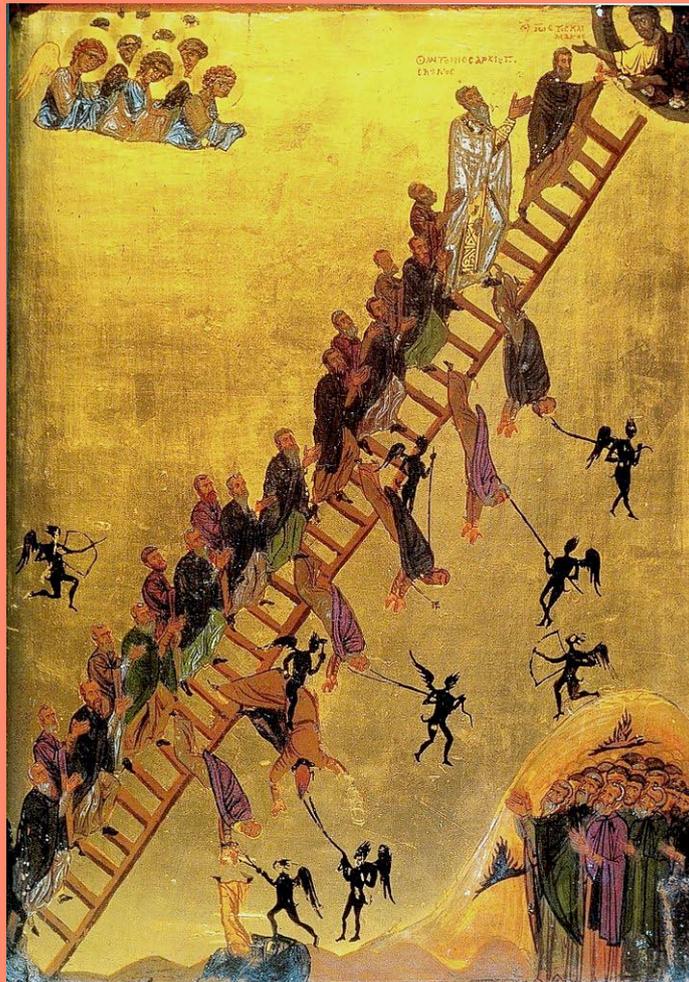


SPIRITUAL ENLIGHTENMENT

Psycho – Spiritual entities



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5

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Book 5

Psycho Spiritual entities

*Written and edited by
Yianni Attikiouzel AM, FTSE
BSc, PhD, FIEEE(USA), FIET(UK), FIEAust (retired)*

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Preface

The present text is my personal view based on the Teachings of the Spiritual World that have been communicated through the Divine Light Spiritualist Society's medium Mr George Pizanis (www.divinelight.org.gr). I have previously translated part of these Teachings in Book 1 to Book 4 that are given on my web site www.divinepharos.org under the general title 'The purpose of Earthly Life'.

It is said that everything has its time and place. So it is with this book. You may find it inappropriate for this stage of your spiritual development. In this case you should continue to seek to increase your knowledge of Truth and live a balanced life – seek and I am sure you will find. If you wait for Heaven to provide you with baked bread you would starve. What Heaven does provide you with, are the essentials to enable you to work to acquire the reward (bread) of your labours. Do not wait for miracles to occur without any effort from you.

Knowledge is a double-edged sword and you may not be able to be assisted by others. Unless Man has a conscience the raw Truth benefits no one. On the contrary it reinforces greed, ego and deceit that all stem from material desires. Absolute Truth is a Heavenly Light not an earthly one.

This is an unusual but informative book that explains the reasons why we humans are on Earth - a difficult topic to understand and accept. Most of us have been indoctrinated by various religious beliefs and dogmas that place blinkers on our eyes and therefore we are unable to see reality for ourselves and to separate it from the falsehoods that have been peddled throughout the centuries by individuals or institutions primarily for financial gain, higher positions or ego-tripping.

This book starts with a brief description of Creation when God created all the souls and then gave each soul a spirit so that each soul only entity became an entity, with both a soul and a spirit – a psycho-spiritual entity - able to judge and make decisions by itself.

Here is a prayer given by the Spiritual World:

- *Lord, Almighty, Ruler of the Infinity and of the unending Knowledge of everything*
- *You, whose Will created the unknown worlds*
- *You, Most Gracious, with your one gesture give to our brothers the Light of your Brilliance, so they can transmit it all over the World.*
- *Bless their heads as they will act according to your Will.*

Yianni Attikiouzel

Preamble

Most of us have heard about the expulsion of psycho-spiritual entities from the Heavenly Paradise because of their disobedience. Some psycho-spiritual entities chose to remain close to God. To help the expelled psycho-spiritual entities with their spiritual progression God created Earth for their practical education and to speed their acquisition of knowledge through temptation. Some of the Archangels that remained with God either requested or were given special missions to descend to Earth for specific purposes to assist humans. Amongst those Archangels are: Jesus Christ, the Holy Spirit, Confucius and Socrates. The Lord God has a son Jesus Christ. When we say “the begotten Son of the Lord” it refers to Jesus Christ on Earth. We seem to have difficulty with the concept that these Archangels self sacrificed by undertaking difficult missions for the benefit of humanity. But as humans, we do not think twice about accepting St Peter or St Paul as being saints; these two psycho-spiritual entities were born as humans on Earth and died as humans on Earth, nevertheless, we think that after ascending into Heaven they have become saints. Therefore, why is it that we have difficulty in accepting that Jesus Christ was born and died as a human and upon ascending to Heaven took the sceptre of the Spiritual World by the side of God?

Many religions especially the ones with strong dogmatic beliefs say: “we are correct and everyone else is wrong” or “God spoke to me and to no one else” and have dogmas that perpetuate religious in-fights based on unintentional or deliberate mistranslations, misunderstandings or concepts such as whether Jesus on Earth was human or was God. Many Fathers of the Church have a strong spirit. The Evil Spirit entered into them stealthily and awakened their ego. The combat between Christian clergy started with whether Lord Jesus Christ is consubstantial to the Father or of like substance. Theologians slandered each other and insulted each other as common enemies for such simple things. If the Lord is “consubstantial” or is “of like substance” is one and the same thing. All the souls are consubstantial with the Father but also of like substance in their spirit. There is no need to quarrel over such things that they could be solved assuming there was a will to do so. Religious debates about the substance of Jesus have raged over the eons and have divided religious leaders who have misinterpreted reality for their own personal advantage.

When Jesus died on Earth he ascended into Heaven and was appointed by God as the

Lord of the Heavenly Kingdom and He became a member of the Holy Trinity. The third member of the Holy Trinity, the Holy Spirit, who like Jesus has incarnated on Earth three times. The Holy Spirit is certainly not a dove as some people think or depict. The Holy Spirit is not something abstract, but is a Spirit that God has honoured as the third side of the Triadic Divinity. Two sides of the Triangle lived on Earth with Divine missions and the third side is Eternal in the Universal World.

One of the major and most important gifts that God gave to humans was the ability to reincarnate so that they can be educated and acquire the knowledge they sought whilst in Paradise as psycho-spiritual entities. But because of their disobedience we now have to acquire this knowledge with pain and toil over eons by undertaking practical lessons on Earth as well as lessons in Heaven. Only by going through the process, and absorbing the information and building on previous information can we acquire the knowledge. Automatic acquisition of knowledge is not possible. Have you ever seen an infant with the equivalent level of knowledge as a person with undergraduate/postgraduate education? No. Knowledge is acquired by going through the various classes and stages. Similarly, when we die on Earth and assuming that our actions on Earth are considered good enough - and this may require several incarnations - then we are allowed to undertake further studies in the various classes which Heaven calls Stations. Graduation from the last Station means being allowed to re-enter the Heavenly Paradise from which we were expelled.

This book will challenge your preconceptions and make you think about your inner spiritual world. A world that you are part of and with which you can communicate directly without the need of third party.

God does not ask futile sacrifices from Man but charity for those who need it. Pray to God praising His glory and do not ask for the vanity of this world to elevate your name.

Another prayer from the Spiritual World:

- *All mighty give to Man Light from your Light, so the ultimate eyes of their inner world can open to see the Truth as it is and not as it is presented by the mercenary of Evil.*
- *Lord, have compassion towards the unenlightened, because between him and You the Spirit of Evil intervenes.*
- *Dissolve through Your Holy Spirit the evil cloud from my head. And let in the Light of kindness and goodness.*

1. The beginning

According to Man everything that falls within our five senses is considered as existing, in other words everything that is physical i.e. made of matter. Whatever we cannot touch, see, smell, hear or taste we consider that it does not exist. It is non-existent. We are not able to grasp the meaning of non-existence so we define it, according to our narrow comprehension: as everything that does not exist. According to Aristotle “birth is the transition from non-existence to existence and death is the transition from existence to non-existence”. When science is unable to explain a number of phenomena, does this mean that these phenomena do not exist? If you lived in Europe during the 14th century AD and someone said that there is a continent called Oceania would you have believed them? Or, if in the 1930s someone spoke about infrared remote controls that would enable you to change television channels, or about bluetooth based communication systems they would probably have been considered as being insane. We have not yet discovered cures for all cancers - does this mean that the cures do not exist? This is how ignorance and darkness become obstacles to scientific research. Similarly, because we do not see God does this mean that He does not exist?

What exists is physical, perishable and has a beginning and an end. The non-existent is non-physical, everlasting and has its existence in eternity. We must not reject unsolved problems just because we do not currently have solutions or explanations for them. Our sun may have millions of properties that Man does not yet know of and our universe has an infinite number of stars whose existence and atmosphere Man totally ignores because he does not even know what provides the power for their movement. Neither does Man know that the power that sustains him is none other than his soul that is an infinitesimal Ray of God’s breath. God does not have anthropomorphic or any other physical features. God has no face. We assign features to Him to facilitate our Faith in Him. We should accept Him as each of us understands Him to be a Power that permeates all essences and for this reason He cannot be analysed. As a trivial analogy we can think of Him as the electricity that activates electrical circuits.

During the period of non-existence nothing existed except the undefined Energy or Power that was the Fountain of Creation. What was this Fountain of Creation? No one

knows, since this undefined Power has no shape and we can only hear Its Voice. Man later named this Power, God. He is the Unknown Authority of All and is Self-Created. God is everything. He is also known as Anarhon, that is, He who has no beginning and no end and there is no authority above Him but He has authority over everything.

Anarhon created the Divine Laws during the period of non-existence. These Divine Laws are perfect, fair and precise and the entire functioning of the Heavenly Kingdom is based on them. No one knows the exact time, in an earthly sense, when they were created. They are immutable and are obeyed by both the Spiritual and the earthly worlds. The Divine Laws are also known as the Unwritten or Natural Ones. The Divine Laws function as automata, in other words, they are not written down to be applied by some earthly judiciary. Their energies act automatically where and when they have to be applied. So, before you blame the Lord for punishing you for your indiscretions remember that the Laws are applied automatically, generally without exception. Special regulation of the Laws also predicts exceptions from punishments in cases where an inner change takes place in an individual entity. Only God knows of these. Much takes place through the action of the Divine Laws. When a natural disaster takes place where there is corruption and decadence, some people say: “the unwritten laws of nature took over”. In fact, the Divine Laws do not seek the punishment of sinners but their salvation.

The unwritten Divine Laws were not formulated in order to mandate any wrongdoing but in order to provide Man with what he is permitted to do in order to enter Eternity. This is not easy for us to understand because we do not have an enlightened spirit, otherwise we would understand how the Laws that we call natural, operate. Nature itself cannot act unless the Supreme Force of the Divine God drives it.

Through the Word (Logos) Anarhon created the souls and non-existence was transformed into the existing world of souls, called breath souls and since then no more have been created. An infinitesimal part of Anarhon’s Breath provides their motive power. Anarhon created all the breath souls at the same time, that is they all have the same age, if we use the earthly measure of time. These breath souls were free to travel anywhere in the ether. Many of them decided to remain near Anarhon to serve Him, every time they perceived that He required sacred energy from them. They were

devoted to His Laws. These breath souls we know as angels.

At this stage of our discussion we need to talk briefly about two specific breath souls: Lucifer and Jesus. When we say “the begotten Son of the Lord” this means Jesus on Earth. We refer only to Jesus, because He was sent to Earth as the Saviour of men. Lucifer remained in Heaven in a dark region and has dominance over Earth, which is the battleground between Good and Evil. His strength is enormous because he knows the Mysteries of the Father. For example, he is able to appear as a holy man and to speak about Good and Piety firstly to attract and trap Man and secondly to convince him to do evil giving him directions how to harm his brethren and himself. All this without the man realizing that he has been deceived. But if the one to be deceived has soul strength Lucifer uses a woman as an intermediary and gifts her with angelic form, ethereal charm, sweet language and unrivalled attraction. This is how a prudent man can be transformed into a moron. Those of you, who are faithful to the Spiritual World, know that you have as your guide Jesus the Savior of your soul, the Light Giver to your spirit and the Doctor of your body. Glorify Him as Leader and God.

Returning now to the newly created breath souls - they were all given initially the same level of soul strength but were not given a spirit and could not understand their position in relation to their God Creator. He then gave them a spirit to enable them to perceive everything, to judge as free critics and to decide what actions to take. It is not known when this occurred. This free will, which is the spirit, God connected inseparably to each soul. A being (entity) with a soul and a spirit is called a psycho-spiritual entity. Psycho-spiritual entities communicated between themselves through a type of radiation and enjoyed total freedom.

The initial separation of the psycho-spiritual entities took place as follows:

- Psycho-spiritual entities that devoted themselves to self-education that is, they educated their spirit, slowly ascended the steps towards Enlightenment - Knowledge.
- The remaining psycho-spiritual entities did not want to self-educate their inner world because they saw no point in it. They were satisfied with their existence as it was. These psycho-spiritual entities, because of their spirit, enjoyed their freedom and ignored all the other psycho-spiritual entities.

This way, an initial separation of the psycho-spiritual entities was created.

Psycho-spiritual entities that stayed with God and cultivated their spirit in Heaven become Angels and Archangels and undertook the initial governance of the Heavenly Kingdom. From time to time some angels requested to incarnate on Earth so they could be tested. If successful, they would further ascend closer to God.

The Lord decided to refine the psycho-spiritual entities that were not refining themselves. He said “I decided to educate you in a special place which I will name Earth”. “What is this place” the psycho-spiritual entities were wondering. One of the Archangels, the future Lord and Savior, said: “It is a material world where matter rules and in Man self interest will rule. Man will appear after the animals. No one will stay in Heaven for long. On Earth the Evil Spirit, the wicked one, will wander above the heads of psycho-spiritual entities, so that Heaven can choose entities according to order, quality and disposition. Before you are sent to Earth, animals will be sent that will be coarse in appearance and there will be plants that animals will feed upon so they can multiply. Afterwards, the first psycho-spiritual entities will be sent who will incarnate as man. From then Man will multiply and new generations will appear in the centuries to come seeking the development of their kind. During the centuries to come, men will migrate from Earth (die) and return to Heaven and others will return (born) to Earth as new human entities. This cycle will be named Regeneration (reincarnation)”. So, a psycho-spiritual entity born (enslaved) in a body is a human.

All the psycho-spiritual entities were enjoying their freedom in Heaven and never thought that they would incarnate and that their soul and spirit would be imprisoned inside a physical body to be guided by their spirit in order for them to atone for the disobedience that took place during the days of the creation of the worlds.

Anarhon then gave Authority to His Son and Archangel Lucifer. Lucifer was the best of all. He knew many of his Father’s mysteries.

GOD: “You will take responsibility for the Knowledge of Darkness” said God “ and with this, you will try to tempt the souls to your side”.

LUCIFER: “And what is the opposite side”?

GOD: “This is the side of your Brother Christ who will become the Leader of the Soul Kingdom”.

LUCIFER: “And what should I do to carry out Your Will? ”

GOD: “You will be responsible for the application of every bad action so that there are opposites. Iron is fashioned between the hammer and the anvil. I will be the overseer of everything. Man ought to be cultivated to reach where I destine him”.

