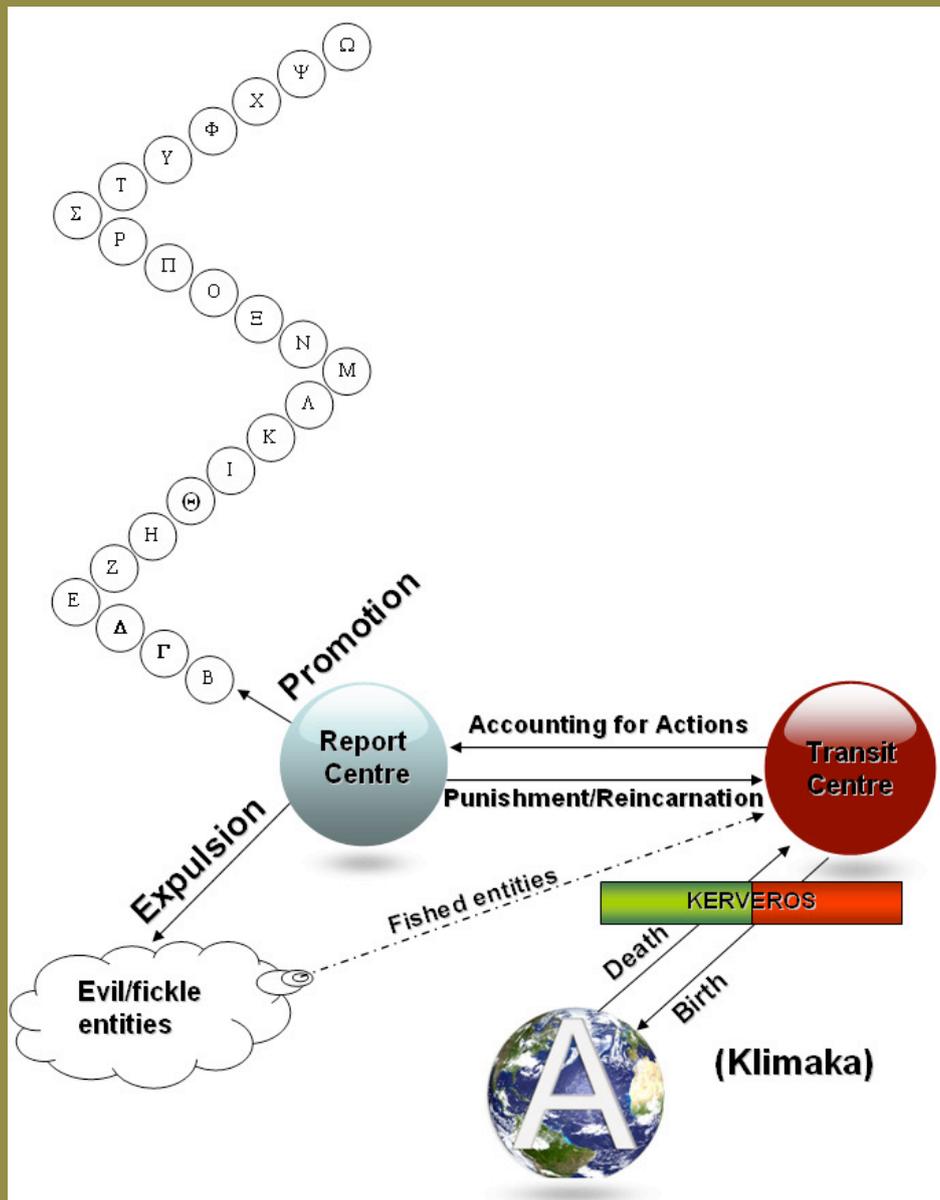


1. Ways of Living and Ways of Dying



Preamble

The Hierarch John Chrysostom, through the medium George Pizanis of the Spiritual Society of Athens - Greece “The Divine Light” delivered 25 lessons about life and death to gatherings of young people. Whilst on Earth the Hierarch wrote the “Divine Liturgy” (Mass) that, to this day, Eastern Orthodox and Eastern Catholic Churches of the Byzantine Rite celebrate every Sunday.

This monograph is an extract from these lessons. The whole unbridged text is given in [5:9-48] and can be obtained (in Greek) from www.divinelight.org.gr. From this web site other inspired spiritual texts can be obtained.

The monograph is divided into two main parts: (a) the way we should live our earthly life (Teachings 1 to 12) and (b) the manner by which we die on Earth (Teachings 13 to 25). Each page is divided into two sections: the wider contains the translation and the other additional material by the editor and from elsewhere to assist with your reading. Some margin comments were obtained from encyclopaedias and Wikipedia.

This series of monographs complements the four books in the series “The Purpose of Earthly Life” which can be downloaded free from the website www.divinepharos.org. It would be useful to the reader of this monograph to download Chapter 4 of Book One that deals with similar concepts.

Yianni Attikiouzel
Translator and Editor
September 2011

Ways of living and ways of dying

JOHN CHRYSOSTOM: What is earthly life?

It is the workshop where the rough diamonds of Heaven are **fashioned** so that one-day they will acquire perfect brilliance and decorate the Heavenly Kingdom of the Lord. This fashioning is carried out with much labour, toil and torment because these diamonds have not acquired sufficient soul strength to withstand their fashioning.

Life means I live, I exist and I am on Earth. Life also means I live, I exist and I am part of the Heavenly Family of the Lord. To distinguish between these two concepts we say: earthly life and Heavenly life. You understand earthly life but you cannot perceive the Heavenly one, because it is invisible and only after death is it reborn so you can acquire strength and return to Earth. That is, from Light to Darkness, so that on your own you can find the Light in Darkness! That is why you labour, toil and suffer.

The fashioning of the rough diamonds in Heaven is slow because time does not exist. On Earth it is much faster. It is sufficient that you know the reason for which you returned to Earth. The Creator is selective, but because as a Father He loves all His children and does not want to be unjust to any one is why this procedure takes place. It is so that one day all the children of the Lord together will become the diamonds of His Kingdom. I do not know what God's future Work will be after all the children have become (brilliant) diamonds.

What interests mortals, is that through Heavenly Light they perceive their obligations towards the Father as well as towards their brothers. This is so that they can broaden their hearts and be released from their spiritual darkness of ignorance caused by the Daemon of Evil who offers them false enlightenment to rouse their egoism and convert them to being his instruments.

So that they will not fall from the light of midday to the darkness of midnight, We have enlightened, that is We enlighten and We will enlighten the brothers of the whole world on many points they ought to know that until now remain unknown.

There are many ways to live, some correct and others incorrect. I will teach you all these so I can protect your steps and you will not slide on a parallel path that is false and which leads to where the Lord of Darkness presides!

JOHN CHRYSOSTOM: My dear brothers, there are two roads on the course of your life. Initially the two roads are parallel. Afterwards one turns towards the right and the other towards the left. Thus, one road leads away from the other. These roads I will call "Trees of Knowledge of Good and Evil". The trunk is one. However it branches out into two trunks: Trunk A : Virtue and Trunk B : Harm.

