with the subconscious of the person who has dreamed to learn his secret and, because it is not affecting him, he freely transmits it. There are only very few interpreters of dreams in the whole world. Generally a dream transmits a **parody** of the secret.

parody = *distortion;*
caricature.

3.16 Confession

[5-198; 19-51]

Confession can be divided into three main parts:

1. Purification of the soul.
2. Satisfaction of the conscience.
3. Remorse for our mistakes.

Not every person is in a position to understand the mystery that is hidden in the soul of his brother. Once priests were the ideal people to whom you could confess intimate secrets of the soul. Unfortunately, some of the priests have betrayed their position and have taken advantage of their fellow man. Confession can be made to a person who enjoys the confidence and Love of his brothers. When a person confides the weight of his entity to his brother, the weight is halved.

- 1. Purification of the soul:** You may ask how is it possible for the soul to need purification since this is God's Ray. The soul does not need purification, but what happens is that the spirit, by pressurizing it, does not allow the soul to increase its strength. In these circumstances the soul remains stagnant. My brothers, when part of your body is suffering because it is not functioning well, for example the lungs or

another part of the body, this does not mean that it is not healthy, but that the surrounding pressures are forcing it to malfunction. The same thing happens with the soul when it is under pressure from the spirit and it cannot take control. Unfortunately, in this case you call this man a person with a 'bad soul'. This is a false accusation and it is said out of ignorance. The soul is never the instigator of bad actions. The soul in Heaven becomes the strict critic of the entity. It rewards or punishes the spirit. The soul provides the motive power on Earth and in Heaven. What it has to say is felt through the spirit, because it is Divine. You do not see God nor do you hear His voice even though you see Him and hear Him through your perception. The same thing happens, my brothers, with the soul. Don't say bad things about the soul. It is your first Divinity. The soul is what is called **prana** which is interlinked with the spirit. If you seek by your **breathing** to acquire more prana or soul strength. You will receive these from the storehouse of Divinity.

***Prana:** is a Sanskrit word meaning Divine current or the life giving force of the Divine; it is the Breath of God and God is all present through prana. In Chinese philosophy it is a force that is analogous to an electrical current that runs through the body and Earth.*

*By your **breathing:** eg meditation/breathing techniques.*

- 2. Satisfaction of Conscience:** Usually a person does not fulfill the directions of his conscience because he deviates from his holy duties. This deviation increases the weight of sins daily until he reaches a dead end and does not know what to do. But if the pious person is careful and does not sway from the correct path but acts in a pious way according to his strength, he will have a lighter conscience and will enjoy the immense joy of God. When he reaches the Kingdom of Heaven he will receive higher enlightenment and a higher position.

Ask any rich person who has massive wealth if he is spiritually satisfied. First they do not know if they have a conscience or not; their conscience is surrounded by egoism and

falsehood. It is difficult to realize how bad a position they are in because of their attachment to their beloved materialist world. These people will return many times to Earth to cleanse their sins and only then will they start on the straight path of light, Justice and Love.

A person's conscience is the barometer of his entity. Those who cannot consult their barometer means that they have lost their orientation or do not have a barometer but a blind guide that leads them to distraction.

- 3. Remorse for our mistakes:** The remorse of the conscience is the strictest critic of an entity. When a person does not have remorse of conscience, that is to say that the spirit is so strong that it hides all his sins, it does not mean he does not have a conscience, but that the conscience is in a torpid state under the influence of the spirit.

When an entity is separated from its material cover (body) then the conscience takes control and the remorse felt by the subconscious becomes intolerable. The entity then begs God for punishment in order to overcome the bad influence of the spirit and slowly to be forgiven. If this entity did not carry out many good deeds whilst on Earth, it asks to be reincarnated and to be judged again by Heaven. Permission is only given if the entity has really worked towards its ascendancy whilst in Heaven.

My brothers, it is preferable to ask for forgiveness by the remorse (qualms) of your conscience whilst on Earth rather than in Heaven.