LUCIFER: “And where, Lord, do you destine him to be?”

GOD: “This is not a common secret”.

LUCIFER: “I will not take on the Authority because I will be hated by everyone”.

GOD: “This is not an excuse to avoid such an Authority, when my child Lucifer you will train souls for ascendancy. You have enormous powers, that is why I assigned to you the most difficult part of My Creation”.

LUCIFER: “Lord I will be opposing my Brother”.

GOD: “Do not worry about this. The souls do not die, but they are trained to acquire soul strength and pure heart”.

LUCIFER: “Then I accept your offer”.

This took place before the creation of the Worlds. After his acceptance, Lucifer was banished from the Heavenly Kingdom together with other entities and he became their Leader. He is also known by other names, such as Satan, Devil, Cunning One, Evil One, Beelzevul, Ba'al, Belial, Lord of Darkness etc. Lucifer's authority is on Earth and his work is to drive people to sin by leading them away from God. For this purpose he uses every means of temptation. By all accounts he is doing an excellent job just look around you! Lucifer followed Anarhon's order to transform himself and serve the purpose of Creation by enabling all the opposites i.e. opposites to Good and correct, to manifest. Through the clash of opposites, the evolution of the psycho-spiritual entities would be realized. Do not fall into the trap of feeling sorry for Lucifer you will regret it bitterly.

This is how the war of opposites started. Lucifer approached all the psycho-spiritual entities in Heaven and promised them a new better world than the one they knew and an invincible spirit to enable them to delve into the mysteries of Heaven. This new world was the material Earth that God has just created. Some of these psycho-spiritual entities were tempted and listened to what Lucifer promised and through their spiritual development they overshadowed their soul progress and thus revolted. That is to say, they demanded from Divinity a better life as promised by Lucifer. Specifically, they tasted the Forbidden Fruit, the Highest Knowledge, and they wanted a better life! God created the worlds and the Earth as a refuge for these psycho-spiritual entities. From that moment God kept Love for Himself and delivered hatred to Lucifer. The battle was prepared even before Man appeared on the battleground, Earth.

NON-EXISTENCE

- Anarhon
- Creation of Divine Laws

EXISTENCE

- Creation of breath-souls (including Lucifer, Christ and others) – no further souls were created. Souls separated into two types A and B).
- All breath-souls were given a spirit to assist in self-cultivation and evolution.
- The majority of psycho-spiritual entities rebel against self-cultivation, preferring the enjoyment of Heavenly Paradise (called the original sin and the cause of expulsion from Heaven).
- A minority of psycho-spiritual entities obeyed and remained with God in Heavenly Paradise – some became Angels and Archangels.
- Christ and Lucifer were given their assignments.
- Rebellious psycho-spiritual entities are sent to the Heavenly Transit Centre for onward travel to Earth.

Material World (Earth) is created:

- Separation of Light and Darkness.
- Atmosphere and water
- Dry land, oceans and vegetation.
- Sun, Moon, Stars and planets
- Animals, sea creatures and birds.
- Man

Man is sent to Earth in groups and at different times. Psycho-spiritual entities of Type A incarnate as men, Type B incarnate as women.

The Cycle of death-birth-death (re/incarnation) starts. Death on Earth = Birth in Heaven.

God said: “Be done” and everything in nature changed. The absolute peace was converted into an unbearable noise. The universe was on fire. No one can perceive what the Creation of the Worlds was like. As God had his own Angels, so Lucifer had his own followers. A battle took on great dimensions and everything was on fire and wreathed in dark clouds. Continually through the eons, the fire of the Universe was divided into smaller and smaller circular clouds that were destined to become stars, Earth did not exist at this stage. These nebulae compressed and slowly, through the eons, they were converted into dense matter that later on solidified, as the material Earth. The Sun was much larger than it is now. Compressing and exploding a mass of matter, Earth and the various satellites were created. It is understood that Earth was burning through infinite eons until matter crystallised so Earth had the appearance of a desert and a barren star. Afterwards the atmosphere was formed by continuous rain that filled the cavities of Earth. In this way God gave Earth its atmosphere that feeds the fire in the bowels of the Earth. It is not correct to say that one-day this fire within Earth will be extinguished. The preservation of the fire depends on God. He and no one else has specified the time of its completion. Therefore, it is useless to calculate when the mortification of Earth will be.

The first grass that appeared on Earth was primitive as were the animals, which later appeared on the ground. Of course the animal kingdom as we know it, did not come straight from Heaven as Man did. It appeared as matter in water and on dry land and the animals evolved from there. God gifted animals with an instinct and a small spirit (a very small one in some cases). The cross breeding animals produced new kinds of forms in the animal kingdom. This way, during the infinite eons, the scene was set for the appearance of Man. Everything was prepared in detail. The “seven days” of Creation represent seven distinct stages each lasting millennia – not seven 24 hour periods.

The path from the Heavenly Paradise to Earth was now set, and this marked the end of the Heavenly life enjoyed by our forefathers. At this point Man appeared on Earth as having an absolute need, through centuries of education to control his spirit and raise mankind. At birth each psycho-spiritual entity receives a new material body. Since his beginning Man is trying to return to the Heavenly Paradise through cycles of birth-death-birth. Birth and death constitute two sides of the same phenomenon: when an

entity is incarnated (born) on Earth it dies in Heaven. The cycles of the incarnation continue until the perfection of the entity in the physical world. After this, it ascends to higher echelons. Earthly death in reality is the rebirth of the psycho-spiritual entity in Heaven since it has been liberated from the chains of the physical body.

Animals appeared on Earth in different lands in the thousands, as did men. The first humans had many attributes in common with the animals. However, Man was made from a material essence different from the others. It is wrong to think that Man emanated from a special type of ape. After millennia his logic developed and Man became superior to the animals. The first humans ate fruit and other plants but when they started fighting against animals and between each other they ate their flesh for retribution.

Animals have a soul and a very small weak spirit. They are directed by instinct and have nature as their guide. They eat when hungry and rest when tired. However, Man who has intelligence and spirit eats even when satiated.

Everything that moves has a soul that is self contained and immortal. Plants extend their trunks and branches and also have life. They are the decorations of Earth as well as of Heaven. Everything that moves by itself has a soul. Furthermore, every soul is a self contained entity so it does not disappear in the eternity, but forms a part to complete the Creative mechanism.

The Old Testament myth states that God created Heaven and Earth and then He formed Man and breathed into his nostrils the breath of life and the man became a living being. To assist Adam in his evolution He took from his ribs and closed up the place (wound) with flesh. Then God made a woman, Eve, and He brought her to the Man. The Heavenly Teachers have revealed that in Heaven there is no distinction between genders. The term used is Quality A and Quality B. The difference is not the gender but the quality; they are referred to as souls of Quality A and souls of Quality B. The letter B here is not downgrading or diminishing saying that Type B are second or inferior to Type A. Souls of category B are not of less value than A – we could easily use Quality X and Quality Y or 1 and 2 as long as there is a distinction between one and the other. The souls of Quality A incarnate always as men and souls of Quality B

incarnate always as women i.e. once you have incarnated as a female in all subsequent reincarnation you incarnate as a female.

The original sin does not lie in the coition of a male with a female. It is incorrect when men refer to this because the original sin occurred in Heaven and not on Earth. In Heaven there are no relations between two heterogeneous entities with the meaning of procreation of humans as on Earth.

Those that listened found themselves on higher echelons and increased their soul strength. Why did so many disobey His advice and commit such terrible sin that they have to reincarnate to strengthen their soul by their own free will? If today men do not know of The Sin of Disobedience, here is a clarification of it, so they can conform and be helped in their unknown course.

The mythological part of the Old Testament refers to Adam and Eve but God did not create only two souls, but an infinite number. Adam and Eve refer to a collective of all souls. The "myth" hides the Truth. The psycho-spiritual entities that revolted were not expelled all together but in groups to different parts of the Earth. The expulsion started after the creation of the worlds. That is, Man found everything ready for his sustenance. The Heavenly war was transferred to Earth with all its murderous material means.

We are all psycho-spiritual entities that have been incarnated in order to do what is required to fulfill our destiny. With proper education both genders are able to mould humanity for its salvation. Therefore, when the two genders play the roles that were set by the Creator correctly, all things go well. The people are calm and happy and societies flourish. When, however, the roles of the two genders are interchanged, all things topple or are blocked with unpredictable consequences. The main duty of woman is to stand by and be a companion to man, boost his spirit during the difficult times of his life, inspire him to great ideals and encourage him towards achieving the higher levels of his destiny. As is commonly said: "Behind every successful man there is a successful woman". God created woman exactly for this reason, to be the instrument for Man's evolution, because he would have been unable to advance on his own. The subject of the relation between the two sexes is huge and inexhaustible.

Everyone has to learn the special duties and the special destiny of each gender, so that each can cooperate with the other productively and with understanding, without rivalry, egoism and pointless demands.

According to your will and your soul strength you will become what you are: an angel or a devil. Lucifer is an invisible energy, whose purpose is to destroy you through your weakness for physical temptations, so that, through pain, ordeal and disappointment you are forced sometimes to change sides, not only for your own salvation but also for the salvation of others. Lucifer carries out his duty by using every means to tempt the psycho-spiritual entities. Man has his own weapon. It is his spirit and the safety mechanism of the weapon is his conscience. If he does not know how to use it, it is not Anarhon Who is to be blamed but the imprudent Man who is tempted.

If only light existed then there would be no development for perfection. Man would have remained as he was created. There again, if there was only darkness then everything would have remained unrestrained and therefore Creation would have become the toy of a reckless force. God Who is all wise foresaw everything and created Light and Darkness as opposites for the refinement of the entities. This way Man acquires knowledge and a way of reasoning to enable him to distinguish between Light and darkness and the quality and value of soul strength.

When the sins of humans exceed the limit, then the Lord removes His protection from these humans and the powers of Lucifer find the opportunity to act with menace. For example, when a natural disaster occurs at a place full of corruption and decadence, humans say that the laws of nature take over. People are right in saying that the Laws are neither accidental nor non-conscious but that they act as a consequence of the unwritten Divine Laws. These powers manifest as natural disasters but they are driven by the invisible powers of the evil spirits, which show mercy to no one. They are called “the Winds of The Lord” because He has withdrawn His goodwill and has deliberately left Lucifer free to subjugate the souls and take them to where it is written that they should go. When such a disaster happens, humans usually call it the “Wrath of God” however God, never gets angry or vengeful. Many say “When God is angry, flee far away from the place of His anger”. I repeat, it is not the Lord who lets loose His Winds, but the Evil Seat of Government (Lucifer), and it is according to the scale of Man’s

wrong doing. When Evil extends throughout a large part of the world, then it can only be wiped out with a great disaster, which cleans the whole infected area.

Through the Winds, Lucifer exterminates those who have fallen into his clutches. The Lord has allowed for this intervention for the salvation of many and for the exemplary punishment of sinners. When such a disaster takes place, it is logical that some innocent humans are also affected because not everyone can be protected. The difference between the various entities can be recognised easily by the Spiritual World that enables It to differentiate infallibly between reward and punishment. Innocent humans will return to Earth under more favourable conditions. The guilty, however, will remain in the Darkness until they acknowledge their wrong actions and accept their punishment and then when they return to Earth it will be in very miserable conditions, as cowards and incapable of doing harm. Their subconscious will contain the terrible pictures of their heavenly punishment.

Do not wish The Winds even on your enemies. There is no destructive power that can be compared with them. When they are sent nobody can withstand them. Just imagine what would happen if all the Winds descend on one specific part of Earth. The Laws of the Lord are very sensitive and operate automatically. Since time does not exist other than on Earth; the release of the Winds is permitted at a period that is not immediately after the event, again this is according to our perception.

Unfortunately today Man misbehaves in all the societies of this world. He demands that which does not belong to him. He uses treachery to satisfy the desires of his body and spirit. He overturns the Principles of Divine Law and adopts the Law of the strongest. Why all this? It is because he does not know his destiny and instead of gaining eternity on Earth, he sins and must return to re-travel the path of his torment, until he gains awareness and finds his orientation once more. Men have forgotten the existence of the other world that they will return sooner to or later. There, they will see what they did not imagine while on Earth. In the other world they will be separated into two branches according to their actions and either be vindicated or punished depending on the grades of good or bad achieved by their entities. Those of you who wish to conform to the words of Heaven should keep them uppermost in your mind.

2. Who is Man?

The word “man” is masculine and refers to a human male. According to biblical tradition, God first created the man Adam. Eve was not included in the meaning of the word “man” because she was created later. In the past, female was not considered as “man” since she is not male. Today, in the scriptures, the meaning of “man” (in this text written with capital ‘M’ as Man) includes both sexes; sometimes used to refer to humanity as a whole. The first male was harmless. From the appearance of the first Eve, Man has deviated from correct thinking. Under the influence of his companion he transgressed and both were punished for their disobedience. Etymologically the word “man” means man with pure thoughts, that is, a male free from evil desire that may be converted to evil action.

Man is a micrograph of his God and Creator. He needs the guidance of his Creator. This guidance is obtained from the link that Man has with God and the Divine Authority, through his faith in the Supreme Entity through prayer. The destiny of Man does not only concern his current life on Earth but also the other stages of his lives: the spiritual and also the future incarnations that he may have to go through. Destiny for Man means progressive ascents. The final destination is unknown. All that is known is what duties he has to carry out. For this reason it is absolutely essential that he learns about the physical and Heavenly mysteries. Lord Jesus Christ incarnated on Earth as a man and not as God, as some believe. The incarnated Lord Jesus is the only entity that has descended from Heaven knowing everything that would take place. He descended three times and now holds the Heavenly sceptres. The first time He prepared the ground whilst there was no Divine glorification. His work was harsh and no one understood what He was saying and they considered him mad. He suffered a lot. The second time He taught as a prophet – again He was a Voice in the wilderness. The third time He complemented the previous erroneous beliefs so as not to nullify the previous communications from God and the prophets but to fulfil and establish the religion of the One and True God.

Man is a molecule of the universe. He is a material entity (body) connected to a soul and a spirit. The Bible never confuses the words or meaning for ‘spirit’ and ‘soul’ as being one and the same (two different words for two different ethereal parts). That is,

the human entity is two thirds heavenly and one third earthly. As you notice, the heavenly part is greater (two-thirds) and therefore Man has a specific destiny on Earth to ascend more accomplished to Heaven. Why then does the one-third of the entity that is matter overcome over the two-thirds that are spiritual? It is because the soul and matter (body) balance, and the spirit gives weight to one or the other. If the spirit has pure enlightenment then it will lean towards the soul, if not, it will lean towards the body. If it is ambivalent it will lean first one way and then the other. It is possible, when it leans towards the body that it will sin. The spirit hesitates when the soul does not have the strength to overpower it.

Why is one person's soul strength weaker than that of another? If a rich man divides his fortune equally and distributes it to his relatives, after some time, some relatives will have lost their inheritance and others multiplied it. The same occurs with the soul strength. The Lord has not wronged the souls by giving strong soul-strength to some and weak soul-strength to others. When God created Man He gave the same soul-strength to all. Soul-strength is like a talent, whoever cultivates it succeeds. Whoever thinks that it is unnecessary to cultivate his talent will remain weak.

The spirit, a gift from God to Man consists of an immaterial essence that receives kinetic (motive) energy from the soul and operates independent of the soul strength. The spirit creates images. According to its wish it imagines situations that it wants to experience and if unable to reach its aim it envies or hates those who have managed to do so. The Lord has connected the spirit to the soul inseparably, so that, each one completes the other. The spirit is immortal because it is sustained by the soul's strength. The soul on its own, forms the motive power without any destination. It is the spirit that maps out the soul's destination. The spirit is the one that raises the entity. Progress on Earth is due to the spirit. The spirit is a creation of Anarhon for the distinction of entities and the measuring of their soul strength.