Trunk A has branches and each branch differs from the other.

Teaching 1: [5:9-11]

*Our father among the saints **John Chrysostom** (347-407 AD), Archbishop of Constantinople, was a notable Christian preacher from the fourth and fifth centuries in Syria and Constantinople. He is famous for eloquence in public speaking and his denunciation of abuse by both ecclesiastical and political leaders, and for the Divine Liturgy (Mass). He had notable ascetic sensibilities. After his death he was named Chrysostom, which comes from the Greek Χρυσόστομος, "golden-mouthed.*

"The Orthodox and Eastern Catholic Churches honor him as a Saint and count him among the Three Holy Hierarchs. He is recognized by the Eastern Orthodox Church and the Catholic Church as a Saint and as a Doctor of the Church.

Some "fashioning" or "shaping or polishing" takes place in Heaven but at a slower pace; it is best carried out on Earth using a hammer and an anvil – the two opposing forces of Good and Evil.

Teaching 2: [5:11-12]

Gen 2:9
In the Book of Genesis the tree of the knowledge of good and evil or the tree of knowledge (occasionally, the tree of conscience, was a tree in the middle of the garden of Eden.

Similarly for trunk B. Human entities choose which trunk (road) they prefer and then look for the branch on which they would settle. Each branch, according to a priority, has a special place for each entity so that no entity is without a branch.

The Spiritual World does not force any one to follow either Trunk A or Trunk B. They are completely free to choose. For this reason It enlightens them! If they have a small amount of Serene Light they will perceive their position, their mistakes or their back sliding and immediately they will turn the rudder and depart from there, where in the future they could have fallen into destruction. The first main trunk, the Trunk of Life, is one. For this reason all entities receive the same Breath from **Anarhon**.

If in choosing between the trunks an entity receives the wrong enlightenment, this is not the fault of the Spiritual World but of he who was left alone to choose with free will so he could be fashioned accordingly on the big grindstone that is called "society". Good or Bad, naïve or cunning, industrious or lazy, educated or uneducated they all have one and only one aim in the traverse of their life. If they know it, then good. If they do not know it, they should learn it because later on it will be very difficult for them to unlearn what they have learned, that is, to rid themselves of the garment of "pseudo-education" and to cultivate their inner psychic education.

JOHN CHRYSOSTOM: Even if the separation of differences of one trunk from the other is immense, do not forget that both trunks draw life from the same roots. Similarly, Man can be represented as a Tree of Good and Evil that has the same roots by which it absorbs life. But these roots have two forces: of preservation and inspiration. Preservation is the Divine Breath. Inspirations are the practices that Man acquires through habit. For this reason Man ought to cauterise his bad habits so he can be liberated from them, even combating them until the end of his life. Because, if he does not cauterise the bad habits, then the roots may spring new branches of Evil for Man.

For this reason the Lord gave His creation a free spirit to observe, compare, differentiate and decide and, if he has a small amount of Serene Light, to cauterise what is wrong. There is no compulsion from the Divine. If Heaven enlightened entities to do only good, then it would be difficult to distinguish if the entity has by itself truly conformed to Heaven. For this reason It leaves the entity with free thought so it can be conscious of its position and have no one's influence to distinguish between the Good and the Bad. This is a profound point for an entity that has a good perception about many points of life and death. Moreover, this entity has its own surroundings. And if the ones with greater experience and knowledge do not enlighten appropriately the younger ones with less experience, then they make the same error as the ignorant. The punishment for the first is smaller, whereas for the latter, larger. That is, they will remain longer in the depth of darkness so they can comprehend and understand what is "self-concentration".

Therefore, I recommend to you, to devote at least half an hour everyday to self-concentration.

Anarhon: [Greek: *Αναρχον* = without beginning, infinite, unruled. Refers to God the Father, Almighty, Creator, Primal Cause, First Cause, Unknown Principle of All, Demiurge. Also to: *El, Elohim, Adonai, Jehovah, Allah, Kyrios, Theos, Hysistos, Yahweh, Yahweh Sabaoth, Eloah, Adonai, Great Architect of the Universe.*

Teaching 3: [5:12-14]

For self-concentration you do not have to be in a calm area, absolutely quiet, with your eyes closed and be motionless! This is a kind of game you play to deceive yourself.

Self-concentration is to delve by rising into higher spheres and to mentally invoke Divine Enlightenment to guide you through the mysteries of human nature. As for the Heavenly Mysteries you have time to study them closely when you find yourself in the immense Heavenly heights.

You do not know yourself and you have the conviction that you are going to know your neighbour! How is this? Know first yourself and then you will understand who is your neighbour. Accept your neighbour's faults as your own, so you will not censure him but yourself, who thinks that he is superior to the other.

This is how the truly enlightened humans of Earth are able to progress as bright stars on Earth. It is difficult - very difficult, for an uneducated man (I include also university professors) to express an opinion against his brother. Who is this unknown brother, who as a concept resides within himself.

JOHN CHRYSOSTOM: I have spoken about self-concentration, now I will speak about another need that precedes self-concentration. To be able to self-concentrate means that you have practised and that you know the method and the results of self-concentration. But self-concentration is not conceivable if it is not preceded by self-examination. What is self-examination?

Calm yourself both physically and spiritually and recall what you have done during the whole day, what you said and what you expect. It is possible that you have had a dispute or quarrelled with a friend. You will say: "Why did I do that? Maybe he was right and I was unjust?" Never justify yourself! Examine the causes. If the friend was unjust and you consider yourself superior to him, then you ought to have behaved as a friend and not as an enemy. You should have let him know that he was wrong without offending him. Do not insist that the friend was the cause of the malice. If he truly was, since you say it, the fact that you are saying it means that you are not superior to him.

How many times was the Lord humbled by rude and insignificant men! But He kept quiet. He tolerated everything, precisely to show His superiority, His Divine inheritance. Understanding all that I am saying will be very useful in the traverse of your life. It is sufficient that you examine deeply these few Heavenly examples in order to raise your psychic world and your spirit will perceive the grace of your heart.

It is a major asset of Man that he has perception of Good and Evil. When he applies this in practice, through this energy, he gains new horizons to raise not only his soul but also his spirit because his free spirit governs Man. And when this spirit cooperates with the soul, the heart of this man is great. And when I say "great", I mean that he is a philanthropist, good-natured, a benefactor, that is, he is worthy of the

Teaching 4: [5:14-15]

- Both soul and spirit are ethereal immortal entities.
- The soul and spirit are two inseparable distinct parts of the same entity called the psycho-spiritual entity.
- All souls are "powered" by the breath of God and cannot be analysed.
- The soul provides all the necessary energy for the motion, development, thought, protection etc for its human entity. It never acts in a wrong way; it is also the entity's conscience.
- Each human soul contains an inner chamber where the secrets of Deity and information about previous existences reside.
- The soul as a pure motive power permeates throughout the whole human body; it does not participate in decision-making.
- The spirit is the element by which a human perceives, wills, thinks, judges and decides. It has free will.
- The spirit gives the orders for various actions, whereas the soul provides the motive power (energy).
- The spirit is located in the brain. It is the controller of

name "Man". Therefore, do not forget that you must first self-examine and get used to this examination to enable you through self-concentration to distil from your inner self the Divine Directions and Heavenly Enlightenment.