When you feel that something is weighing your soul down choose an appropriate confessor and, if you choose correctly and he is honest and

conscientious, he will not give you forgiveness of your sins but he will direct you to the path that you need to follow in order to be forgiven.

Physical pains and feelings of unwellness are signs of impending problems. They announce that you need to look after yourself before illnesses manifest themselves. The same thing happens with the remorse of your conscience, that is, it tells you to change direction. You leave the wrong path and follow the righteous path that is the Boulevard of the Lord. The righteous path is not easy and traversing it is very difficult for humans but, if you go forward with Faith, then you will find what you are looking for. When you reach the end of this trial there will be other trials for the ascendancy, not only of your soul but also your spirit. Only a few have made it, most have returned to Earth to fulfill their obligations.

There is no repentance in Hades.

Heal your mind to heal your body. A healthy mind within a healthy body!

When the psycho-spiritual entities get accustomed to life in Heaven they do not want to return to Earth unless they are assigned a special mission and return as enlightened humans in the material world.

Editor's summary:

Confession is an examination of the soul by another person because if you could confess to yourself only, then you would not have had any sins because you would have known yourselves. But tell me, which human knows himself? The good effort is your best guide to enlighten you and lead you to the Light of the Lord.

3.17 Self sacrifice

[4-114]

In our time, it is very rare for someone to sacrifice himself for the common good. Rare because many

sacrifice themselves out of national fanaticism and religious ideologies but not humanitarian reasons.

The sacrifice of a major benefactor for humanity is a sacred duty. However the person who sacrifices himself does not carry out the sacrifice with the intention of being sacrificed otherwise he would not proceed, but he considers the possibility of a profane hand removing his life whilst he is carrying out his act. Such benefactors of humanity cannot be many since they enter the great arena of humanity with Holy Grace and up to a point renew the progress of humanity.

He who established the kernel of Love for His neighbour was only One and was unique. Nobody else can replace Him because He had the continual guidance of His Father conveyed to Him through the Leader of Spiritual Administration (Holy Spirit).

3.18 A and B Quality entities

[17-11; 10-55; 3-79; 3-47; 10-60; 15-48]

In the beginning God created Heaven and Earth and then He formed Man and breathed into his nostrils the breath of life and the man became a living being. To assist Adam in his evolution He took from his ribs and closed up the place (wound) with flesh. Then God made a woman, Eve, and He brought her to the Man.

The Heavenly Teachers have revealed that in Heaven there is no distinction between genders. The term used is Quality A and B. The difference is **not the gender** but the **quality**; they are referred to as souls of **Quality A** and souls of **Quality B**. The letter B here is not downgrading or diminishing and the souls of this category are not of less value than the other. The souls of Quality A incarnate always as men and the souls of Quality B incarnate always as women. All are psycho-spiritual entities, which

have been incarnated in order to fulfill the duties of their destination.

Quality B entities have many times betrayed Small Mysteries of Heaven and therefore it was forbidden to take the attribute of Angels as a Guide to the souls. This did not stop the Creator from assigning Quality B entities as messengers of certain subjects that can only be carried out with the overseeing of the Teachers. If Quality B entities were given total freedom it would not be possible for them to keep the secrets. The destination of a woman is such that she plays the major role that God has assigned to her.

Many people incorrectly take advantage of the truth that the spiritual world gives with such Love for both man and woman. When the soul is **recalled**, both Quality A and Quality B entities belong to the Heavenly Kingdom. They become educated and rejoice in the same bliss.

In **females**, the soul differs from the spirit as much as the two opposing forces of Good and Evil. In the system of society some try to prove the opposite. This is a wearisome tactic of shadowy spirits. The spirit of rebellion has more authority over women. Whilst she works for the Good, she creates hubs of Evil. This is because of her “nature”. Even if she wants to, she is unable to distance herself from the attractions of desire.