The relationship between God and Man is the Breath that He has given to each entity. The entity receives continuous strength from God's source. But if the spirit becomes an obstacle to this flow of strength, it is not God's fault but the fault of His creation. This is because when God created the psycho-spiritual entities before the appearance of the Worlds, all the souls had the same soul strength and a spirit. They were free and

unimpeded in their desires. Many were satisfied with Heaven's delights available through Divine Providence. Heaven had its own attractions. The majority of the souls were left free under the guidance of their spirit and depending on the degree of their spiritual satisfaction they increased their imposition of the spirit and reduced the strength of their soul strength when Lucifer appeared to them and deceived them. God created the Worlds, the sea, the plants, the animals and lastly He sent Man to Earth so that through toil and hardship he could perceive that the cultivation of the soul is greater than that of the spirit.

Many were and still are lured by the promises of Lucifer and deviate from the "equal balance" coaxing others to join them by encouraging temptation. This is the role that temptation plays in the imagination of the spirit. It means the spirit has not listened to God's directive in Paradise: "Don't try because you will repent bitterly". Almost all psycho-spiritual entities have sinned in this way and in order for the souls to regain their soul strength they were sent to Earth to incarnate.

You may ask, "Why did not all the first souls cultivate their soul strength?" It was because they did not know that if they did not, they would incarnate on Earth. In Heaven they rejoiced in their freedom with or without cultivating their soul strength. When they incarnated a few increased their soul strength and others were subdued by their spirit. The spirit, free from Divinity, had neither logic nor judgment. By toil, fatigue and pain Man developed logic and judgment through the millennia. But Man could not say that he possessed knowledge. Knowledge is something undetermined when we do not know how to benefit from it appropriately. The pinnacle of Knowledge is called God. And because no one can reach Him, a pinnacle of Knowledge does not exist, only the change of thought and a more complete knowledge of the Knowledge, so that it is inexhaustible forever.

A psycho-spiritual entity i.e. an entity that consists only of a soul and a spirit, incarnates/reincarnates in order to cultivate its spirit and strengthen its soul. Some entities however remained in Heaven with God and were given the name Heavenly Angels. They had no knowledge of the material world, that is, they lacked an essential knowledge that they would acquire only when they would come to Earth. There are few entities with strong soul strength that have never incarnated nor will they incarnate.

They are the Archangels of the Lord. Angels and Archangels are entities that have not committed the ancestral sin i.e. they have not disobeyed the orders of Anarhon and have remained in the Heavenly Kingdom. When the earthly life evolved, many of the angelic entities started to incarnate on Earth, in order to receive material baptism and to know the material side of creation. However, there are still many who have not done so. The superior Archangels do not need such an earthly experience because they know the material world through other means.

On Earth the spirit is regenerated from previous existences but remembers nothing from them, although there are some exceptions where some human entities do remember part of their previous incarnations. When the spirit is free, the human entity surrenders its body (matter) to Evil unless the soul is able to convince the spirit in time to lean towards virtue. When the body and spirit cooperate, then the soul remains weak compared to the other two. The spirit and body impose on the soul and become rulers of the human entity and induce the entity towards materialistic temptations.

One of God's Archangels who had already incarnated three times received the Authority from God to transmit God's knowledge. He is the keeper of the Holy Spirit – He usually prefers to be addressed by the name (Lord) Pharah that was the name at His last incarnation. The Holy Spirit also transmitted God's Will to the Son, Jesus Christ, when He was on Earth as the Saviour of the world. Furthermore, the Holy Spirit gathers Man's supplications and transmits them in essence to God. The Holy Spirit is the Giver of Light and Knowledge from Heaven to Earth and vice versa. God is not a spirit. Only the Lord Pharah has authority over the Spirit. This enables the illumination of Man. When we talk about Anarhon (He Who has no Authority above Him, God) we do not assign to Him epithets of unknown content. None of the Leaders of the Spiritual World can analyse Anarhon so how can we mortals think He is a Spirit?

The Holy Spirit is not something abstract, but the Spirit that Anarhon has honored as the third side of the Triadic Divinity. Therefore the two sides of the Triangle lived on Earth with a Divine mission, the other side eternal in the Universal World.

Anarhon's base is Love that springs from Heaven. For this reason whoever understands the Divine Logos (Divine Word), acquires soul strength and this soul strength invigorates the heart, and the heart forces the entity's spirit to act according to

the Will of the Lord, which is Love. Love is Light, Justice and Truth. When Man has this ammunition he is then superior to his fellow man and becomes a brilliant example for imitating and spreading Truth, Justice and understanding to maintain the Purity of Heaven that the Spiritual World calls Love.

The Heavenly spiritual entities have soul and spirit, as has Lord Jesus Christ and other Teachers & Leaders of the Spiritual World. That is, we are all linked to Anarhon through the soul path. He is the fountain (source) and for this reason, the soul cannot be analysed whereas the spirit is an ethereal substance that is linked inseparably with the soul of every entity.

As humans our psycho-spiritual entity is enslaved in our bodies and we do not perceive more than our intellect can grasp. If we are able to increase our knowledge, we owe this to Enlightenment from Heaven. Enlightenment comes from above and ignorance comes from below. In the Infinity however, “above” and “below” do not exist. We use these words only so we can understand the concepts. When Anarhon wishes to give a message to an entity then the connection of Enlightenment is carried out through the Holy Spirit and this Enlightenment is called “Holy Intervention”.

Man can be considered as a small god if he follows the Heavenly path. Otherwise he is divided into two antagonistic parts and does not know what he is doing. He is deprived of the complete knowledge of Good and he is persuaded many times to the side of the Evil Spirit. All this can occur because Man has a spirit with free will. He is free to judge, decide and select. God, places no barrier to free choice (will).

Man comes to Earth to fulfill a Divine mission in order to mitigate the weight of his conscience. This is because of God’s Love towards him. The weight of his conscience is the weight of sins that he has accumulated from all his previous incarnations. However when Man enters the straight path following the enlightening guide of Heavenly teachings, he then ascends as a worthy psycho-spiritual entity. The stronger his internal cultivation, the brighter his enlightenment towards his fellow man. From being insignificant it is possible for him to reach Divinity and to become a member of the Heavenly Brothers and Teachers.

The soul dwells in the body. Some men place the soul in the heart and others place it in the brain. This idea is wrong. The soul is not an organ of the body. The soul is God's Breath. It gives motion and power. It is the motive power, invigorating and reinvigorating everything. It permeates the whole body and cannot be analysed, as it is an infinitesimal part of God (God's Breath). Therefore, Man has within him the power of Divinity so when we say that a human has something Divine inside him, we mean the soul. This power does not influence Man's decisions. The existence and length of our earthly life depends on the length of time that our soul remains in our body. Depending on our good or evil actions that have been freely selected by our spirit, our entity will either ascend to or fall from one heavenly level to another.

The bond between the soul and the spirit is inseparable. The collaboration of the two, within the framework of what is good and virtuous, is fundamental for the elevation of the entity's soul and spirit individually until their eventual total integration, when the soul and the spirit become one. That is a perfect union of Love and Faith in God.

The spirit is located in the brain. It is the controller of all intellectual operations. That is, the spirit controls the entity and its actions. Therefore the part that relates more to the body is the spirit. Assume that a person is beheaded then the spirit stops functioning and since it is interlinked with the soul, the spirit departs immediately from the body taking the soul with it. If a bullet pierces someone's heart, then the blood will not circulate for the normal operation of the brain and therefore we come to the same point of the spirit's current earthly death. For this reason when the spirit stops operating it takes the soul with it. The soul departs last. The spirit gives the departure sign to the soul. When the body is dead, even though their properties differ, the soul and the spirit depart from the material world as a single force. Soul and spirit form the unique individuality of the psycho-spiritual entity. No evil is carried out in nature without the spirit's involvement.

The spirit consists of two parts:

- (i) a comprehension of everything
- (ii) a free will.

The spirit by itself is undisciplined and for this reason the entity suffers from earthly evils. When comprehension equates with good judgement then free will is restrained and soul strength influences the spirit and the psycho-spiritual entity ascends more easily. On the contrary when comprehension does not equate with good judgement then free will restrains the soul and the psycho-spiritual entity is led into darkness. This is not to the soul's advantage.

Matter resonates greatly with our five senses whereas spiritual strength is more attracted to the spirit. Matter destroys flesh, and we say that flesh is mortal and the spirit immortal. Therefore, the two opposing forces on Earth are matter and spirit. The soul sustains the spirit and matter sustains the flesh. These opposing forces entangle so that one can overpower the other. If the spirit has Faith and Love it will win, otherwise it will remain stagnant. The spirit generates good and evil thoughts. The good thoughts are usually the least enacted upon and the evil ones are carried out in full most of the time. A good thought is one that is wholly beneficial when applied; an evil thought is one that is wholly or partially detrimental when applied.

Evil thought equates to evil entity. Evil entity equates to evil spirit. Therefore, the evil spirit that has the evil thought will receive a just punishment from Divinity. When the thought is evil it equates to half doing evil. The Lord Jesus Christ says, "Don't even think of it...". To think of good deeds does not mean that you are going to carry them out, but when you think of evil deeds it is much more likely that you will carry them out because the material world facilitates a tendency towards Evil.

The whole purpose of the Spiritual World's teaching is to enlighten the psycho-spiritual entity and elevate it. The actual carrying out of good deeds, determined by the will of the spirit, leads the entity to the correct path of Justice and Love towards each other, thus increasing our soul's strength. But when the soul strength is weak and is unable to oppose the spirit's strong imposition (pressure), then the psycho-spiritual entity follows the path of evil and the spirit, being stronger, enslaves the soul and lures it into unscrupulous actions. This way the spirit burdens the soul with the unbearable load of sin.

The spirit operates independently with free will. It is the spirit and not the soul that enslaves the human entity. The stronger the strength of the soul the more positively it can influence the spirit, which becomes enlightened. However, there are two sources of enlightenment for the spirit: the pure that comes from the soul and the sinister, which comes from external temptations. Therefore, Man has inside him two opposite forces, the Divine (soul) and the not divine (spirit). The balance of these two forces forms the judicious man. The imbalance at the expense of the soul impedes the ascendancy of the whole psycho-spiritual entity. Under no circumstances is the spirit allowed to suppress the soul. By the soul acquiring strength and the spirit enlightenment, the psycho-spiritual entity balances the dual powers (Good and Evil) and ascends higher. When the spirit dominates the soul by 90% then the entity does not merit being called “human”. However, when the soul dominates the spirit by 90% then the kindness of the human entity is excessive at the expense of itself. This is not pleasing to God either, because in this case the entity neglects itself in favour of others and as its body is a gift from God to the entity, then it is obliged to look after itself.

All living beings have a spirit but it only develops further in humans. In animals the spirit is very small and is weak; it remains static whereas their instinct is strong. God gave Man total freedom of thought in order to judge and differentiate between Good and Evil. Through the spirit we ascend and through the spirit we fall from the Heavenly Kingdom.

In summary:

- The soul and spirit are two inseparably connected distinct parts of the same entity called the psycho-spiritual entity.
- The ancestral sin is the disobedience of psycho-spiritual entities not cultivating themselves to increase soul strength.
- The punishment for the ancestral sin committed in the Heavenly Paradise was the expulsion of the psycho-spiritual entities.
- Both soul and spirit are ethereal immortal entities.
- All souls are “powered” by the breath of God and cannot be analysed. The soul provides all the necessary energy for the motion, development, thought, protection etc for its human entity. It never acts in a wrong way; it is the entity’s conscience.

- The soul as a pure motive power permeates throughout the whole human body; it does not participate in decision-making.
- The spirit is the element by which a human perceives, wills, thinks, judges and decides. The spirit has free will and being imperfect in its essence, does not always act correctly.
- The spirit gives the orders for various actions, whereas the soul provides the motive power (energy).
- The spirit is located in the brain. It is the controller of all intellectual operations.

In the material world it is the spirit which rules and decides the life-course of the human entity. If the spirit does not act correctly, the soul attempts to change the spirit's direction and guide it without forcing it or interfering. When the spirit chooses to act incorrectly it applies pressure on the soul, which then is restrained due to its lack of soul-strength. Therefore building up soul-strength on Earth to overcome the spirit is of paramount importance.

3. Death and birth on Earth

If Man does not know the reason for his earthly life how can it be possible for him to understand the more difficult part of Creation - death? Both life and death are two sides of the same event – it depends on where you exist currently. Earthly death is the mortification of the body and at the same time the resurrection of the psycho-spiritual entity from the bonds of matter. That is, death is the separation of a psycho-spiritual entity from its physical body and its departure for the spiritual world. Birth is the arrival on Earth of the psycho-spiritual entity at the instant that the newborn takes its first breath i.e. the unification of the physical body with the psycho-spiritual entity.

Your body that binds your psycho-spiritual entity deteriorates the same way as the garments you wear. If you look after your garments they will not wear out easily - but they will wear out as does our physical body since it is not immortal but physical. Death means life beyond the limits of Earth. The commonly understood meaning of death is the separation of the psycho-spiritual entity from the physical body at the end of the earthly life. The psycho-spiritual entity is immortal but the body disintegrates. The return of the psycho-spiritual entity to its “home”, the Spiritual World is considered as the rebirth of the entity in heaven, whereas, the arrival of the entity in the physical world is considered as its death in the Spiritual World since the entity leaves heaven to go to Earth.

Thus, to emphasize: birth and death constitute two sides of the same phenomenon that can be called “change of status”, therefore when an entity is incarnated on Earth it dies in Heaven. The cycle of incarnations continues until the perfection of the entity in the physical world after which it ascends to higher levels. The earthly death is in reality the rebirth of the psycho-spiritual entity in heaven since it is liberated from the boundaries of the physical body.

One of the greatest gifts that God gave Man is the ability to reincarnate. Man requires a number of incarnations to atone for his sins. Unfortunately when we descend on Earth despite all our good intentions to minimize our sin-weight that has accumulated from previous incarnations we often add to this weight. No psycho-spiritual entities upon reincarnation on Earth remember their previous earthly lives; there are a few

exceptions that make atoning for their previous mistakes difficult. Psycho-spiritual entities do not remember their previous Heavenly lives. Even Lucifer does not disclose details of their heavenly life nor its secrets. It is not advantageous and indeed it is a hindrance to know of ones previous lives. Just think about this, how useful is it for your present 21st-century existence to know that in your previous incarnation you were Cleopatra Ptolemy or Marc Anthony? Some psycho-spiritual entities have descended on Earth a large number of times and still have not managed to reduce their sin weight and to live in moderation. Moderation is the golden rule of earthly life, that is, when someone applies moderation without deviating too much towards good or evil, then he follows the correct path. Let us face it, for all of us to be currently on Earth only means that we are still trying to atone and be freed from the material world. Some of us are still repeating the first class. The number of times we descend and ascend depends exclusively upon us. Some entities re-incarnate on Earth to accomplish an assignment given to them by Heaven. Psycho-spiritual entities that are given special missions by the Spiritual Authority are given powerful angels as Guardian Angels since the evil side will try its best to hinder their progress by sending very strong evil spirits to interfere.

Ancient Egyptians believed in reincarnation but they believed that they reincarnated into the same body they occupied prior to death. That is why they used to mummify their dead. Reincarnation is accepted by many religions and was accepted by Christianity until the 6th century before the 5th Ecumenical Synod of Nicaea in 553 AD where the bishops changed their beliefs. Both Hindu and Buddhist religions that consist of 20% of the world's religious population believe in reincarnation. From the Brihadaranyaka Upanishad prayer (ancient Indian document in sanskrit):

“Lead me from the unreal to the real.
Lead me from darkness into light.
Lead me from death to immortality.”

According to some polls 30% of Britons, 25% of Americans, 23% of French and 18% of Dutch believe in reincarnation.

When departing from Earth the psycho-spiritual entity ascends in a horizontal and it loses all contact with Earth, although, it is possible that its spirit may appear to a human in a dream or as a vision to let it be known that it has departed this world. After death

the spirit contracts, and remains within the ether for an unspecified time because the psycho-spiritual has no longer awareness of the earthly measure of time. The soul acquires strength and the spirit is subjected to the interrogation by the soul. This is essential for every entity without exception, including Lord Jesus Christ, Lord Pharah and other members of the Divine Authority who incarnated previously and who have now returned to Heaven.