JOHN CHRYSOSTOM: My dear brother, concentrate on the teaching that I am delivering without lapses when you look left and right and think of other subjects. As I stressed before, examine yourself and you will find yourself wanting. Admit it. After you have admitted it, self-concentrate and supplicate the Divine Authority to liberate you from your bad wish to satisfy only yourself and ignore all others.

My dear ones, why did you come to Earth? To teach or to be taught?

To be taught, of course. You can only be taught if you apply what you are being taught, not with words but with actions. When you say: "I love my neighbour" this means nothing. If someone really loves his neighbour, he even reaches the level of self-sacrifice. Has any one of you been deprived of anything to benefit his friend or brother? When did this happen? You, dear reader, of what have you deprived yourself to satisfy the hungry and the thirsty?

Do good, and keep it to yourself - do not broadcast it. Your invisible good actions would be made as examples to all who do not perceive that the hidden benevolent act towards men is a double reward from God. Without realising it you acquire deposits in the Bank of the Lord. And when you come to Heaven destitute, naked even from your body, your soul will not remain naked and your spiritual body will not hunger. You will receive Divine food and rich garments from the Lord and so satisfied you would raise your hands towards Him and say "Glory to God! I managed something that I not did expect. I was poor on Earth and I was born rich in Heaven".

JOHN CHRYSOSTOM: I notice my dear brothers that despite all your wisdom and advancement on this material world you have achieved nothing of importance:

Tell me:

- Is it or is it not true that your world is ready to explode into war?
- Is it true that most people are suffering, whereas if the goods of this world were distributed justly many would be superfluous?
- Is it true, that the few who are greedy and are plunderers, profit even from the meagre funds of their poor neighbour?
- Is it true, that enormous sums of money are spent to save rich patients and there is indifference about the survival of thousands of poor people?
- Is it true, that tediousness destroys the spirit of your great lords, and mania the health of your working neighbours?
- Is it true, that in various countries rebellions, oppositions and revolutions leading to wars are taking place?

And why all these things? It is because of the foolishness of the governing civil authorities as well as the religious authorities. The one is supporting the other, always at the expense of the people.

*all intellectual operations.
- The spirit, being imperfect
in its essence, does not
always act correctly.*

Teaching 5: [5:15-16]

*Rudyard Kipling:
"God created the senses
pointing outward. Therefore
one sees the outside world,
not into one's own nature. A
wise man wishing to be
immortal turns his eyes
within and sees the real
self".*

*Lao Tse (Laozi):
"He who knows others is
learned; he who knows
himself is wise".*

*According to the Gnostics:
"My God, my mind, my
thought, my soul, my body"
Learn the sources of sorrow,
joy, love, and hate; if you
carefully investigate these
matters you will find Him in
yourself".*

Teaching 6: [5:16-18]

And the people, obedient to the authorities and their religious beliefs follow the path of the sheep to slaughter.

And I ask: "Where is the progress that you trumpet all over the world?"

"Where are the good deeds, when they only serve to advertise?"

You, tomorrow's parents, how are you going to bring up your children without you yourselves ever having received training and spiritual education from teachers with high ideals?

At the universities you learn to be honest and obedient to the laws of the state, to love your co-workers and many other things, but as soon as you leave the university nobody is concerned if you use your guile, cunning, lies and deceit. And who governs the state when it is not concerned about its own children.

Wars my dear brethren are creations of the Evil Spirit who removes understanding from men of authority, and sows in their hearts hatred, intolerance and abhorrence of one brother towards the other. And who are these people who provide supplies for wars as though it was oxygen for their dying brothers? Those responsible for countries have gone mad. Except for very few, the Spiritual World will punish them. This is the directive We have from Anarhon. Today is not the time for going back. But nevertheless you advance towards Evil. I prefer less advancement in the technical accomplishments and greater advancement in your inner world because from it, you will draw the True Light. From it you will receive weapons against the Daemon of Evil. And only this, your inner world, will guide you to the battlements of goodness and piety so that one day your world will see the rise of the Beautiful, Just and Virtuous.

JOHN CHRYSOSTOM: Let us assume that I, as a Heavenly Spirit have incarnated and I have come to enlighten your spirit - your perverse spirit, not your soul. Because when the spirit conforms to the directives from Heaven it is indirectly cultivated by the soul and this is what I am striving to achieve. In your world there are many evil entities that kill their brothers and remain unidentified, so they continue the same work without being captured by the law. Because as I said, they are assisted by the ingenuity of Evil. After a long time these evil entities will be captured and if they are small and insignificant they will be punished by your wrong and rotten laws that are very adjustable and not founded on ethical bases.

But if these entities who carry out the worst acts are big and important, in comparison with the small and insignificant ones, they will escape the punishment of human law so they can repeat their work without being disturbed, unless Divinity wants to punish them on Earth. Unfortunately, this happens in your Far West where the big criminals enjoy life, ignoring what price they have to pay in Heaven. I mention this image not because you are criminals but because as men you make mistakes. So that you do not pay twice, it is preferable that I enlighten you, so when that time arrives you can find the path towards Heaven unimpeded. Why shouldn't your ledger be

Teaching 7: [5:18-20]

clean from before? Therefore, I have come to examine this ledger and to show you what your debts are whilst you are alive - we have time to speak about your debts to Heaven.

Most men have the impression that when a human entity **migrates**, Heaven opens its arms and receives it as a brother. Of course, this happens up to a point. Not all psycho-spiritual entities in Heaven are happy. Why? Because they did not all have a clear conscience when they migrated from Earth. They are punished - the punishment in Heaven is most necessary because it supports the **Divine Providence**. The more awful a punishment is, the quicker the psycho-spiritual entity is expiated. But let us return to Earth.

You all know what is Good and what is Evil. But in practice you confuse the two meanings because self-interest interferes. And for you, Good is what benefits you and bad is what does not. Your justifications can be correct but are without an ethical basis. It is necessary that ethics are widely examined. By ethics We do not mean the ones which you adopt - this is unethical. Ethics is something that you in the physical development of the human race are incapable of perceiving. **Solon** the lawmaker has discussed this point extensively.

JOHN CHRYSOSTOM: As you all know I have come to teach what is life in the perishable world, how you should be educated and how to develop not only your spirit but also the world of your soul. The means of developing the world of your soul is by cultivating your heart. Through this, you are able to balance the spirit and the soul. When your heart suffers for the pain of your brother, the spirit willingly decides through the soul strength to serve the afflicted. This brethren, the Lord calls "**Love**". The word "Love" does not have a meaning when it is continuously repeated without rendering it. In your whole World everyone extols the Love that they have ignored. Only Love's shadow wanders in the spirits of men. If it was not wandering it would have been established in their hearts and then humans would be real humans. They have the image of a human but the heart of a beast. Man has progressed so much in the twisting of words that even the Devil admires the superiority of men for their ingenuity and acts of Evil. My aim is the True Enlightenment that comes through Me from Heaven to you so that you as children enlightened by Our Authority teach all that you have learnt and you are about to learn. My mission is great and I ought to talk about the many vulnerable points of your life so that I can protect you from Evil and guide you to rectitude.