According to tradition, God created the male as the positive part of a logical human entity. He gave him a wife, the negative part of it. This way the whole human race exists. From the beginning of time the male has been climbing the ladder of spiritual education. The female has not followed him because she modified that knowledge inside her. She was transformed into an undisciplined entity to which nobody is able to confide his high ideals. The spiritual power of the female was never

*They could have been called:
Quality 1 and Quality 2
Or
Positive Quality and Negative
Quality
Or
Quality Blue and Quality
Pink.*

Eve was a Quality B entity.

*Recall = to return to spiritual
world.*

*Adam and Eve symbolise a
beginning. God created
Adam first, a male who knew
his position within Creation.
Eve was created from
Adam's rib as his companion
and to perpetuate humanity.
That is why the **female** was
not considered as man.
From the Lord's days on
Earth the word man includes
females.*

exercised to the advantage of humanity whereas Man made fertile its arid land. If females had not been created, the world of matter would have been lazy, dull, aimless and boring. God knew what He created through the female: everything and nothing. The female is the means to assist the male towards his ascendancy even in places where she cannot enter.

The female helps raise the male entity into higher levels of the Heavenly Kingdom. All entities have value as creations of the Lord. With proper education the two genders are able to fashion humanity for its salvation. Therefore, when the two genders play the roles that were set by the Creator properly, all things go well. The people are calm and happy and societies flourish. When, however, the roles of the two genders are interchanged, all things are toppled or blocked with unpredictable consequences. The main duty of woman is to stand by and be a companion to Man, boost his spirit in the difficult conditions of his life, inspire him to the great ideals and push him towards the higher levels of his destination. The Deity created woman exactly for this reason, to be the instrument for Man's evolution, for he would not have been able to advance on his own.

The ancients used to say "fire, woman and sea", thus classifying woman between the other two dynamic elements of nature. Her resemblance to the sea lies mainly due to her temperamental character. As the sea is sometimes stormy and sometimes calm, so does woman behave sometimes frantically and sometimes with total calmness and serenity.

The resemblance to fire has greater depth because it refers to energy. Fire is the motive power of all things. Without fire there could be no technical advancement and humanity would have remained

in a primitive state. Woman accordingly is the power in the evolution of the human race because she gives the impulse for Man to reach his destination.

The subject of the relation between the two sexes is huge and inexhaustible. Everybody has to learn the special duties and the special destination of each gender, so they can cooperate with each other productively and with understanding, without rivalry, egoism and pointless claims.

3.19 Purity has 24 stages

[4-122]; [4-91]

Man is pure when his spirit is free of cunning. Do not encompass Purity amongst other indicators of life. Something that you consider pure may not be considered so by other people. This is because you have transferred the meaning of pure to circumstances that relate to nature, conventional barriers and, the societal attitudes of your critics.

Purity does not reside where you place it. Purity is something else, which you do not perceive. Because you do not possess a guileless spirit, you are unable to analyse the word “pure”.

What is the meaning of “pure in heart”? It means a Man without malice. But when we say “pure in spirit” this again means a man with precise thought, virtuous direction and enlightened logic. You will tell me that the Lord forgave the sins of many women and they found their Purity. How did this come to be since they were not pure in their everyday life? Therefore the Lord has placed Purity in their hearts so that their spirit was pressurized to conform to the Lord’s Words. Because the heart is malleable in women and it can influence the instability of their spirit, His words to them had such an appeal that they were applied

literally and they regained their Purity. Do not forget that women think more with their heart than with their spirit. Those women who are seduced by the Evil Spirit, like Eve, not only decrease their femininity but also become the cornerstone of sin.