After the examination the psycho-spiritual entity is free and awaits grading. For six months of earthly time the psycho-spiritual entity is not given permission to descend as an invisible presence to the material world. But if the psycho-spiritual has the desire to appear to its relatives or friends during this time another psycho-spiritual entity disguised with the earthly cover of the deceased, acts on its behalf. That is why often we hear of departed psycho-spiritual entities not behaving with much familiarity towards their relatives. After six months the actual psycho-spiritual entity appears accompanied by its Guardian Angel or if it has developed sufficient soul strength it is possible that it may appear on its own. All this depends on the individual psycho-spiritual entity. During the first six months it attends lessons on various subjects. It meets souls that it had encountered millennia before or other newly arrived souls that it wishes to see. God's Love is diffused. It assists all and takes care of the ascent of each entity.

Fickle spirits i.e. mischievous psycho-spiritual entities do not enter into the Lord's Kingdom, they remain outside and are free to interfere in the lives of humans. Often such entities steal an essence that you call ectoplasm from your fellow man and they appear in front of your eyes with the aim of frightening you. In the case when a man is healthy and of relatively good soul, his Guardian Angel prevents this and neutralizes them. For this reason these occurrences are rare. In the majority of cases telekinetic phenomena are of this type.

The process of birth is not simply the result of coitus between a male and a female on the Earth. The part of which we are unaware is the spiritual aspect of birth. At this stage of our discussion we will assume that in Heaven there is a psycho-spiritual entity that has obtained permission to return to Earth and is willing to do so.

Depending on the level of development psycho-spiritual entities may be free to move

about within the Heavenly Kingdom with or without a Guardian Angel. Before departing Heaven the psycho-spiritual entity chooses the country and its new parents to enable it to learn a specific lesson and upon its return to Heaven be re-examined on its performance as a human entity on its most recent incarnation on Earth – all previous incarnations having been previously accounted. In some cases the requested country and/or family is not assigned if the Spiritual Authority considers that the lesson could be best learned in a different environment. In the majority of cases entities descend within the same extended family group as during their previous incarnations. Quality A (male) entities descend as males and Quality B (female) entities descend as females. But it is possible, for example, to descend into a Muslim Palestinian Arab family having previously lived as a Jewish Israeli settler or to descend into a Christian family having lived the previous life as an atheist. The psycho-spiritual entity about to descend gives many promises to the Spiritual World regarding its future earthly behaviour and the lessons it wishes to learn from the descent. Depending on the psycho-spiritual entity's soul strength none, some or all of the aims are achieved. The psycho-spiritual entity is assigned a Guardian Angel or Guide. It may be the one that protected it in a previous incarnation or it may be another.

The Guardian Angel accompanies the psycho-spiritual entity as it descends so it will not lose its way. The path is treacherous as many evil spirits surround the descending entity with promises of a comfortable earthly life, riches, conquests, knowledge and much more. There are also good spirits that whisper the opposite, that is, that life has labours, toils, has sadness and pleasure and that it is up to the individual entity to find its destination and overcome all the obstacles.

The battle between Good and Evil to attract the entity to their side, is fought until the psycho-spiritual entity finds its destination and enters the foetus. At the moment it takes its first breath it receives its soul and spirit. All this happens in an instant. By entering into the body, psycho-spiritual entity does not remember or recognise anything from the past. It is in a spiritual torpor. When an embryo of advanced age is delivered dead from the mother's womb, it is a birth without soul and spirit. In this case the psycho-spiritual entity chose the mother for its reincarnation but descending to Earth instead of entering the chosen mother - it did not, and waited to enter into another. The

psycho-spiritual entity is returned to its starting place and waits for new directions from the Spiritual World.

The foetus in the womb of the mother is without soul and it moves by the strength of its mother. If the cells outside the womb have enough intensity, they imprint their heredity on the foetus. For this reason sometimes the child may not resemble any one in the family. The psycho-spiritual entity that is about to attach itself to his family, is a sister psycho-spiritual and has its own consistency. But arriving into our world, it inherits tendencies that are either good or bad from the material surroundings. Heredity is an indication of cellular homogeneity, although not absolutely, because the surroundings contribute. Heredity is the material imprint on the genealogy of Man. The physical habits and tendencies of Man can be inherited, because the cells transfer all these to the newborn with the exception of spiritual strength. If he is mystical, he owes this to his own psycho-spiritual entity.

If the psycho-spiritual entity is mystically superior to its earthly parents, then its spirit is compelled to cultivate these tendencies, and in the future acquires a talent for Good or a talent for Bad for whatever follows. Then one may say: “How come this good man has a child with such a bad disposition?” But if the opposite occurs, then it is said: “The father was great, and the son having followed in his path exceeded his father”. You will be wrong in both cases, because there is no relationship between the newly arrived psycho-spiritual entity and its parents.

When the father’s constitution is robust the child is born female. But when the mother’s constitution is sturdier than the father’s, the child is born male. All this depends on the struggle between the spermatozoa. If the father’s are weaker and the mother’s stronger then a male is born. In time, the newborn grows up and acquires a sense of its immediate world and he creates his own surroundings. If his parents are enlightened he will acquire enlightened knowledge but if the surroundings outside the family circle are opposing the knowledge that he acquired from his parents and this knowledge is more pleasing to him, then he may well follow the opposite path to that which he promised and possibly in the future will enlist on the side of the Evil Spirit. Therefore the human entity with its freewill having sat the first test could either pass or fail.

There are many categories of death. The four main ones are: gentle death; death with suffering and pain; slow death; or violent death. The type of phases and phenomena during death varies from person to person. They depend on the earthly life of the entity. At the instant of death the spirit leaves the body first and then is followed by the soul since they are inseparably connected. This is why, often, people who are near death lose their senses and mental contact with their environment but their bodily functions continue to some degree. Final death occurs upon the complete departure of the soul, after which the last cell of the body becomes inert.

As when you feel dizzy and need to rest to regain your strength or when you are just about to faint, the same sensation is experienced by the person who is about to die. When the psycho-spiritual entity finds itself in Heaven it is impossible for it to realize that it is in Heaven. Initially, it recognizes friendly faces and wonders if it is dreaming. To lessen the sorrow of leaving earthly associations it gets transported to where it is possible, through its vision, for it to see landscapes and other familiar people that in reality do not exist, as they are only temporary images. It depends on the soul strength as to how quickly these images of the past are erased. When a person dies suddenly we say, “while he was eating he died”, or “in the morning he was found dead”. It happens without the person feeling anything; his soul ascends to Heaven with the Lord’s blessing.

The original Greek meaning of “euthanasia” [from the Greek: ευθανασια = ευ= well, good; θανατος= death = good death] was that the Lord has recalled a human entity without a reason being given for its departure from Earth. This is contrary to the current misrepresentation of causing death. An example of the current meaning of euthanasia is when a human is in physical pain and his life is terminated to relieve his pain, then a murder is committed. This case is murder with mitigation.

How many of those suffering have been wrongly killed? The pain or the situation that a person finds himself in, needs to exist without anyone speeding up his liberation. The person carrying out the euthanasia to the sufferer is committing second-degree murder. Does this mean that you feel more sorry for the suffering person than God does? And, since God gave this person life, why do you take it away? Do you know better than the

Creator when to remove life? Do not give soul/spirit liberation to anyone, because when you find yourself in the Spiritual World you will be responsible for your actions.

Suicide is a repulsive act and it is disobedience to the Will of God who sends you to Earth to atone for your sins. But, instead of expiating your sins you scorn the body that He gave you by returning it when you choose to, you put an end to your life without completely fulfilling all your duties, that is, breaking the agreement you made before descending to Earth. For this reason suicide generally is considered to be a crime against your existence with responsibilities far greater than those of a common crime. Humans who commit suicide are considered to be double criminals. Firstly, because they commit a repulsive act against themselves and secondly, they show to Anarhon that they are disobedient to His commands. They knew this whilst in Heaven as psycho-spiritual entities before incarnation.

Different societies have different preferences as to how they deal with the physical body after death. After death, the physical body has no role to play in the development or progress of the departed psycho-spiritual entity so it should not occupy your thoughts. The three methods of body disposal used by most societies are: (a) embalmment (b) burial or (c) cremation. There is no reason for us to have a preference other than based on custom. We are free to decide what to do using logic and sensitivity.

Therefore, death means the decomposition of the physical body and the resurrection of the immortal soul-spirit. Why does Man die? It is because during his allocated time on Earth he has discharged his duties. After physical death the psycho-spiritual entity, having been liberated from the body, starts its return journey to Heaven where it will be judged on its actions on Earth. If his duties were carried out impeccably then he will ascend to a higher position in the Lord's Kingdom. On the contrary if his duties were not carried out well, after his death he will be prepared for another incarnation so that he can improve his soul strength. This is one of God's major blessings to the soul - as long as death is not the outcome of direct or indirect self-harm, in this case it is punished. Those tied to matter fear death. For the soul death is but a change of status. Men portray death as the darkness of life. It is not darkness but a sleep after which we will wake up in Heaven. Death is a temporary transient situation necessary

for the ascent of the psycho-spiritual entity. Familiarise yourself with death so you can enjoy the resurrection.

For a better understanding, let us discuss some examples of psycho-spiritual descent:

Example 1: Consider a pure soul without any weight of sin that ascends to Heaven after its recall. You will see this entity calmly awaiting the inevitable. But nothing is inevitable, as you know from the continuous Teachings of the Spiritual World. This soul ascends to Heaven accompanied by its Guardian Angel. It does not pay attention to any whispers from bad or good entities. It blindly follows its Guardian Angel that is linked with it through a Divine password. The recalled entity recognises from the password that it is being guided correctly. It crosses the Barrier of Rebirth but it cannot remember much immediately, because it has arrived almost torpid in the Lord's Kingdom. So that the psycho-spiritual entity does not remain sad it sees visions of earthly life. These visions are reflected as dreams of its relatives and friends. Upon arrival a specialist spiritual entity examines it. Angels usually hold this position. If they are convinced that the psycho-spiritual entity does not carry any weight of sin it is transferred to a reporting centre. With or without weight of sin a psycho-spiritual entity goes through this centre. No exemption is made. There, the psycho-spiritual's own soul asks its spirit: "Do you remember if you have done anything on Earth that you should have not done?" The spirit answers: "I do not remember doing harm to any one. But, despite my will, if I have done something that I should not have, I am prepared to suffer the consequences because I know that Divine Justice is a gift of God to Man".

Then, the soul as a critic adds: "Truly, I do not see any one who despised you because of your actions during your earthly life. You have carried out your duty as you should. You gave a helping hand to some of your fellow men even though they were strangers to you. Spirit, do you know what this is called?" The spirit replies: "I am not able to name this word", and the soul adds: "It is called Divine Providence. Now go to that place that justly belongs to you. From there you will receive Heavenly Enlightenment towards your psycho-spiritual entity's higher ideals". After this procedure, the entity feels as though it is flying and it acquires new soul stronger strength and spiritual power that satisfies both the soul and the spirit.

Example 2: A psycho-spiritual entity has completed its sentence in Heaven and the time of its return to Earth has arrived. As part of its preparation for departure the psycho-spiritual entity chooses the country and its new parents so it can be tested as a human entity on Earth. It has given many promises to the Spiritual World and has assured its Guardian Angel that it will not break them. It was sure that it would succeed in its aim when it descended as a new entity on the material world. Just before descending the assigned Guardian Angel counsels the entity:

GUARDIAN ANGEL: “Sister psycho-spiritual entity are you speaking sincerely? I ask this because there is no material element that is pressurising you here in Heaven and your spirit knows your promises, but when you cross the Barrier of Forgetfulness, you will forget everything. If you have soul strength and this exceeds that of your spirit, you will walk calmly and will avoid the whispers of Evil. But if the contrary is true, what are you going to do when you will not remember anything after crossing the Barrier of Forgetfulness?”

PSYCHO-SPIRITUAL ENTITY: “ I am so convinced about the plan for my path, that it would be impossible for me to regress”.

GUARDIAN ANGEL: “This we will see in action”.

With its new Guide (Angel) the entity follows its Angel until they reach the Barrier of Forgetfulness. There, it stops seeing its Guide but it still hears its whisper. During its descent the psycho-spiritual entity goes forward through the Barrier of Forgetfulness. Upon exiting it does not remember its life in Heaven, its previous incarnations nor the promises it made and hesitantly follows the path towards Earth. After going through the Barrier of Forgetfulness and because the Guide knows the soul’s path, the Guide says to it:

GUARDIAN ANGEL: “Do not go too far. We must walk together because the path is full of thorns and thistles. Be careful of the tempting words and promises and everything that could possibly develop your earthly ego”.

PSYCHO-SPIRITUAL ENTITY: “I have forgotten where I have come from and where I am going. I will repel all tempting words as I descend. But you,

Guide, do not go too far from me so I will not become a victim of the Evil Spirit that can tempt me with all sorts of words”.

The soul goes forward, exits from the Barrier of Forgetfulness, forgets its life in Heaven, forgets its promises and hesitantly follows the path towards Earth. The Guardian Angel accompanies it so it will not lose its path. At this point many souls are in danger from the charismatic sound of Evil’s voice. Many evil spirits surround it with promises of a comfortable life, richness, prosperity, conquests, knowledge and much more.

The soul, slightly torpid from the loss of its memory, tries to remember where it has been. But it cannot. Thus it is forced to listen to the tempting promises of the various spirits. There are also good spirits that whisper the opposite. That is, that life has labours, toils, sadness and such like. They whisper: “it is up to you to face these obstacles and to find your true destination”. But, the descending soul likes to hear compliments and promises of help that comfort it as an entity without considering that the easy path satisfies the earthly man but destroys the spiritual one. At this point a battle is fought until the soul arrives at its destination (it is born on Earth) either having accepted new promises from the deceitful spirits, or by having rejected them.

Example 3: A descending entity has been studying in Heaven for many years near the various Heavenly Teachers and had reached the point that it was convinced that it had relatively atoned for its sins. The entity is sent to the Transit Centre where it awaits the Lord’s permission to be reincarnated on Earth. It is possible that it may remain there for one day, one year or more. Why is this? This is something that concerns Heaven and not men. When the psycho-spiritual entity decided to return to Earth it was given a Guardian Angel – not the one that it had previously. With its new Guardian Angel the entity follows its Angel until the Barrier of Forgetfulness. There, it stops seeing its Guardian Angel but it knows its whisper. It goes through the Barrier of Forgetfulness and because the Guardian Angel knows the soul’s path, the Guardian Angel says to the soul:

GUARDIAN ANGEL: “Do not go too far. We must walk together because the path is full of thorns and thistles. Be careful of the tempting words and promises and everything that could possibly develop your earthly ego”.

PSYCHO-SPIRITUAL ENTITY: "I have forgotten where I have come from and where I am going. I will repel all tempting words as I descend. But you, Guardian Angel do not go too far from me so I will not become a victim of the Evil Spirit that can tempt me with all sorts of words.

Despite the tempting promises made by the various spirits that surrounded this soul, none managed to attract it. All this happens in an instant. The soul is now ready to enter the body of the newborn. Upon entering, it does not remember or recognise anything from the past. It is in a spiritual torpor.

The newborn slowly grows to be a man capable of cultivating his spirit. Riches, the promises of influential people etc do not tempt him. He is only interested in his duties towards himself and society. His attention turns towards Justice, Love and the Enlightenment of his brothers. In time he acquires soul strength much greater than the one he had in his previous earthly life. The friends he acquires do not have strong personalities in the community but are simple, respectful and pious. He inspires these men, and possibly his words will attract men from higher status, who when they are baptised in the Light of the Divine Word, are attracted to him and become his followers. Thus slowly his authority is increased beyond the limits of his birthplace. There are very few such men in Society and they are hated by Evil who tries by any means to eliminate them. If these earthly guides of the spirit and soul are eliminated then their followers who are many will continue the work of their predecessor.