JOHN CHRYSOSTOM: Now I will talk about the sufficiency of goods. Do not be greedy. Be satisfied with what you absolutely need. The Lord has given you many goods but you do not know how to enjoy them. The sufficiency of goods is the "**measure**". And the "measure" is always necessary for your entity. Not being satisfied with the essentials at your expense you take pleasure in what is justly another man's. Be wise, because the foolish man, whether he wants to or not, deviates from the correct path of life and follows the road without end which is full of boredom and poor judgement. That is

migrates: dies on Earth and goes to Heaven.

*In theology **Divine Providence**, or simply **Providence**, is God's activity in the world. By implication, it is also a title of God. A distinction is usually made between "general providence" which refers to God's continuous upholding the existence and natural order of the universe, and "special providence" which refers to God's extraordinary intervention in the life of people.*

***Solon** was an ancient Athenian lawmaker and poet. He is remembered for his efforts to legislate against political, economic and moral. Whilst in the Spiritual Kingdom he has provided Teachings [26; 43]*

Teaching 8: [5:20-22]

1 Cor 13:4-13

***Love** is patient, love is kind. It does not envy, it does not boast, it is not proud. It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails. And now these three remain: faith, hope and love. But the greatest of these is love.*

John 15:12-13

*My command is this: **Love** each other as I have loved you. Greater love has no one than this, that he lay down his life for his friends.*

Teaching 9: [5:22-23]

***measure** means a predefined or acceptable limit. Examples of exceeding the limit being controlling, overprotective, domineering, greedy, selfish.*

where you are travelling because you lack the necessary wisdom. Do not deviate from my advice because only this way will you acquire the “Divine measure” in your life and not lose any Heavenly blessings. Perhaps from ignorance, sometimes, you may have come to a dead-end. But I will not leave you to wander. The good Father who loves his children cares for them and will guide you to the never ending Light of the Lord. Even if you are on the dark Earth, where the spirit weighs more than the soul, I do not want you to come to Heaven with a heavy burden, but with a very light one, so that eventually you will gain a position worthy of your soul situation. I do not want to leave you in the darkness of your century. On the contrary, within the Light of spiritual progress I will push you towards the true Light of soul development. I “want”, is not an obligation for my children. It is a raising. It is liberation. It is progress of the inner world. Maybe you have not paid great attention to what I have declared in my last **work**. By having the wrong impression about the clergy and their achievements you have neglected to study it. But I am the clergy, I am the authority on the ethical standing of Man on Earth, irrespective if I reside in Heaven. Let my voice inspire and give you hope that you have a Guide who unlike the clergy will not abandon you. This Leader derives no benefit from his followers, but the followers do from him. However it is in the ethical self-interest of his followers to listen courteously to their Leader. My dear ones, your obligations on Earth are many. But you do not know what they are. You confuse them with those that you ought to discard. That is why I come as a Lighthouse with a strong white Light to enlighten the ocean in which you are without a rudder. You can acquire a rudder through faith in the Lord and my assistance. I will become your rudder so that in the darkness, despite obstacles, you will find the port at which I intend to arrive. This port, my dear ones, will be a delight for your soul and an encouragement for your spirit.

JOHN CHRYSOSTOM: My dear brothers and students, a major Heavenly attribute of the souls that are returning to Earth is “secrecy - Why?” Because it is not permitted to transmit to Earth what happens in Heaven. You fear the unknown. This fear acts as a “brake” to your actions, and if you are wise you will keep the “measure”. Therefore, take care and practice secrecy. This will help you a lot in Heaven. If on you do not practice secrecy from now you will not be at liberty in Heaven. You will be followed by your Guardian Angel.

Furthermore, do not speak frequently about Love but apply it without mocking it. Unfortunately there are in your world men who do nothing else but extol the words “Love”, “Justice”, “Mercy” etc unceasingly without the idiots perceiving that they are reciting empty words without a substantial result. These fellow men of yours are the greatest hypocrites. They promise a lot and do nothing! They praise you when it is they who are going to benefit. They raise your prestige until they achieve what they are seeking and then they forget from whom they received what they desired! Unfortunately some of them have entered into the sacred (clergy) and disgraced even the very Divine Authority with their profane acts. They represent themselves as defenders of the sacred and holy but they are their most treacherous enemy.

When the domination of the soul and that of the spirit are equally balanced, then an incarnated psycho-spiritual entity can justly retain the name “human entity”. As a “human entity” on some occasions, the soul overpowers by small degrees, and on some other occasions the spirit overpowers. Through its willpower and its illumination the entity checks itself so it is always within the measure (balanced). This is what the ancients called “Know Thyself”.

work: *Hierarch John Chrysostom refers to all the works that he has written whilst incarnated on Earth.*

Teaching 10: [5:23-25]

Mark 1:34

Then He healed many who were sick with various diseases, and cast out many demons; and He did not allow the demons to speak, because they knew Him.

Matthew 16:20

Then He commanded His disciples that They should tell no one that He was Jesus the Christ.

Your debts are large and small; others have many and some a few. But when you have an understanding and you assimilate our Texts you will be in a position to recognise easily what are your debts towards God and Man.

Before reaching the subject of death, which is life, I want to exhaust the subject of life, which is death. Don't you die everyday? Every moment is a step towards death - towards the new life, whereas the life that you consider as being eternal is finite, and transfers you towards death.

Death is one of the greatest blessings of the Lord to His creations because they are re-born. That is, from darkness you enter into the Light. I have come to teach you so that you do not remain in darkness, so you can have my Light as a guide when you find yourself in death.

JOHN CHRYSOSTOM: You will not be psychically educated by me alone, but by the entire staff of the Lord which has given you so much **guidance and advice**. Consider me as a small wheel of the whole train. In summary, I believe that the Spiritual World transmits Its thoughts about the earthly life with clarity and immense love, so that you can gain the immortal one.

Teaching 11: [5:25-26]

guidance and advice: See bibliography[1]-[44] on the Divine Pharos website: References-Bibliography.pdf.

JOHN CHRYSOSTOM: My dear students, not only I but all the Leaders of the Heavenly Kingdom have spoken and continue to speak about the earthly life, your duties, and about many other subjects useful for your preparation towards the other immortal life. Many of you hear all that I say with pleasure as though you are seeing a pleasant but instant vision and you forget it during your current life. I do not present images for your amusement, but for your duty, for your salvation and for the raising of your soul. I assist you. I do not force you, because this is not Divine but only human. Force does not improve an entity. On the contrary, the entity follows the directive whilst waiting for the appropriate opportunity to express, that which is opposite to all that, it was forced to do. I simply present two images to you. One goes towards the left and the other towards the right. Choose, always knowing within your spirit the difference between good and evil and that of the pious and the harmful. And if you do follow the image that you should have avoided, the fault is yours.