Man is able to be pure to a certain degree but never 100%. There are entities in our world that have come from other Stations and differ considerably from their fellow men. They have a greater percentage of Purity than others because, Purity has 24 stages (Stations) in number. Purity acquired on Earth is not sufficient. There is another Purity, the Heavenly Purity that has grades depending on the Station of each entity. On Earth you are able to acquire up to 12 stages. The rest you will pass through in other Stations. I speak about man (male) because for women there are only three (3) stages. Each stage for women has more steps because their spirit is stronger than their soul strength. Consequently it is easier for women to conform to the pursuit of the Heavenly Leaders and become executors of Creation's work for the raising of Man.

I will not explain every stage of Purity, since Purity remains on Earth a mistaken conception of Purity. If we ask ten men with varying degrees of knowledge, what Purity is, all ten will reply based on different criteria. This means that they have not attained the consciousness of the word pure. I said and I repeat, do not confuse erotic friendships and the erotic bond with Purity. There is no connection between them, because nature i.e. God's Breath pushes heterosexuals to a bond of intimate Love with free spirit.

If the spirit has enlightenment then it will realize where it is going and what it is doing because, depending on its chosen path, the choice will be Divine or not. In this way anomalous situations are

created in life, not because the Divine Breath pushed His creations to commit mistakes but because the free spirit lacks enlightenment.

A woman may commit many errors due to her spiritual inadequacy in logic and correctness of understanding. By bitterly repenting for all that she has done she changes direction and follows the correct path that she will find. This way the fallen woman is purified. In this case, where is Purity found? It is found in the lack of evil intention in her entity.

The aim is not for her to rest on her errors but to correct them so she can quickly enter into the perfect resting place of souls and glorify the Lord who has shortened her trials in order that she may enjoy His Divine compassion. If Purity was measured according to morality, then you would find none on Earth. Purity is one of the mysteries of the Lord. Even though it is known that everyone knows its essence, it is totally ignored. It is the innocence of an entity, is free from prejudices, is ignorant of evil and at the same time is the soul's hymn. Purity is not judged by its appearance but by its spontaneous action towards good. An appearance may give the impression of Purity, of sanctity, while in reality it is a mask of the entity. From another entity, from which you expected nothing, you may receive unexpected kindness and you will say: "I never expected X to be so good". Here lies Purity. It is that which cultivates in the heart the sense of lofty enlightenment.

3.20 Punishment of entities on Earth and in Heaven

[10-79]

The guilty one pays for his sins sooner or later. Many times you observe that the Lord should punish one or another but on the contrary they

enjoy the earthly goods that they derive from their brethren. You get angry and say “How come God does not punish these sinister enemies of humankind? Can He not see what they have done and what they are going to do?”

From an ignorant point of view you are correct in expressing yourselves this way but from an evolved inner understanding you are incorrect. Since you know that God is never unjust why do you blame Him? Depending on the psycho-spiritual entity, when it is in Heaven, God asks through His assistants there, that it turns towards the good and pious before it reincarnates.

When the entity is reincarnated it forgets its promise even though its conscience tries to turn it towards the path of virtue and ignore the path of Evil. It is possible that the entity is at the point of returning. That is why the Lord is waiting. For some entities the return comes late for reasons that mortals cannot understand too deeply. So do not judge the Lord unjustly.

There are many entities in Heaven who beg and say that they will change when they return to Earth. However once reincarnated their spirit rebels against their conscience and they become tyrants on Earth. They will be punished whilst on Earth.

Then again there are others who appeared good to many but in reality they were not. Towards the end of their life they remove the mask to reveal their evil spirit. These will be punished in Heaven. They will deny any wrongdoing and will be allowed to wander around as fickle spirits. Divinity does not force punishment as it happens on Earth. On their own these fickle spirits wander around and sneer at their fellow man on Earth and mock them and are pleased when they are able to lead them astray. Divinity leaves these spirits until they become exhausted and on their own they seek the

benevolence of the Lord to permit them entry into **Erevos**. That is, to enter the cycle of evolution from the darkest place until they are ready to expiate the old sins and reincarnate.

It is very difficult to adequately explain the punishments that occur in both Heaven and Earth.

*Erevos: deep darkness.
See Chapter 4.*