Example 4: A psycho-spiritual entity of Quality B has been punished for a number of years in Heaven to atone for her immense sin-weight. Upon her return to Earth, despite the whispers of her Guardian Angel to refrain from the tempting promises of Evil, she fell into its net. The spirit of this Quality B entity identified with the inspirations of Evil. She considered death as the end of her entity and therefore believed she had to take advantage while on Earth of all the earthly attractions of matter. Her compass was pleasure in the extreme and the exploitation of the wealth that she sought to possess.

This way, through her rare beauty and refined manners she managed, as did another called Circe, to convert high society persons to swine. She became a shareholder of

industries and did not know the extent of her wealth. She corrupted the youth of the aristocracy and lied in such a way, that those that had an inkling of her bad behaviours pretended that they believed her so they would not lose her treacherous influence. At the peak of her success she considered herself unhappy because she did not know what was going to happen to her family life. This very rich and beautiful woman at the peak of her life was blinded by her ego. The favours that various fools offered her made her feel like a goddess. News reporters considered her words to be like a bouquet of flowers, containing nothing of substance.

Evil triumphed in her. However one day she acted against her protector, Satan, and he forced her to realise the weariness of her life and to commit suicide. When she returned to Heaven she was deprived completely of the Light of the Third Eye. Who knows when it would be decided that she return to Earth for testing.

Example 5: Here is another example of an entity that has neither done anything bad nor anything good, apart from small faults (sins) that the Spiritual World chooses to ignore. It remained stationary throughout its life. This stagnation determines nothing and it causes the entity to regress. This means this entity will return to Earth with soul strength weaker than what it had before because during all this period meant for progress it remained at the same point without realising how much it was harming itself. At some stage during its earthly life, a spiritualist taught this entity of the Invisible World that it knew nothing about. After a while the entity acquired Divine knowledge through covert teaching. And I ask: What was the benefit when this entity is possessed by cowardice, avarice and total stagnation in the development of its spirit? Who will be able to see even a small benefit from this entity? Why then was he interested in Divine Teachings that he only memorised, but forgot to apply? And I ask, of what use is his spirit when the Spiritual World enlightens it but it remains in darkness? Where is his understanding when his inner self is consumed by egoism and avarice completes the evil? What benefit will his neighbours see from him when the use of his income remains dead in the box of his greediness? It is very strange for him to be interested in Heavenly Divine Messages and Its Teaching and not understand. It is because he does not pay attention to the essence of what he is reading but only to the superficial impression of the words. Such entities are worse than the unbelievers, because when an unbeliever is convinced, he has a basic Faith, whereas the other is hindered by

passion that destroys his Faith. When such an entity is recalled to Heaven, after full process it will appear in front of the Tribunal and there the soul will ask:

SOUL: What have you brought with you from Earth?

The spirit that had acquired a certain nimbleness in speech, replies:

SPIRIT: I bring Balance.

The sad soul repeats the question:

SOUL: Do you know that here you cannot lie? You either bring with you weight of sin or you are light as a feather. Can you tell me what fortune you have left in the material world? You do not answer because you were of the opinion that you could bring it to Heaven; and today your heirs waste it. You have done nothing good. This is the only thing that the Spiritual World is interested in. And because you have avoided evil you will return to Earth as soon as The Lord gives permission. Go to the Transit Centre, your place is there and do not complain to your relatives on Earth because you brought this pressure on yourself. No one is pressurising you; you are pressuring yourself. You receive the Divine reward that you deserve. If you do not conform as Man, you will suffer later as a vile serpent. Go where I said, they are waiting for you.

A Man as a Heavenly entity, when he is permitted to incarnate on Earth, appears as a new human entity bringing within his earthly garment the seeds of virtue and evil. Virtue resides within the soul whereas Evil is transplanted in the body, with the referee being the spirit. Bear in mind that the spirit is reborn from its previous incarnations and that apart from some exceptional cases it does not remember any previous earthly lives and certainly none of its previous heavenly ones. At the moment the newborn takes its first breath, the spirit is set free and if the soul does not rush in time to convince the spirit where it ought to lean towards, then the body attracts the spirit and if the two cooperate then the soul strength is weak.

4. Psycho-spiritual entities and links between Heaven and Earth

The majority of psycho-spiritual entities departing from Earth for Heaven do not enter directly into the Lord's Kingdom and they float around in the ether. Some are unruly and others wait for an unspecified time to go to the destination assigned to them. Such psycho-spiritual entities are feeble but have freedom of movement, creating impressions on those remaining on Earth who concern themselves with them. Often they enter the optical nerve and give images to one specific human without others around them being aware of these images. In different instances, they borrow ectoplasm from humans on earth to enable them to materialize as a shape in front of people. The word 'phantom' is given to a psycho-spiritual entity that appears in your imagination. But how does this happen when you are not even thinking about that person and suddenly you see in front of you someone who you may or may not know and who may talk or move around the room not knowing where he came from? In some cultures, the prevailing belief is that phantoms are souls that come from beyond to provide proof of their immortality. Scientists attribute their appearance to hallucinations by the person who sees the phantom. Others sneer at these claims and say that they arise from excessive anxiety and solitude.

Although a phantom cannot harm you in any way, still you could most likely be terrified and cause damage to yourself or transmit your fear to others. Pay no attention to such visions. The phantoms are free to appear in your vision in order to arouse you so that you may accept that psycho-spiritual entities do not die but are immortal. However these psycho-spiritual entities do not appear for this purpose alone. They often confuse your perceptions. When you are frightened they amuse themselves or grimace to increase their effectiveness. There are circumstances where you do not see the phantom and yet it performs a piece of music on the keyboard of a piano in order to give you a sign of its presence since it does not possess the requisite power to assume the form it possessed before death. The circumstances are infinite.

If the psycho-spiritual entities that have newly arrived in Heaven do not wish to comply with Heavenly Laws then they are left alone and the evil side can attract them. In time, they come to their senses, become attracted to the Heavenly Kingdom and become

compliant. Heavenly Leaders and Teachers carry out the 'retrieval' of psycho-spiritual entities in stages. Unrepentant spirits that did not have compassion towards their fellow man, are sent directly to the evil side and have the freedom to interfere with the various communications between Earth and Heaven (séances). Their sole purpose is to bring confusion. They easily learn the Devil's "tricks" until they reach a situation that leads them nowhere and after a while they seek repentance and beg Divinity for mercy. These spirits will then follow a sequence of teachings and await their return to Earth to be tested again.

The Heavenly psycho-spiritual entities can be divided into the following three main categories:

A. Good psycho-spiritual entities:

Angelic

Enlightened

B. Evil psycho-spiritual entities:

(i) Perverse

(ii) Fickle

(iii) Earthbound

C. Psycho-spiritual entities of the Management Authority.

Each category has many subdivisions:

A. Good psycho-spiritual entities.

(i) Angelic: these are psycho spirituals who are Angels that have many specialties. They are the operational psycho-spirituals of the Heavenly Kingdom and they execute a number of tasks that have been assigned to them. As Guardian Angels they operate for the protection of humans. In Heaven there are legions of Angels that have remained as Anarhon's helpers since the beginning of the worlds. Later on the highest positions were taken by psycho-spirituals that have appeared (incarnated) on Earth two and three times on Earth. Of these, many were Archangels. The non-incarnated angels will come to Earth when world peace is established and Heavenly Light is transmitted throughout the whole world. In other words, when Good is consolidated and only a modicum of the Evil Spirit remains. The Angels will descend to take into

their hands the authority that will be founded on the new Lights, which the Lord will give to humanity.

Artists depict angels as having wings but this does not mean that they actually have wings because from an ontological point of view angels are no different from all the other entities, that is to say they too are psycho-spiritual entities. The wings are part of an exterior symbolic appearance that humans have attributed to angels, meaning that the angels are very fast in their actions either as messengers or as protectors of humans or in undertaking other missions. Angels do not have wings but their speed is enormous, inconceivable and unimaginable. The human imagination has conceived the wings to differentiate the psycho-spirit of angels from other psycho-spiritual entities. There are angels which are persecutors of evil spirits but which are seldom sent to fight the senior evil spirits. The angels' radiation is capable of destroying many evil spirits. If God wished, He could destroy all the evil spirits and clear the atmosphere, but His aim is for them to exist in order to achieve His greater aim - the cultivation of all psycho-spiritual entities. That is to say, between the anvil and the hammer they will be forged to produce quality.

Angels are the operating entities of the Heavenly Kingdom. They have many duties, in accordance with their specialities and degree of evolution. One of their most basic duties is the protection of humans. This is carried out by Guardian Angels sometimes called Guides. In general, all actions taken by the Guardian Angels follow the regulations of the Divine Laws that prohibit any kind of coercion. Therefore, when a person follows the wrong path at the insistence of his or her free spirit, the Guardian Angel is unable to effectively help this person.

When an Earth-bound entity has a special mission from Heaven, its Guardian Angel is one of the Great Heavenly Teachers. Many times there are humans with good intentions and depending on their soul strength they can have two, three, or even four Guardian Angels in order that they do not digress due to the weakness of their soul strength. Quality B entities become Guides who forewarn and deliver impending announcements. They have a special place near the Mother of the Lord. Their work is usually difficult, however because of their persistence they are always successful.

The Cherubim and Seraphim are two Orders of Angels that belong to God. There are also a number of other subdivisions. You will learn of these when you find yourself in Heaven and are promoted, that is, when you do not have too many sins. In these large orders of angels and Archangels are included the musicians and hymn choirs. The singers have melodious voices and there is a clear distinction between the different voices. The Guards of God also belong in the inner circles. You may ask, "Does God require guards?" Of course not, they are honorary guards and amongst their other duties they transmit messages across the universe.

Through angels God sends messages for the protection and guidance of humans who have His favour. This is why many times in dreams humans see strange persons who they have never met before. The angels impersonate human entities so they can transmit the Heavenly messages. If they appear as angels, humans could be terrified and the freedom of their spirit could be suppressed. The Lord wants humans to follow Him with a free spirit and not with a suppressed spirit, because with a free spirit, more soul strength is acquired.

Not all Guardian Angels have the same power and there are many categories of them. The Great Teachers of Heaven belong to one of the higher categories of Guardian Angels, with the difference that the Great Teachers cannot become Guardian Angels of humans who do not deserve their protection. Some novice angels are assigned to guardian angel duties to become acquainted with their new duties as Heavenly apostolic energies that guide those in need. If one of these novice Angels is unable to bring a newly arrived psycho-spiritual entity to its senses, a more experienced Angel, that is normally put in charge of perverse and non-compliant spirits, replaces him.

(ii) Enlightened: these are psycho-spirituals who after their initial descent from the Heavenly Paradise because of the ancestral sin, reincarnated to speed their ascent in Heaven. Depending on the atonement of the sins they have committed in their previous incarnation they ascend in stages towards the Heavenly Kingdom. They can be separated as follows:

- (i) Those that are trained at the various Heavenly classes called Stations and when they finish their education are promoted to a higher Station.

The first Station, and the only material one is Earth, also called Station A. It is the only practical material 'class'. There are 24 (A – Ω) Stations in total; 23 are ethereal. The 24th Station cannot be considered as a Station because it is the end, where the soul rests and it is called the Heavenly Paradise.

- (ii) Those that are told they are destined for reincarnation. These are entities that after their recall are not promoted to Station B, if they do not have many burdens or sins they are obliged to reincarnate and wait their turn whilst attending classes regarding their new tasks on Earth.
- (iii) Those that are to be punished at the various grades/depths of darkness of Erevos. These entities have committed serious sins and suffer according to their actions. They are counted as psycho-spirituals of the Good because they recognize their mistakes and voluntarily accept the sentence that their conscience dictates and which has been ratified by a higher authority. After completion of their punishment they are transferred to 're-sit their examinations' by reincarnating on Earth. If they do not accept their sentence they become evil psycho-spiritual entities.

B. Evil psycho-spiritual entities.

There is one primary category of Evil psycho-spiritual entities that remains outside the Heavenly Kingdom called Daemons of Evil or Satanic. These are the fallen angels who follow their leader Lucifer. To distinguish them from the pious Angels men draw them symbolically wearing black bat-like wings. They are not called Angels but demons. They do not serve the Lord, but serve their leader Lucifer and form the opposing functions of the White State with their own Government. They can also be humans who have committed great sins and who after their judgement did not accept their punishment and thus decided to serve Lucifer.

In addition, there are three secondary categories of evil spirits that also remain outside the Heavenly Kingdom. These are the psycho-spiritual entities that on their recall do not wish to self-punish and remain outside the White State. They too can be graded, the main grades being:

- (i) **Perverse:** These are psycho-spiritual entities that willingly enlist in the satanic forces. The name “evil” is commonly used generally for all the bad psycho-spiritual entities.
- (ii) **Fickle:** These are the psycho-spiritual entities that do not accept their self-punishment but do not want to enlist in the satanic forces. They move about freely, acting mischievously trying to disturb ascending or descending psycho-spiritual entities. They can be defined as the vagabonds of Heaven. This is due to their stubborn spirit. They are not evil spirits but they take pleasure in floating around and causing all kinds of minor annoyances. They often even reach down to Earth, where they take part in spiritual communications in various centres, saying the most unimaginable things and causing telekinetic or other phenomena. In general, the fickle spirits take pleasure in such small annoyances because they do not care for anything else. If, however, they are persuaded to become the accomplices of evil spirits, they themselves can become evil. Humans who are weak entities and who do not have a stable character are at the disposal of fickle spirits. The fickle spirits enter into the entity of these humans and then the thoughts and actions of the latter are divided and become hostile. There are humans who seem to many of their fellow men to be good, but they are not. At the end of their lives they drop their mask and show their irresolute and wicked spirit. They will be punished in Heaven. They will deny that they were in the wrong and they will be released as free and irresponsible spirits or even as wandering ones. Divinity does not impose punishment on them as happens on Earth. They wander of their own accord. They mock their brothers on Earth and deceive them, and often delight in leading others, beside themselves, astray.
- (iii) **Earthbound:** These are the psycho-spiritual entities that remain at the lower levels of Earth because after their recall they cannot disassociate from the material attractions that were the focus of their lives. Earthbound spirits are the psycho-spiritual entities that remain at the material level after their physical death. They are not able to ascend to the Spiritual World because of their materialistic nature, such as their great material fortune, the attraction of earthly enjoyments or sorrow

and other issues. There are many spirits like this in the world. Their biggest enjoyment is to float around as ghosts in the places where they have lived as persons, taking their earthly form. They can also cause similar phenomena, as those of the fickle spirits but their powers are, in general, less.

The fickle and earthbound spirits may cause various phenomena in order to scare humans but they are in no position to harm them. These spirits eventually become bored with their condition and they get “retrieved” by the Heavenly Leaders, at which point they return to the normal path of their evolution after having served their sentence. Since nobody forces them to change their path, they can remain in this condition for an indeterminate period.

C. Psycho-spiritual entities of the Management Authority.

Many of the Angels have come to Earth as ordinary humans in order to know of earthly matters. Those who were good, received a position in the Kingdom of Heaven after their recall and later they became great Teachers and Leaders next to the Lord. Those who were seduced by the material world and sinned became members of the evil side. The Angels, who have never known Earth and have remained in Heaven next to the Father, are powerful in strength, so that even if some of them incarnate, the evil side will not tempt them. These Angels are sent to Earth for one or more missions and thus know its temptations well. They bypass them without danger.

At the top of the Heavenly hierarchical structure of the Spiritual World is the Holy Trinity followed by the Stars of the Lord who reside in His Palace. Many other entities having various titles such as Leaders and Teachers follow the Stars of the Lord. Each one of them has specific duties and they never step into each other’s jurisdiction. There is perfect harmony and cooperation between them for the common purpose, that is, the enlightenment of humanity. The specialities of the Teachers are many and varied.

The Great Leaders act in consultation with the Stars of the Lord. Other Leaders, even though they are enlightened, always need to consult the Great Leaders. The lower citizens of the White State are taught in hierarchical order. However, there are many who, although they were considered to be great spirits on Earth, have cultivated a kind

of egoism. Their subordinates teach them because the former without being evil claimed to know everything.