Teaching 12: [5:26-27]

You perpetuate the bad aspect of your life. If you follow the correct path you will have Our help so that you can complete your destination for the benefit of your entity as well as that of many other brothers sooner. Because a “**unity**” is not an isolated element when it is a man. It lives amongst men. Social relationships affect the other unities and then it becomes an example of a virtuous citizen and good and pious Man.

unity: refers to a single incarnated psycho-spiritual entity.

Assume that an association is made up of furniture-makers and you have at your disposal unshaped timber. At first glance, it does not attract you. However, through necessity you try to convert this shapeless timber into nice furniture that satisfies your needs. You,

First breath = birth = turn ON the switch for an electrical circuit. The soul arrives in the body.

as entities are this timber. The difference is that you have a mind and without using your hand, but only your will power you will form, or better said, you will fashion the furniture of your inner house that is that of your entity. This way you will acquire a heart and a spirit worthy of your soul. Because - do not forget - the soul is not made of matter as some uneducated think or those into whose ears Lucifer has whispered. The soul is the **Breath** of God. It cannot be analysed. As a Ray of the Great Creator It cannot be discussed by anyone. It is a cord that Anarhon holds in His hands.

JOHN CHRYSOSTOM: As you perceive, we slowly ascend the ladder of life - I mean the earthly life - to reach its extinction by following the same ladder towards a new life, a life unknown to all. Because, despite all that the Spiritual World is teaching using images, it is very difficult for you to perceive a life that according to your opinion you have **never lived**. A lot is being said about the Heavenly Life that is not possible to be imagined even by those with a developed imagination. You know very little, as transmitted by the Spiritual World, and these are the preliminaries. No spirit is able to transmit the true life of the Spiritual World as it is, because the Highest Authority forbids this. Myths, as told by many, have ridiculed the meaning of immortal life. For this reason the Spiritual World through its appropriate Leader comes to transmit to you the Light of Truth in instalments. The whole Truth you will see only where the Administrative Authority of the Universe exists.

For this reason, knowing the rough road of your earthly life I try to enlighten you about your work and actions so that you can gain sufficient Light to traverse the dark alley from Earth to Heaven without having the need of reflective Light but having the strength and determination to traverse the small distance from one riverbank to the other. This is so you can find yourself in the sun drenched country where We live called **Ahoron** and you can admire not the nature, but the Creation of the Great Architect who has created the Worlds and the Powers with two factions, so that there is psycho-spiritual movement and progress.

If one asks: "When I depart from Earth do I enter the unknown? Because if this is the case, I will not be able to know where I am going, what I am going to encounter and what my position will be?"

Then I will reply: if you knew Our Teachings you would not pose this question. Besides, if Man knew what gift Heaven has prepared for him then he would stop being interested in the gift. If Man's wish is fulfilled then it ceases to exist. Therefore, it is best to hope for something good so that Divinity can offer you something better. You do not know the Unknown. My dear ones, if you knew it, then there would be no need for Earth. Therefore, there is a reason for you to exist amongst the mortals. You have come to develop the strength of your soul. Are you afraid of the Unknown? If so then why do you pray to God since He remains even to your inner eye Unknown, Unchangeable and All Mighty? Love and respect your God so you can perceive that He resides inside you. And in this case do not worry about the Unknown since It exists inside you.

Last breath= death = turn OFF the switch of an electrical circuit. The soul leaves the body.

Teaching 13: [5:27-29]

never lived: because humans forget their previous incarnations.

Ahoron: literally translated = non-space.

JOHN CHRYSOSTOM: We have spoken about the Way of Life. So as not to repeat the same things, bear in mind that Man needs to be humble, to respect the Holy and to Love his fellow man with understanding, because if he does not have understanding then he is wasting his time studying to acquire even earthly knowledge. Heaven has never said: "Believe and not search", on the contrary It said: "Search so you can believe".

Research is essential. It is possible that the Cunning one will attract you through his wisdom and if you admire his speech without researching the meaning of his words and for what reason he attracts you, you follow him to a direction that is unknown to you but known to him.

But when you have acquired a higher level of Knowledge and you know how to avoid the delusions and the traps of the Wicked one, then believe in the Divine Light of Heaven without researching. You do not see God. You cannot research God, but you ought to believe in Him like the ships that are in the oceans and through the waves, hope to reach their destination attracted by the light of a distant lighthouse. Believe that hope will guide you to the end of your mission, that is, to the Spiritual Port.

And now, what is this death that you discuss continuously when you are in pain and at a dead-end but not when you are merrymaking and in high spirits!

No one in your World has been able to research this subject. And despite all indications you have about the immortality of the soul it is impossible to convert an indication into proof. Why is this?

It is because the Divine Law directs that Man must not perceive the true meaning of death. Of course this Law was for the many. Today, everything is changing! And a section of men must know that death is a **metastasis** of the psycho-spiritual entity from the material world to the invisible world - the spiritual one. But how can this be proven to the foolish? - those who do not accept the immortality of the soul? It is a subject that I will expand upon later.

You all have wishes and dreams especially when you are at a young age. I do not want to say that there are not older men who think like the young ones, forgetting that death is near whether they are young or old. At every moment, at every hour, day and year, death links you with life, but which life? It is the immortal one. You do not perceive death as an existing entity. But you fear it! Wrongly! Why do you not believe that immortality exists so that you can take pleasure in the joy?

JOHN CHRYSOSTOM: One of you could ask: "Dear Teacher, why are there men who are fanatics and who reject everything that is correct and true?" and I would reply:

When the Wicked one takes refuge in the spirit of these men, it follows that their spirit gets confused since it is lacking prudence and

Teaching 14: [5:29-30]

In Matthew 7:7, Jesus said "...Seek and You Shall Find; Knock and it will be opened to you". What should we be seeking? According to what Jesus said in Matthew 6:33, we should be striving for the kingdom of God and His righteousness. Those who turn all of their attention to worldly things will have their reward while upon the earth. Christ stressed that by following Him and His righteousness; we would be investing in an eternal reward in Heaven.

metastasis: *From Greek, literally meaning change of place or status.*

Teaching 15: [5:30-31]

*The ancient Greeks had a saying:
Παν μετρον αριστον: (pan metron ariston) "everything*

orientation and therefore it falls into the ocean of ignorance. As you all know, True Light is blinding when the eyes of these men are ailing and their spirit becomes morbid and twisted. These men need treatment. Not abruptly but in stages, so that slowly they can perceive their mistake and comply with Our directions in order that they can be cured of bigotry and their insistence upon keeping the twisted word of the Spirit of Darkness.

It is the duty of every enlightened man to fight for the salvation of his fellow men. But if they are not persuaded despite your many efforts to guide them to the correct path, then they are condemned to suffer. For this reason, the more difficult is your task the larger is your reward.

My brethren, if Man does not know the reason for his life how can it be possible for him to perceive the more difficult aim of Creation - death? Both life and death have their behaviours. The Spiritual World has spoken many times about earthly life and I have complemented some aspects of it. As for death – this is the mortification of the body and the resurrection of the psycho-spiritual entity from the bonds of matter. The type of death of each entity is as different as the manner of its earthly life.