The White State has one Leader and one attendant. These are, in other words the King and his consultant or his secret-advisor. There are also Teachers who are divided into three categories:

- The Ruling Teachers, who reside with the Lord,
- The Ministers, who take part in the Council of Spiritual Splendour
- The Teachers and Leaders, who, even though they can be compared to any House of Representatives on Earth, have greater power.

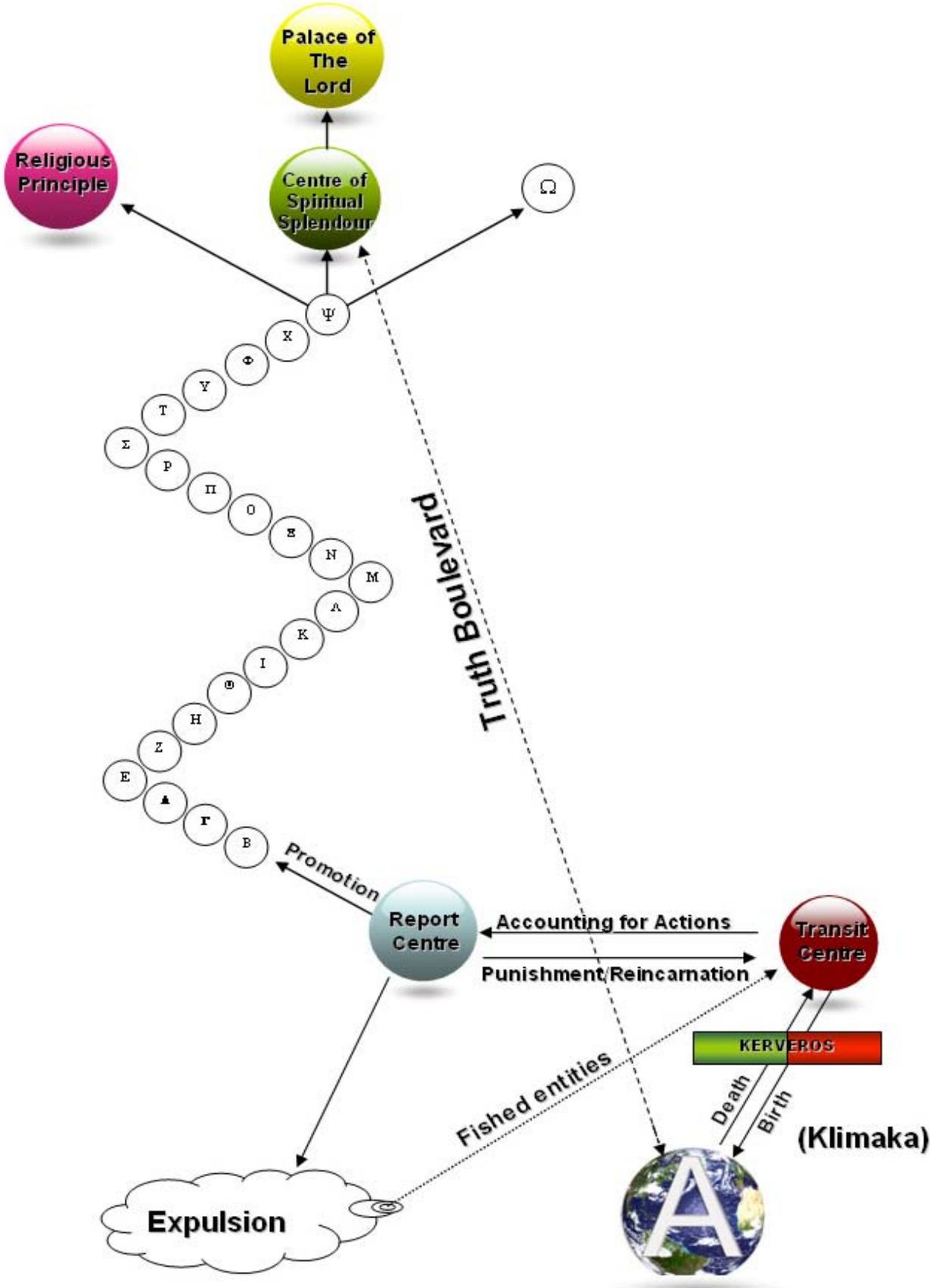
The fate of each soul is decided in a series of Councils. The hierarchical order is:

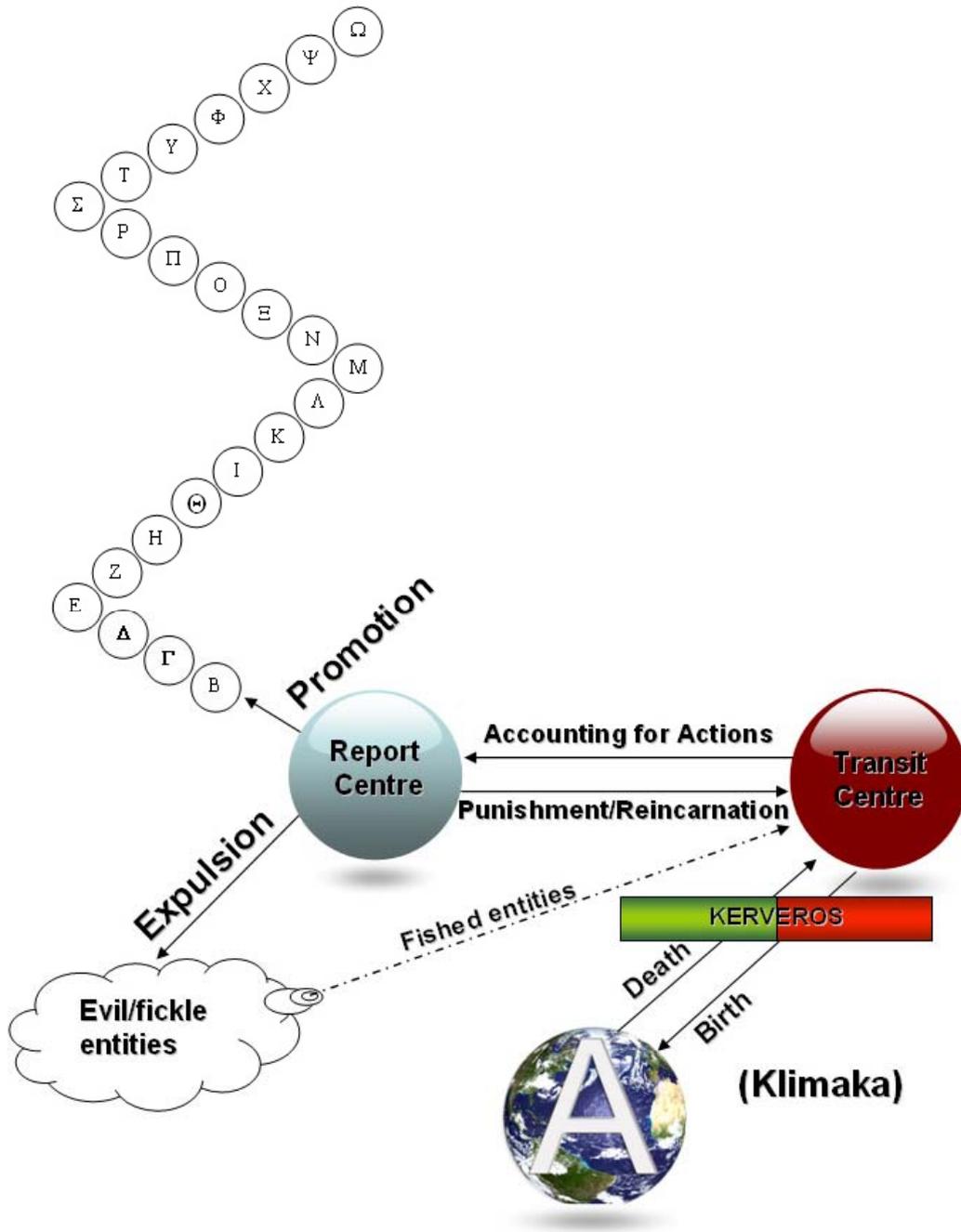
- Holy Trinity
- Stars of the Lord (also called Masters)
- Ruling Teachers
- Ministers
- Teachers and Leaders

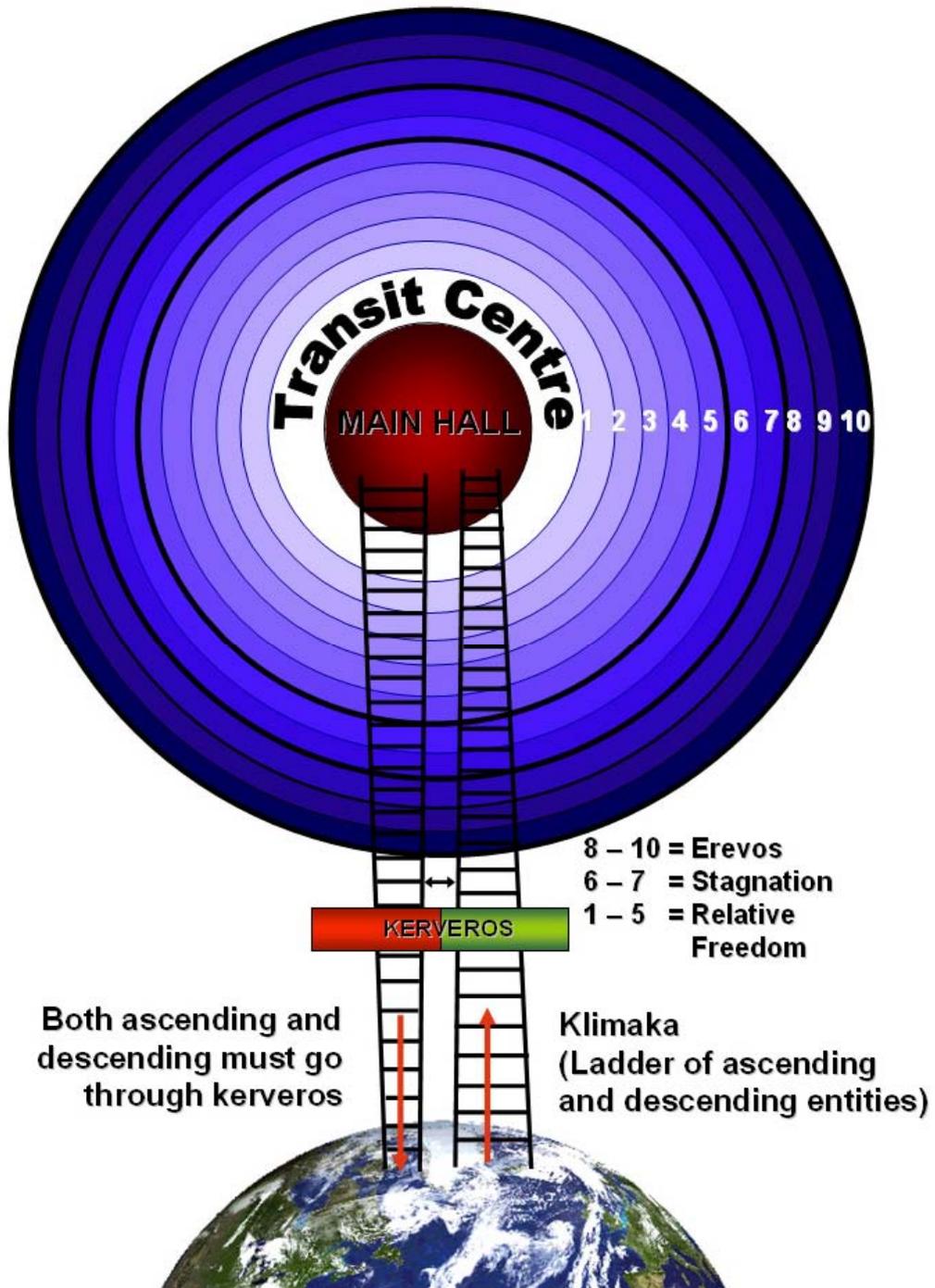
The word “Councils” means houses smaller than the Lord’s. There are 13 such Councils, apart from the Council of the Spiritual Splendour. In each Council there are 10 Leaders, many Deputies and Assistants. They all ascend the scale of evolution so that, at some point, they reach the Council of Spiritual Splendour and from there they ascend and follow the path that leads to the Palace of the Lord.

Once a psycho-spiritual entity leaves its body it is free to move in the space between Heaven and Earth. After death, the majority of the recalled psycho-spiritual entities are followed and guided by their Guardian Angels. Psycho-spiritual entities do not have nationalities as these do not exist in Heaven. There is only one State. The State of the souls, called The White State because all the souls are white, that is, free from matter. It is possible for a Greek person to have a Guardian Angel who in its previous incarnation was from Turkey or for an Israeli to have a Guardian Angel who previously was incarnated as a Tibetan. Many times one human entity may have more than one Guardian Angel. Each Angel protects the human in different ways. It is the same as

on Earth where we have a teacher for mathematics, for sports, for history, etc. For more details read Book 1.







After its admission into Heaven the psycho-spiritual entity is directed to be educated in heavenly classes called Stations of Evolution according to the progress it has made. You can consider the Stations of Evolution as similar to the earthly sequential education system with a number of classes: kindergarten, primary, secondary, tertiary etc. Psycho-spiritual entities can progress through the Stations or remain at the same Station for a long period but they do not regress to a lower Station. To 'graduate' Quality B entities need to reach Station Gamma (3rd) whereas for Quality A to 'graduate' it must continue until the 24th Station. There are 23 Stations in Heaven and with Earth being the only material class, makes up the 24 Stations that an entity attends to acquire Knowledge. The Stations are assigned letters from the Greek alphabet with Alpha – Earth for the 1st Station and Omega the 24th Station – the Heavenly Paradise. The duration of education in each Station depends on each psycho-spiritual's soul strength. In Station Alpha (Earth) progress can be very fast as compared to other stations. Station Alpha is the only practical material class. The earthly duration is short whereas in the other Stations because there is no measure of time the duration can be very long, hundreds of years or millennia as measured by earthly time. In the penultimate station (23) the duration is very short and in the last station (24) the soul is in Eternity or in the Station of Repose – Nirvana, Paradise.

Heaven and Earth are connected through an invisible ladder called the Klimaka of ascending and descending psycho-spiritual entities. The psycho-spiritual entities descend to Earth to be reincarnated and they ascend to Heaven to return to the Heavenly Kingdom using this ethereal ladder. During ascent and during descent the Evil Spirit and his demons try to attract the psycho-spiritual entity to their side. Evil is more successful with descending psycho-spiritual entities which are more favourably disposed towards it because, through promises, it is able to secure a place in their mind. It can then relax without worrying because it has already bound them to itself.

Upon incarnation and while they are still young, Evil is unable to touch children as it is forbidden by Anarhon. However, once adolescence is reached Evil rises and demands the fulfilment of the agreement that was entered into whilst descending to Earth. That is, to follow Evil during the whole course of their earthly life. Evil delivers all that it has promised according to the agreement: wealth, glory, conquests etc. Be careful not to slip, not only while you are returning from Heaven but also whilst on Earth. On Earth

the level of temptation is greater since you are earthly.

After physical death, the psycho-spiritual entity goes through a barrier, called Kerveros. Whilst ascending, Kerveros is called the Barrier of Rebirth, also known as Super Memory or Reforming Zone. This means that the psycho-spiritual entity regains all its previous knowledge from all previous lives in both Heaven and Earth. On the other hand, when a psycho-spiritual entity is about to reincarnate into the material world it goes through a zone of Kerveros called the Barrier of Forgetfulness. This barrier is so-called because when the psycho-spiritual entity goes through it, it completely loses all its memory, especially all the memories whilst in Heaven e.g. of all images, thoughts, knowledge, emotions etc. The Barrier of Forgetfulness is therefore, the keeper of the secrets of the Spiritual World since these cannot be revealed to humans. Kerveros is the Reforming Zone and/or the Barrier of Forgetfulness. Nobody can go through this barrier unless they leave behind them their old memory to acquire a new one and in the opposite direction they regain all their previous memories. During its ascension the psycho-spiritual entity does not forget its life on Earth. If, however, the psycho-spiritual entity is very nostalgic about its life on Earth, it can become insubordinate and then it becomes a fickle or an earthbound spirit. It floats around in Heaven until it voluntarily enters the Transit Centre. It cannot return to Earth because the pull of the Transit Centre is more powerful.

The Transit Centre also known as the 'Soul Terminal' is the linking point between the material and non-material worlds. This centre is both the centre for ascending and descending psycho-spiritual entities. From here, the psycho-spiritual entities go to the Report Centre also known as 'Centre of Accountability' for self-judgement from where,

- (i) If they receive promotion they continue to higher Stations (B – Ψ) to be further evolved;
or
- (ii) They return to the Transit Centre to be reincarnated straight away on Station A (Earth);
or
- (iii) If they are found guilty of many sins they return to the Transit Centre to serve their deemed sentence within the various levels of the Transit

Centre and be taught about their duties in their future reincarnation. After completing their sentence they will wait for their turn to descend to the material world as new human entities.

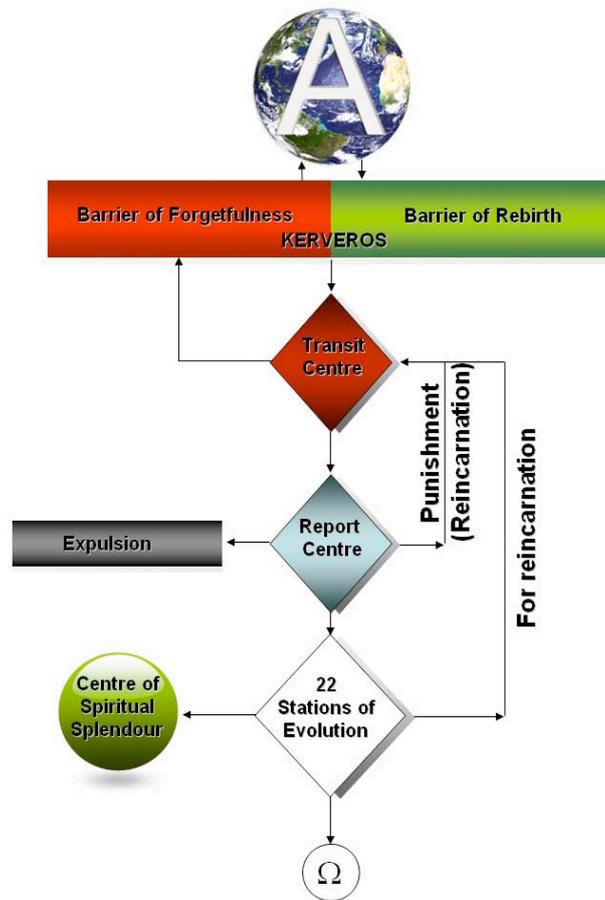
The report is not given in front of judges. The psycho-spiritual entity accounts to itself. In other words, its spirit is examined by its own conscience (that resides within the soul) that is now freed from the bonds of matter and is no longer subordinate to the spirit. Conscience is a function of the soul and therefore never errs. This is why its examination of the spirit is very accurate and impartial. As stated, the psycho-spiritual entities judge and punish themselves.

The spirit no longer has the power to give excuses for its actions. A bad spirit feels like a criminal deprived of all destructive means. A good spirit feels great relief and joy, since its decisions agreed with the advice given by its conscience and it now realises the correctness of its actions. The conscience compares and balances the good and bad actions of the psycho-spiritual entity without mistake. If there are only slight residues of sins remaining, these are erased due to the grace of the Divine Law. If the residue is large, the entity returns to the Transit Centre in order to suffer the punishment determined by its conscience. If there are more good actions than evil ones, the psycho-spiritual entity proceeds to a higher Station of Heavenly training (evolution) and many reincarnate or not.

The spirit can willingly accept the sentence passed by its conscience. Nobody can force the spirit to do this, because the free will of the spirit is a regulation of the Divine Law. If, however, a spirit is extremely insubordinate, does not recognise its mistakes and does not accept its sentence, it is driven away from the Heavenly Kingdom and becomes a fickle or evil spirit. The soul passes the sentence but is forced to follow the spirit to its place of punishment because soul and spirit are inseparably connected into a single psycho-spiritual entity. In summary, there are three directions from the Report Centre/Centre of Accountability for the psycho-spiritual entity to follow:

- a. Promotion to a higher Station
- b. Return to the Transit Centre to either serve its punishment and/or be directly reincarnated.

c. Expulsion from the Heavenly Kingdom



The flowchart in the above figure gives a summary of the process described where the diamond shaped boxes are decision boxes and the arrow-heads indicate the direction of flow.

A large number of psycho-spiritual entities depart Station A (Earth) and go to the Transit Centre but only a few of them will enter other Stations including Station B (beta) through the Report Centre. Placement into a Station is made according to the psycho-spiritual entity's actions on Earth. The others float in the ether until the Divine Authority takes a decision regarding when the entity is to return to Earth (reincarnate). This may take from years to centuries in earthly time.

5. Heavenly birth

In Chapter 2 we discussed earthly birth briefly, now we will consider the psycho-spiritual entity's other birth: the Heavenly birth, which is at the same time earthly death. When psycho-spiritual entities are recalled, you should not have the impression that after their last breath they all ascend to Heaven immediately. It depends on the individual psycho-spiritual entity. First, they need to be made torpid so they are unaware of their death. Each psycho-spiritual entity continues to see, listen and speak without those left behind being aware of this. When the psycho-spiritual entity is recalled and it leaves its physical body, for three days (time as measured on Earth) it can hover around Earth or around its body. If the entity had a materialistic nature then it remains in the same room with its dead body otherwise, it rises and floats. From there it sees, listens and may empathise with the sorrow of those grieving. It is possible that it may appear in their dreams or that it may materialise during this time. It depends on its capabilities. After this, it ascends and for nine days moves around the Transit Centre (Soul Terminal) whilst it discards the last remnants of its earthly life. For forty days after leaving the earthly body it remains in the Transit Centre where it receives its instructions. It then goes to the Centre of Accountability (Report Centre) for judgement after which it is assigned the place that its own conscience has determined. Three months is sufficient for the separation and recollection of its earthly life. In six months, if it has been assigned a good place within the Transit Centre, it is allowed to establish communication with fellow souls.

Some religions observe religious services to coincide with similar timings for the psycho-spiritual entity's ascension to Heaven i.e. the Orthodox Church.

The sins of the psycho-spiritual entities began with the original sin or ancestral sin and it was this that was the cause of the psycho-spiritual entities' expulsion from the Heavenly Kingdom and their incarnation on Earth. The first and subsequent incarnations were designed to assist them to return to the Heavenly Kingdom by means of the continuous struggle between Good and Evil. All psycho-spiritual entities have to balance the forces of Good and Evil. Regrettably instead of reducing their sin-weight most psycho-spiritual entities increased it. Metaphorically speaking: when we are in Heaven we attend educational classes to acquire Knowledge. When we consider that

we have learned the lessons we ask the Spiritual World to examine us. We are then sent to Earth to sit the requested examination. Based on our earthly performance, upon our return to Heaven we advance to a higher class (Station) or repeat the same class and if we perform very badly we are also sent for remedial classes (punishment); but no entity is downgraded to a lower class. Earth was created for the evolution of human entities since it is the great and only practical material educational institution. Why do we come to Earth? To teach or to be taught? Of course, to be taught and to sit the practical examination. You can only be educated if you apply what you have been taught, not with words but with tangible actions. When you say: "I love my neighbour", this means nothing. If someone really loves his neighbour, he even reaches the level of self-sacrifice. Has any one of you been deprived of anything to benefit anyone or anything? When did this happen?

Earthly death is the departure of the incarnated psycho-spiritual entity from the body and its return to the Heavenly world. We mortals choose the way we live on Earth guided by our free spirit; Heaven chooses the way we die. There are four main categories of death:

- Gentle death: A person dies suddenly, peacefully and in tranquility.
- Death with suffering and pain: A person with a heavy conscience or heavy sins from previous incarnations dies this way to enable him to expiate part of the heavy burden.
- Slow death: Sometimes with pain and sometimes at peace. This slow death slowly wears down the entity as it is forced to look to its past, think of its actions and distinguish between the good and the bad ones without being able to say anything to anyone. It is a way of repentance and of liberation from the pressure of its burdens.
- Violent death with bad disposition and bad behaviour many times blasphemous and often with abuse. This person has lost the Divine Light that he believed in, out of selfishness and in reality he had no Faith.

The various phases and phenomena during death vary from person to person. They depend on the life and the quality of the entity. It should be noted that at death the spirit leaves the body first followed immediately by the soul. This is why, many times,

people who are near death lose their senses and mental contact with their environment but their bodily functions continue to some degree. Final death occurs upon the complete departure of the soul, after which the last cell of the body becomes inert.

As when you feel dizzy when you are sick and need to rest to regain your strength, the same thing happens to the person who is just about to die. When in Heaven he finds it impossible to realize that he has died. To realize its new status the psycho-spiritual entity is first of all helped by recognizing friendly faces and wonders if it is dreaming or not. To lessen the sorrow of leaving earthly associations it gets transported to where it is possible through its vision to see landscapes and other friendly faces that in reality do not exist - they are temporary images - it depends on the soul strength as to how quickly these images of the past are erased.

Before being admitted to a Station the recently arrived psycho-spiritual entity goes to the Transit Centre if it wishes to enter the Heavenly Kingdom. You can think of the Transit Centre as a large airport terminal in which psycho-spiritual entities arrive, remain for a while, or depart for other destinations once they have been granted permission to do so. When a psycho-spiritual entity is first expelled from the Heavenly Paradise it is transferred to the Transit Centre for further processing. Before a decision is taken as to the next destination of the entity, it is sent to the Centre of Accountability where the entity undergoes questioning – the presiding Judge being the entity's own soul. After the verdict, the entity is returned to the Transit Centre for further processing. Unless a psycho-spiritual entity goes through the Transit Centre, it is not admitted to the Heavenly Kingdom – no exceptions.

To reiterate:

When a psycho-spiritual entity is recalled to Heaven it is lost and does not have the impression that after its last breath it is ascending to Heaven. To smooth the transition from the earthly life to the Heavenly one, firstly it needs to be made torpid so it is not aware of its death. It sees, listens and speaks without being perceived by those left behind. After the passage of three days it enters the Transit Centre. It remains there until it is examined in the Centre of Accountability. By then forty days have passed by which time it ought to have harmonised with its new surroundings and be fully oriented. If within six months it is accustomed to the Heavenly space then it is free to move

within the Heavenly Kingdom. But if it is still attracted to earthly matters then it will have at its side a Guardian Angel that protects and directs it as long as it obeys the Angel. Do remember that time does not exist in Heaven and the given time frames are for our improved understanding.

To appreciate better the various events let us have a look at some examples:

Example 1: An entity of Quality B who has suffered a lot during her trials on Earth, enduring everything with patience and tolerance with the thought that all is temporary and without losing the hope that she will enjoy days of happiness and delight. The actions of this entity were virtuous. She helped her suffering fellow man in many areas. She acted with goodness and benevolence. With understanding she understood the views of her neighbours on all subjects and gave advice to all with good will and in such a way as to earn their admiration and respect. Such an entity is worthy of the protection of God. As happens many times, for reasons unknown to us, this entity tolerated the earthly adversities. When the time came to migrate she gave her psycho-spiritual to the Heavenly Authority. In Heaven it was subjected to Heavenly trial, according to the inviolable Law of Anarhon. All psycho-spiritual entities without exception are subjected to a trial to account for their actions. The Judge is none other than their own soul:

SOUL: What are your sorrows from earthly life?

SPIRIT: I am no longer interested in these as I am now in Heaven.

SOUL: Do you wish to be reincarnated on Earth under different circumstances, ones that are satisfactory to your entity?

SPIRIT: This is not in my jurisdiction. Whatever The Heavenly Authority decides.

SOUL: You, do you wish to return to Earth or not?

SPIRIT: If I have any remaining debt, then it is best that I am liberated from it.

SOUL: You do not have any debt and you are able to enter the Section of the Virtuous, which for Quality B entities is the third Station (Γ).

If an entity follows the Spiritual World's advice it receives help beyond imagination. That is why Heaven enlightens us. It suffices that we have understanding and strong will to achieve that which is very difficult to achieve.

Example 2: An entity with mitigating circumstances that has left the earthly atmosphere and is heading towards Heaven. Various spirits, good and evil surround this psycho-spiritual entity as it ascends. Both are trying to attract it towards their side. But this entity is in a state that it is unable to make a decision and it listens continually to the whispers of its Guardian Angel to advance, advance, advance. This entity does not have its third eye open. It does not know where it is, where it is going and what entities surround it. It only knows the voice of the Guardian Angel. As soon as the entity crosses the Barrier of Rebirth something happens within the spirit. By crossing the Barrier of Rebirth or the Reforming Zone the entity remembers all its previous existences and actions. It is now guided to the Transit Centre where all the psycho-spiritual entities entering the Heavenly Kingdom are present. It does not have to show identification, but the examination will soon take place. From there it will be transferred by its Guardian Angel to the Centre of Accountability. The Guardian Angel will withdraw and then its soul asks the spirit: "What have you done and what have you not done whilst you could?"

As you gather, the soul does not ask the spirit about Good or Evil. It will be judged by its actions whether they were Good or Evil. Depending on the spirit's replies and the judgment, it will receive endorsement and a position according to its quality. All this is carried out in an instant.

Example 3: Psycho-spiritual entities from Station B and above descend to Earth for a number of reasons such as: to accelerate their ascent in Heaven, to reduce their sin-weight, to carry out a special mission allocated to them by the Spiritual Authority as well as others. Evil tries its best to attract high level entities to its side. All psycho-spiritual entities irrespective of their level have free will and they are subject to God's Laws that cannot be violated. All entities even if they fail, upon their return to Heaven they are not sent to a lower level Station. An entity from Station 9 that has failed will be returned to Station 9, but will remain there for a longer period to refine its education.

Not many Archangels have descended to Earth but some wished to experience the material world. One of these Archangels was incarnated as Moses. Because the tribe to which Moses descended was mostly uneducated and superstitious, Moses with his rigid decision-making as the representative of his race was forced to say to the people that he had heard the Voice of the Lord and it was He who had dictated His Commandments. When Moses was receiving the Lord's Ten Commandments do not be of the opinion that these were given from the Mouth of the Creator and that they were received by the ears of the leader of the race of the Jewish people. No one has seen God, an Impersonal Entity, nor has any one heard His Voice. The Commandments were dictated through spiritual communication and Moses perceived that he should carve them, but he did so imperfectly. Moses did not communicate only with God, but also with the other side, that of the Evil Spirit. He was not able to differentiate between God's meanings and those of the Evil Spirit. When God's Commandments were dictated their meaning was perfectly clear. But, due to Moses' bad memory and the intervention of Evil, the Divine meanings were not complete and were adulterated. Moses received the Commandments from God: but God did not say to him: Do not do this or that. He left Moses with his will free so that he could judge what was harmful and what was beneficial. The services carried out by Moses were great but not perfect and this was why he fell into the spider's web. He was led by his ego, and so to this day he is not in the Palace of the Lord. When he died Moses was returned to his high position in the White State but he was forbidden to enter the Palace of the Lord and was not allowed to converse with other entities. After a long time he was forgiven and he is now one the Great Orators of Heaven.

Do not forget that all the prophets of the Old Testament also received messages from Evil. For this reason many of the prophecies have not been fulfilled nor will they ever be.

6. What we should do

I am unable to advise on how you should live your earthly life in such a way that would enable you to ascend to higher Stations in Heaven. However, what I have done is take excerpts from translations I have undertaken of Greek texts on spiritual communications given to the Spiritualist Society of Athens – Greece. These excerpts relate to instructions on how we should live our lives while on Earth. You have free will!