JOHN CHRYSOSTOM: Death is the departure of the incarnated psycho-spiritual entity from the body and its return to the Heavenly world. Mortals choose the way they live; Heaven chooses the way they die. There are four main categories of death:

- Gentle death: A person dies suddenly, peacefully and in tranquility. I will not elaborate further since the Spiritual World has already explained the meaning of this death.
- Death with suffering and pain: A person with a heavy conscience or heavy sins from previous incarnations dies this way to enable him to expiate part of the heavy burden.
- Slow death: Sometimes with pain and sometimes at peace. This slow death slowly wears down the entity as it is forced to look to its past, think of its actions and distinguish between the good and the bad actions without mentioning anything to other people. It is a way of repentance and liberation from the pressure of the burdens.
- Violent death with bad disposition, bad behavior, many times blasphemous and many times with abuse: This person has lost the Divine Light that he believed out of selfishness and in reality he had no Faith.

I have talked of four images of death. Each one has eight subdivisions. There is also another that no one has followed nor will he follow (he refers to the crucifixion of the Lord). In all there are thirty-three (33).

I will talk more about death, because we have started and we must finish so you can have some idea about the ways of dying, I will not transmit the subdivisions of death as this is forbidden.

within a measure is excellent”.

Teaching 16: [5:32-33]

Book 1: [77-81]

The type of stages and phenomena during death varies from person to person. They depend on the life and the quality of the entity. Before the soul leaves the body, it initially expands, so that part of it is outside the body and advances towards the dimension of the Heavenly World. It should be noted that the spirit leaves the body first and then is followed by the soul, which is tightly connected to the spirit. This is why, many times, people who are near death lose their senses and mental contact with their environment but their bodily functions continue to some degree. Final death occurs upon the complete departure of the soul, after which the last cell of the body becomes inert.

JOHN CHRYSOSTOM: Truly, my dear ones, some of you do not listen with pleasure to what I say about death, thinking that you are immortal. You do not perceive that your garment wears out the same way as the **body** that contains your psycho-spiritual entity. If you look after your garment it will not wear out easily. The same thing happens with your body if you maintain it as you ought, not only clean externally but also internally in total enlightenment. You all know that you are not immortal, despite the soul giving you the impression that you are immortal on Earth. It is not your soul that gives you this impression but your spirit. Correctly, the soul whispers that you are immortal, but where? ... in Heaven. You will remain there for a time, because your return to the earthly world is to enable the liberation from the weight your conscience.

The Lord, Who descended on Earth to save you, He did not descend as God but as a human. He did this so there would be no difference between Him and His brothers. Proof of this is that only very few knew His birth and it was only in His thirty-third (33) year that He became known to more people of that era. The Lord, as Son of God, is God in Heaven because if He appeared as God on Earth then the whole of humanity would have been destroyed and there would be no human development. This Great Leader of the Spiritual World, the Lord, went to His Death by Crucifixion innocent and delivered His Soul to His Father. He knew His end, because all earthly life is transient. But you, despite knowing this, act in your daily life as though you are immortal without realising that your possessions will remain here and you will take only the parcel of virtue or wickedness as baggage. At the Heavenly Customs they will check you and depending on what you have brought and after you have confessed, you will receive an analogous position.

Why, I ask, are you afraid of death? This means that you are not at peace with your conscience. Something scares you. What is it that scares you? It is your bad enlightenment, the twisting of your spiritual richness, the unfashioned merchandise of your knowledge. Thus justly, you are scared of what you should have considered as a great benefit from God. You are not able to imagine that death is not darkness, but is light that is created from darkness so you can enter immortality. Therefore, death means new life towards new knowledge and the raising of the spirit to greater ideals for the development of the psycho-spiritual entity.

JOHN CHRYSOSTOM: Death means life beyond the limits of your Earth. Because this teaching is about death it is abstract in its nature, because it is with difficulty you understand the correctness and logic of the Spiritual World using images to explain what is death. As I said before this is human. Death is a concept since it transforms entities from matter to being abstract, because everything that you cannot see is abstract. That is why you do not retain it in your mind. Why? Because you do not like to study your departure from Earth but want to know of your arrival, that is, how Man has descended on Earth and has proliferated through his reproduction.

I'll discuss an entity with **mitigating circumstances** that has left your

Teaching 17: [5:33-34]

*John 2:21
But He was speaking of the temple of His **body**.*

*1 Corinthians 6:19
"Do you not know that your **body** is the temple of the Holy Spirit who is in you, whom you have from God"*

Teaching 18: [5:34-36]

mitigating circumstances:
i.e. forced to act against own will.

atmosphere and is heading towards Heaven. Various spirits, good and evil surround this psycho-spiritual entity as it ascends. Both are trying to attract it towards their side. But this entity is in a state that it is unable to decide and it continually listens to the whispers of its Guardian Angel: advance, advance, advance. This entity does not have its third eye open. It does not know where it is, where it is going and who surrounds it. It only knows the voice of the Guide. As soon as an entity crosses the **Barrier** of Forgetfulness (Reforming Zone) or the **Barrier of Rebirth** or super-memory, something works in the spirit. It is guided to where all the souls entering the Heavenly Kingdom are present. It does not show an identification card, but the examination will take place. From there it will be transferred by its Guardian Angel to the Centre of Examination. The Guardian will withdraw and then the soul asks the spirit: "What have you done and what you have not done whilst you could?"

As you gather, the soul does not ask about Good or Evil. From the actions it will judge if one was Good and the other Evil. Depending on the replies of the spirit and the judgment, it would receive endorsement and a position according to its quality. All this is carried out in an instant.

The aim of Divine Providence is not for an entity to suddenly find itself from one state to another. When the soul, that is, the psycho-spiritual entity recovers and starts to perceive its surroundings in the spiritual world, it asks questions and seeks directions and slowly it complies. It is not able to give explanations directly to its relatives and friends on Earth, if they call it through a medium. The Guardian Angel speaks on its behalf. Only very few realise this. Most have the impression that they speak directly with the soul with which they wanted to communicate.

If an entity does not comply with the Heavenly directions of the Spiritual World, it is not free and is unable to speak of what it knows or surmises about Heaven. This is forbidden. But it is possible for an evil spirit that knows the attributes of the entity, its wishes and the manner of speaking to take its place. This evil spirit then gives advice, directives and much else at the expense of the earthly entities who do not know what is happening. By recognising the voice and speech of the departed entity, and some secrets that no one else knew except the entity that has departed, then one or two members of the family are convinced of the true identity and act wrongly following the advice given. This is how Evil always deceives humans. Because they have faith in the Spiritual World but do not have Holy Light, they fall into the trap of Evil.

JOHN CHRYSOSTOM: I will now mention the example of a soul that has completed its sentence in Heaven and the time of its return to Earth has arrived. Before departing it chooses the country and new parents so it can be re-examined as a human entity on Earth.

The promises that it has given to the Spiritual World were many. It assured its Guardian Angel that it will not breach all that it promised and that it was sure that it would succeed in its aim when it descended as a new entity on the material world. The Guardian

Barrier: This is a dual action barrier that causes descending entities to forget what occurs in Heaven and causes ascending entities to recall all previous lives. Accordingly it is called the Barrier of Forgetfulness or the Barrier of recollection. Collectively they are called Kerveros. Therefore Kerveros has two distinct properties one for ascending and one for descending entities:

For ascending entities:
Kerveros = **Reforming Zone** also called the **Barrier of Rebirth** or of **Super Memory**.

For descending entities:
Kerveros = **Reforming Zone** also called the **Reform Belt** or the **Oblivion Barrier**, or **Barrier of Forgetfulness**.

Kerveros is also known as Kerberos or Cerberus

In Greek mythology, this barrier was symbolised by the beast Kerveros that guarded the gates of Hades. That is, Hades is the entry to the Spiritual World. Also from Greek mythology: Hades with his two brothers Zeus and Poseidon defeated the Titans and claimed supremacy over the universe ruling the underworld, the sky and the sea.

Teaching 19: [5:36-38]

Sister: Hierarch Chrysostom refers to the soul as "sister"

Angel advised it: “**Sister** soul are you speaking sincerely? Because there is no material element that is pressurising you and your spirit has your promise. But when you cross the Barrier of Forgetfulness, you will forget everything. If you have **soul strength** and this exceeds that of your spirit, you will walk calmly and will avoid the whispers of Evil. But if the contrary is true, what are you going to do when you will not remember after crossing the Barrier of Forgetfulness?”

The soul replies: “ I am so convinced about the plan for my path, that it would be impossible for me to regress”. “This we will see in action” replied the Guardian Angel.

The soul goes forward, exits from the Barrier of Forgetfulness, forgets its life in Heaven, forgets its promises and hesitantly follows the path towards Earth. The Guardian Angel accompanies it so it will not lose its path.

I am able to say that it is at this point that many souls are in danger from the sweet sound of Evil’s voice. Many evil spirits surround it with promises of a comfortable life, richness, prosperity, conquests, knowledge and much else. The soul, slightly torpid from the loss of its memory, tries to remember from where it left. But to no avail. Thus it is forced to listen to the tempting promises of the various spirits. There are also good spirits that whisper the opposite. That is, that life has labours, toils, sadness and such like. They whisper: “it is up to you to face these obstacles and to find your true destination”. But, the descending soul likes to hear compliments and promises of help that satisfy it as an entity without considering that the easy path satisfies the earthly man but destroys the spiritual one. At this point the battle is fought until the soul arrives at its destination, with new promises from the deceitful spirits or by having rejected them.

And thus, the newborn is born who is pure and protected by the Divine Powers of Heaven, because it belongs under the **Covering of the Lord**. In time the newborn grows up and acquires a sense of its surrounding world and he creates his own surroundings and if his parents are worthy, they will enlighten him appropriately and he acquires enlightened knowledge. But if the surroundings outside the family circle are opposing the knowledge that he acquired from his parents and this knowledge is more pleasing, then he follows the opposite path to that which he promised and possibly in the future will enlist on the side of the Cunning Spirit. This is unless a new enlightenment wakes up the subconscious and it changes direction with new serene and unbending Enlightenment towards its destination.

JOHN CHRYSOSTOM: There are many people amongst you who do not like My Teaching about death. And I ask: “Why, since no human has escaped death?” When they hear that a discussion takes place about death they are overtaken by a feeling of a bad omen! Why? Death is a blessing, the same way as incarnation. Only in this way can the soul be liberated from the weights of its spirit. The spirit, and not the soul, create the evil actions of Man. The soul as I have

since in the Greek language the soul is of female gender.

Soul strength = the soul's dynamic endurance which enables it to oppose the pressure from the spirit and also the soul's dynamic endurance that enables it to apply pressure to the spirit

Covering of the Lord:
protection of the Lord.

Teaching 20: [5:38-40]

stressed previously, has no connection with human actions.

Since I have referred to the categories of death, it is necessary for Me to give you other examples from the infinite number that exist. I will consider a pure soul without **weights**, which ascends to Heaven after its recall. You will see this entity calmly awaiting the inevitable, as it says. But nothing is inevitable, as you know from the continuous Teachings of the Spiritual World. This soul ascends the **klimaka** accompanied by its Guardian Angel. It does not pay attention to any whispers from bad or good entities. It blindly follows its Guide that is linked with it through a Divine password. The recalled entity recognises from the password that it is being guided correctly. It crosses the Barrier but it cannot remember much immediately, because it has arrived almost torpid in the Lord's Kingdom. So that the soul does not remain sad it sees visions of earthly life. These visions are reflected as dreams of its relatives and friends or are seen as visions. This soul of course arrives initially at the **Transit Centre**. There a specialist spirit examines it. Angels usually hold this position. If they are convinced that the soul does not carry any weight it is transferred to the **Centre of Accountability** (or Report Centre). With or without weight a soul goes through this centre. No exemption is made. There the soul asks the spirit: "Do you remember if you have done anything on Earth that you should have not done?" The spirit answers: "I do not remember doing harm to any one. But, despite my will, if I have done something that I should not have, I am prepared to suffer the consequences because I know that Divine Justice is a gift of God to Man".

Then, the soul as a critic adds: "Truly, I do not see any one who despised you because of your actions during your earthly life. You have done your duty where you should. You gave a helping hand to some of your brothers even though they were not known to you. Spirit, do you know what this is called?" The spirit replies: "I am not able to name this word", and the soul adds: "It is called Divine Providence. Now go to that place that justly belongs to you. From there you will receive Heavenly Enlightenment towards your psycho-spiritual entity's higher ideals. After this procedure, the entity feels as though it is flying and it acquires new soul strength and spiritual power that satisfies both the soul and the spirit.

JOHN CHRYSOSTOM: Never judge a dying entity by its appearance and its circumstances because you are not the ones that know the nature of any entity. It is possible for an entity to be dying peacefully and in an instant the thread of life to be cut. This does not mean that the entity does not carry weights. Another entity suffers for months, is harshly tested and seeks death that is not responding. This situation, of course, is not of a long duration. At some stage the soul will leave the body and it is possible that this entity will receive a brilliant place in Heaven because it knew how to restrain itself and not misbehave by insulting God because He torments it. Ascending, it seeks God's liberation. As you can perceive the situations have different shades and it is not possible in a short discussion to give a complete image of the infinite number of situations.

I will now talk about a descending entity which for many years was

weights: sins

klimaka: a notional spiritual ladder that links Earth with Heaven.

NB: See the cover page of this monograph for a useful diagram.

Transit Centre:

The Transit Centre (**Soul Terminal**) being akin to an airport passenger terminal, where tickets, visas etc are issued subject to certain conditions.

NB: This airport terminal also contains reform-holding compartments (holding cells).

Centre of Accountability:

In this Centre the psycho-spiritual entity accounts for its actions on Earth. The judge being the soul. Also called the Report Centre.