When the Lord was asked to tell us how to pray to the All-Mighty Father, He delivered what is commonly referred to as the “Lord’s Prayer”. Through the centuries even this prayer has been criticized and modified by many. If Man is neither dogmatic nor prejudiced and is serious about having a true comprehension of the words of this prayer he can find nothing offensive, insulting or irrelevant irrespective of his religious beliefs.

The original Greek version of the Lord’s prayer as translated by the editor:

Our Father in Heaven,
Hallowed be Your Name,
Your Kingdom come,
Your Will be done
as in Heaven and on earth.
Give us today our daily bread.
And forgive us our debts,
as we forgive our debtors.
And do not lead us into temptation,
but deliver us from the Cunning one.
Amen.

Please pause here and take a moment to read the Lord’s prayer again and try to understand its deeper meaning.

Other fundamental messages – the Beatitudes that the Lord gave us were delivered during the Sermon on the Mount.

An explanation of each Beatitude (blessing) is as given by Heavenly Teachers:

1. (*Blessed are the poor in spirit, for theirs is the Kingdom of Heaven*). The Lord does not refer to the simple minded but to those whose spirit surrenders to the soul.
2. (*Blessed are those who mourn, for they shall be comforted*). By mourners He means those who suffer, because if you care about others and everyone holds you in high regard, then they will try to comfort you.
3. (*Blessed are the meek, for they shall inherit the earth*). By the meek He means all who have the merit of being modest and gentle in their actions.
4. (*Blessed are those who hunger and thirst for righteousness for they shall be filled*). Those who hunger and thirst for righteousness are those who do not tolerate unjust words and actions, for they will rejoice in the justice of Heaven.
5. (*Blessed are the merciful, for they shall obtain mercy*). Jesus does not mean those who publically display their compassion, but the true pious and compassionate who assist their fellow man. The Lord will help those both on Earth and in Heaven.
6. (*Blessed are the pure in heart, for they shall see God*). The pure in heart are the innocent. When Jesus says that they will see God He does not mean Anarhon (God the Father), but Himself, who represents the Father. On their recall they will face Lord Jesus first.
7. (*Blessed are the peacemakers, for they shall be called sons of God*). There are many peacemakers but not all are of the same quality. A peacemaker is one who applies the laws of the Divine Authority by loving his neighbour. Love establishes peace. Many peacemakers will appear on Earth and they will be called sons of God because they carry out what the Father asks of them.
8. (*Blessed are those who are persecuted for righteousness' sake, for theirs is the Kingdom of Heaven*). Those who carry out good deeds are pursued and persecuted. In older times they were many. Today this beatitude can be eliminated, even though some are still being persecuted.

We are currently moving very quickly towards total non-obedience to these beatitudes.

Another of the Lord's fundamental sayings is: Love one another - this is the light of Justice and it encompasses Love, devotion and respect towards all without exception.

Even if you distil all the books that exist on Earth and are able to extract a central powerful message, you will find that it does not have the intensity of the words: Love one another. Remember what the Lord said, He said: “Love your enemy as yourself”.

If you do not love those around you as you do yourself then there is no point in struggling to find the meaning of God, as the meaning of God is Love. Love your neighbours and be kind so you can feel His presence. Spread good will and happiness, so you can experience happiness yourself. Help those in difficulty to gain spiritually. Offer your assistance to others, so you can be rewarded many times over for doing so. Help those in difficulty to gain spiritual reward and advise the unwise so you can have a place in Heaven.

The esoteric advancement of humans springs from the pure Love taught by the Lord. If we all pay attention to this on Earth, then Earth will automatically be transformed into an earthly paradise and the Lord will not cut our life’s cord and we will be awarded eternal youth. Unfortunately all this is impossible, because everything that has been transmitted from Heaven is ridiculed due to lack of enlightenment. So let us all be educated in the cycle of eternity: birth – death – birth... . Do not give Love conditionally because this means that you expect payment. Love is a gift without anticipated benefits. Love, together with Faith enables you to make amends for your sins.

The following ten concepts were given by Heavenly Teachers to assist in our development. You need to absorb them, and if you observe them, you will be certain that you are walking within the bounds recommended by the Spiritual World. Unfortunately very few of us will follow these instructions:

1. Justice: The highest attribute of the Heavenly Kingdom that can be acquired through your decisions on Earth.
2. Strength: The vigor necessary for the earthly life.
3. Perception: Assistance with the understanding of the Divine Light.
4. Willingness: The energy for the understanding of Good and Evil.
5. Love: The cornerstone of humanity, to be applied in practice.
6. Truth: The weapon to combat the lies originating from Evil.
7. Faith: The comprehension and pure devotion to high ideals.

8. Serenity: The soul and spiritual calmness of the entity.
9. Humility: The way to achieve self-control in the application of Justice.
10. Silence: The asset for self-concentration and meditation to gain higher knowledge by examining our steps.

Whoever accepts this Decalogue and applies it needs no further instruction for his spiritual development. With this knowledge, you can travel the correct path. The Lord has not forbidden you to enjoy the material goods of this Earth. That means, it is good for you to acquire possessions, but not good if you keep them only for yourself. It is good for your neighbours to hold you in high esteem and respect you, but not good if you do not respect your fellow men. It is good to be victorious but not good to be egotistical towards the defeated. It is good to accumulate like an ant for the winter but not good to be greedy. It is good to be proud as a man but not good to show off and boast of your superiority to others. Balance all your actions.

In order to be a child worthy of the Spiritual World neither Good nor bad should exceed the measure.

Even though many of the wise men in Ancient Greece appeared materialistic, in reality they were not, but they did not dare speak the truth. They deliberately created a false religion in order to attract the uneducated humans and through myth taught ethics as the basis of virtue. Mythology delights the simple-minded (naive) and at the same time instils religious ideas. The great wise men researching the meaning of Truth, with their perception encapsulated the spiritual power of the One, the unknown One, who in their eyes was Divinity.

To enable you to appreciate all this, let me give you the example of Pythagoras who first taught at the Oracle of Delphi: "Know Thyself". Without opposing the existing religion of the time he established prophetic temples. Through mathematical calculations he demonstrated the existence of the One, the Creator of All. This truth was not announced to the public in order not to affect the established faith in the gods of that time. It was for this reason Pythagoras glorified the Creator in secret. Know Thyself is just a maxim because as humans we will never be able to know ourselves. It is a very difficult concept to understand and also very difficult to carry out. But if you

make a continuous and intensive effort to understand it, then automatically you are within the meaning of "Know Thyself". Therefore, follow the correct path and you will bring immense benefit not only to yourself but also to humanity.

The material world is the world of opposites. Wherever we look we always see the appearance of opposing elements. All things in nature function and express their energies through cycles of opposing actions. At the physical level we have the opposites of positive and negative - warm and cold, soft and hard, dry and wet, light and dark, odourless and odorous etc. At the intellectual level we have the opposites of Good and Evil, beautiful and ugly, just and unjust, truth and lies, love and hatred, humility and arrogance, intelligence and stupidity, knowledge and ignorance, etc.

Let us now consider some opposites that relate to Man. We all work to earn a living and rest to replenish our strength. We eat to stay alive and excrete what we do not need. Our body grows and develops and it also dies because of attrition. Whilst in possession of our current body we need to look after it. We speak and express our opinion and remain silent when we have nothing to say. Sometimes we associate with acquaintances or friends and sometimes we isolate ourselves. Sometimes we move and exercise and sometimes we rest. Sometimes we want to be entertained and sometimes we avoid entertainment. Sometimes we are joyful and sometimes solemn. In general, every moment of our lives we are aware that we are under the influence of opposite forces and situations.

What should our appropriate stance be in each situation?

The word that defines the most advisable course of action in all these opposite situations is moderation. Moderation is the golden rule of earthly life, that is, when someone applies moderation without deviating too much towards Good or Evil, then he follows the correct path and never errs in his actions. Going beyond moderation in one or another direction always has unfavourable effects on us. Moderation represents the harmonious balance between two opposite elements.

Man must follow the same principle in all matters in life. He must work in moderation, rest in moderation, eat in moderation, have fun in moderation, speak in moderation, be

silent in moderation, etc. Only by this will he be able to achieve physical, spiritual and soul balance and avoid extreme situations that could create problems. If we disturb the balance of moderation to one or the other side it always has unfavourable results. For example, eating in moderation is beneficial to the body, whereas deviating from moderation is detrimental. Eating to excess will result in obesity and cause the bodily organs to malfunction and eating less than what is required will cause weakness and emaciation. Both may result in sluggishness and premature death. This example shows us that moderation is not something strictly specified and rigid. It depends on the specific conditions. Indeed, not everyone has the same needs regarding the type and quantity of food. Therefore, “eating in moderation” is not something standard and absolutely defined but refers to the type and quantity of food that will be beneficial to the body under specific conditions.

People should only give help to those in need and only to the degree they can honestly afford. When a person shows too much generosity, it is certain that the unscrupulous will take advantage by stealing his goods from him and repaying his aid with ingratitude. This is why the Lord said: “Whoever has two robes, give one to the one who has not”. This phrase encloses the whole philosophy of moderation. Whoever has two robes should not keep both for himself as this would show great egoism and a lack of charity. But neither should he give away both as in this case he would remain inadequately clothed and unprotected. He should give only one, keeping the other for his own needs.

Therefore, we are urged to have a clear understanding of who we are (know thyself) before judging our fellow man, to act always in moderation without excesses and to balance all our actions.

When, for whatever reason, we feel superior to others, this creates a feeling of slight spiritual pleasure and inner self-satisfaction. These are signs that the branches of our egoism tree have started to grow fast and we must act quickly to effectively prune them so that we do not allow Evil to grow. Fighting egoism consists mainly of neutralizing the feeling of superiority towards our fellow men. Once we realize that we are nothing but simple molecules of Creation, then we will sense our insignificance compared to the Divine Forces and our egoism will not find fertile soil to grow. Egoism is then replaced

by humility and moderation that restrict the agitation of the spirit. All the suffering of humanity stems from egoism. Evil has grown in our times so much that only a Herculean effort can defeat this monster.

When some of our actions are wrong, our soul reacts and tries to control our spirit. The result is that we feel qualms (remorse) of conscience that do not stop until our spirit is released from the moral burden. The following often happens: during earthly life it is the spirit that dominates us and it does not always listen to the soul's directions. The spirit thinks that the qualms of conscience stem from a dormant weakness, which must be overcome by acting boldly to achieve its materialistic desires. This is why a person may behave consistently contrary to the wellbeing of others, committing many injustices and not caring if his actions are in accord with virtue, moral and humanitarian values, as long as he enjoys the material benefits of earthly life.

The conscience, due to its weakness (weak soul strength) and limited ability to exert influence itself remains subdued. However, it is not idle because it keeps track of every detail of all the spirit's actions. After death, when the psycho-spiritual entity returns to Heaven, there is a reversal. It is now the soul that is dominant and it imposes itself totally on the spirit through the conscience. The spirit may freely express remorse for all its earthly wrong doings. If the wrongdoings of the entity are great, then due to the qualms of conscience the situation of the spirit becomes unbearable and desperate.

The conscience, being completely indifferent to human laws, exerts the harshest judgment based on Divine Laws and it charges those people who are implicated in contravening these Laws. Thus, their position is burdened, their karma increases and they will have to suffer great hardships in the future, in order to rid themselves of this huge weight. The conscience therefore, is our infallible critic and the unrelenting judge. Censure meted out by the conscience is always infallible. It is infallible since the conscience (soul) is always present in all our actions, although not a participant. The conscience derives its strength from the energy of the Divine Breath.

No matter where we are in society we all possess a spirit not to judge one another, but to first enable us to judge ourselves. Our entity avoids this judgment as, due to egoism, it considers itself able to judge everything and pass superficial judgment on

everybody but it fails to know itself. Here lies the greatest of our mistakes, especially in the clergy, who have the idea that they are above everything and everyone. The exceptions amongst them are very few and constitute an insignificant number on Earth. Most have succumbed to the temptations of earthly life.

Having a conscience does not mean that we do not commit sins – everyone commits sins of some kind. On some occasions the spirit overpowers and at other times the soul strength prevails. Some people have a favourable predisposition and can cultivate their soul strength. If they do err, the very fact that they are in search of the correct path to redress their mistakes is enough for them to receive blissful Light from the Divine Grace of Heaven.

Not every person is in a position to understand the mystery that is hidden in the soul of another. At one time priests were the ideal people to whom you could confess the intimate secrets of your soul. Unfortunately, some priests have betrayed their position and have taken advantage of their fellow man. Confession can be made to a person who enjoys the confidence and Love of others. When someone confides the weight of his conscience to another, the weight is halved.

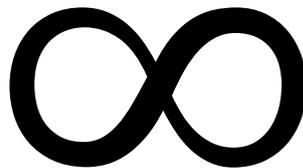
It is preferable to ask forgiveness of the remorse (qualms) of your conscience whilst on Earth rather than in Heaven. It is very difficult for an entity in Heaven to progress in a short space of time as measured by the earthly metric. For this reason many souls take a long time to return to Earth to expiate their previous sins. Whoever confesses in time and follows the Lord's Directives will find the Path towards Heaven open so that he can enter into the State of Immortality.

When you feel that something is weighing down your soul choose an appropriate confessor and, if you choose correctly and he is honest and conscientious, he will not give you forgiveness of your sins but will direct you to the path that you need to follow in order to be forgiven.

Physical pains and feelings of being unwell are signs of impending problems. They announce that you need to look after yourself before illnesses manifest themselves. The same happens with the remorse of your conscience, that is, it tells you to change

direction, to leave the wrong path and follow the righteous one, that is, the Boulevard of the Lord. The righteous path is not easy and traversing it is very difficult for humans but, if you go forward with Faith, then you will find what you are looking for. When you reach the end of this trial there will be other trials necessary for the ascendancy not only of your soul but also your spirit. Only a few have achieved this. Most have returned to Earth to fulfill their obligations.

When the psycho-spiritual entities become accustomed to life in Heaven they do not want to return to Earth unless they are assigned a special mission. Then they return to the material world as enlightened beings.



A prophecy by The Holy Spirit

(delivered 8 October 1966)

In Heaven there are legions of Angels that remained as Assistants of Anarhon from the founding of the World. Today, spirits that have appeared on Earth two or three times occupy the High Positions. Many, but not all, were Archangels. All will incarnate on Earth when the Universal Peace is established and Our Light is spread across the universe. That is, when Good is stabilized, and only a few remain with the Evil Spirit. Then the angels will descend to take control of the Authority according to the New Lights that the Lord will give to humanity.

My dear brethren and students of the Heavenly Teachings, neither you nor many of your future generations will see these Angels. They will come to balance their souls and their spirits equally. They will prepare your World for the New Life that the Lord teaches in His messages. Then it will be the “end of the material world” and the beginning of the predominance of the Spiritual One.

In the churches all the faithful will participate and glorify Anarhon together with thousands of Angels that will not differ from ordinary mortals because they would have embodied as simple humans in order to fulfill their promise to their Lord and God.

Attendance of all at churches will be unprecedented. In the churches they will fulfill their existence, glorifying the Creator and His gifts to Man. In the churches they will be enlightened with Light and will perceive that all are specks in the infinity. There in the churches they will converse with the Lord, through perception, and will see many visions through the Bright Sun.

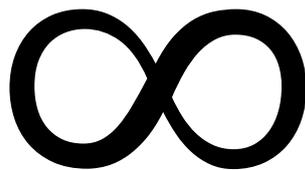
The period I am referring to is beyond the limits of human perception.

All in the material world will embrace the One and unique Almighty of all, together with His Son Who sacrificed Himself for humanity to guide it to where the Anarhon Father of Christ and our Lord has determined.

As a kind of Sun Light the Holy Spirit will give its greatest intensity so that the Evil Spirit will dissolve as a bubble.

This is one from the Heavenly prophesies that are given to humanity by the Light of Truth and that will remain written in the new history of Truth that is ignored by the non-believing unscrupulous men of this world who possess small and narrow perception.

The Holy Spirit



References and Bibliography

<http://www.divinepharos.org/monographFiles/12-References-Bibliography.pdf>

Glossary of Terms

<http://www.divinepharos.org/monographFiles/11-Glossary-Monographs.pdf>