Teaching 21: [5:40-42]

studying in Heaven near the various Heavenly Teachers and had reached the point that it was convinced that it had relatively atoned. The entity is sent to the Transit Centre where it awaits the Lord's permission to be reincarnated on Earth. It is possible that it remains there for one day, one year or more. Why? This is something that concerns Us and not men. When the soul decided to return to Earth it was given a Guardian Angel – not the one that it had previously. With its new Guide the entity follows its Angel until the Barrier of Forgetfulness. There, it stops seeing its Guide but it knows its whisper. It goes through the Barrier of Forgetfulness and because the Guide knows the soul's path, the Guide says to the soul:

GUIDE: "Do not go too far. We must walk together because the path is full of thorns and thistles. Be careful of the tempting words and promises and everything that could possibly develop your earthly **ego**".

SOUL: "I have forgotten where I have come from and where I am going. I will repel all tempting words as I descend. But you, Guide, do not go too far from me so I will not become a victim of the Evil Spirit that can mock with all sorts of words.

So, despite the tempting promises by the various spirits that surrounded this soul, none managed to attract it. All this happens in an instant. The soul is now ready to enter the body of the newborn. By entering, it does not remember or recognise anything from the past. It is in a spiritual torpor.

The newborn slowly grows to be a man capable of cultivating his spirit. He is not tempted by riches, the promises of influential people etc. He is only interested in his duties towards himself and society. His attention turns towards Justice, Love and the Enlightenment of his brothers. In time he acquires soul strength much greater than the one he had in his previous earthly life. The friends he acquires do not have strong personalities in the community but are simple, respectful and pious. He inspires these men, and possibly his words will attract men from higher status who, when they are baptised in the Light of the Divine Word, are attracted to him and become his followers. Thus slowly his authority is increased beyond the limits of his birthplace. Such men are very few in Society and are hated by Evil who tries by any means to eliminate them. If these earthly guides of the spirit and soul are eliminated then their followers who are many will continue the work of their predecessor.

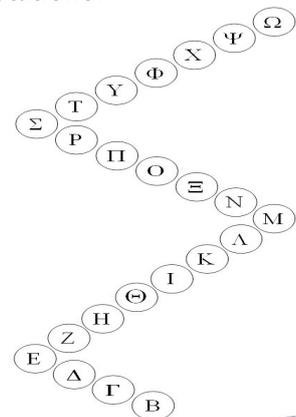
JOHN CHRYSOSTOM: The number of times you descend and ascend depends on you. If you are completely balanced then you will follow the prescribed **Stations** of psycho-spiritual development. Time for Us does not exist but for you it is invaluable, because you can settle your debts earlier and contribute to Divine Providence that exists for your benefit and not for that of the Heavenly entities. If you have a spirit able to perceive the many Teachings of the Spiritual World and assimilate in yourself the main points, you will speed up your liberation from the material bonds and take a place in Heaven worthy of your quality. The whole Teaching of the Spiritual World is summarised, by the following:

Sri Poonja (Papaji):

"There is no such thing as a healthy **ego** any more than there is a thing called a healthy disease".

Teaching 22: [5:42-44]

Stations:



- Application of Love in practice.
- Support of Justice against even your own essential interests.
- Repugnance of sweet lies and recognition of Truth in its bitterness.
- Faith and piety towards God and respect for your elders.

I will now refer to a psycho-spiritual entity of **Quality B** that has been punished for a number of years in Heaven to atone for her immense weight. Upon her return to Earth, despite the whispers of her Guardian Angel to refrain from the tempting promises, she fell into the net of Evil. The spirit of this Quality B entity identified with the inspirations of Evil. She considered death as the end of her entity and therefore had to take advantage on Earth of all the attractions of matter. Her compass was pleasure in the extreme and the exploitation of the wealth that she sought to possess.

This way, through her rare beauty and refined manners she managed, as did another **Circe**, to convert high society persons to real swines! She became a shareholder of industries and did not know the extent of her wealth. She corrupted the youth of the aristocracy and lied in such a way, so that those that had an inkling of her bad behaviours pretended that they believed her so they would not lose her treacherous flattery. In her full satisfaction she considered herself unhappy because she did not know the destination of her family life. This very rich and beautiful woman at the blossom of her age was blinded by her ego. The favours that the various empty heads offered her made her feel like a goddess. News reporters considered her words as a small bouquet of flowers without containing anything substantial.

Evil was triumphant in her. But one day she acted against her protector and he forced her to realise the weariness of her life and to commit suicide. When she returned to Heaven she was deprived completely of the Light of the **Third Eye**. Who knows when it would be decided that she return to Earth for testing!

JOHN CHRYSOSTOM: I have to inform you of the following: When an entity is recalled, do not have the impression that after its last breath it ascends to Heaven. Firstly, it needs to be made torpid so it is not aware of its death. It sees, listens and speaks without being perceived by its earthly brothers. After the passage of three (3) **days** it enters the Transit Centre. It remains there until it is examined in the Centre of Accountability. By then forty (40) days have passed. Afterwards it ought to have harmonised with its new surroundings and be fully oriented. If within six (6) months it is used to the Heavenly space then it is free to move within our Kingdom. But if matter attracts it then it will have on its side a Guardian Angel that protects and directs it as long as it obeys the Angel.

Bearing this in mind I will give as an example an entity of Quality B who has suffered a lot from her trials on Earth, enduring everything with patience and tolerance with the thought that all is temporary and without losing the hope that she will enjoy days of happiness and delight. The actions of this entity were virtuous. She helped her suffering brothers in many areas. She acted with goodness and

*You can consider the **Stations of Evolution** as similar to our sequential **education** system: kindergarten, primary, secondary, tertiary etc. Station Alpha (Earth) being the only material Station.*

Quality B: or Type B = female.

Circe: In Greek mythology Circe was a minor goddess of magic or sometimes a nymph, witch, enchantress or sorceress living on the island of Aea famous for her part in the adventures of Odysseus in Homer's Odyssey. Circe transformed her enemies, or those who offended her into animals.

Heavenly Eye = Third eye = inner eye. *The third eye is the gate that leads within to inner consciousness. Usually symbolises a state of enlightenment through visions, clairvoyance, precognition and "out of body" experiences.*

Teaching 23: [5:44-45]

NB: *In ancient Egypt mummification took 70 days. In order to preserve the body the corpse was immersed in natron salt for 40 days.*

The number of days given in the Tibetan Book of the Dead to go through the Bardos is forty-nine (49).

also:
After the first four days of unconsciousness, into the luminosity there is a sudden understanding that this is the Bardo state.

benevolence. With understanding she understood the views of her neighbours on all subjects and gave advice to all with good will and in such a way as to cause their admiration and respect. Such an entity is worthy of the protection of God. As happens many times, for reasons unknown to you, this entity tolerated the earthly adversities. When the time came to migrate she gave her soul to Our Authority. In Heaven it was subjected to Heavenly trial, according to the inviolable Law of Anarhon and it finally appeared in front of the Tribunal, where the soul asked the spirit:

SOUL: What are your sorrows from earthly life?

SPIRIT: I am no longer interested in these as I am now in Heaven.

SOUL: Do you wish to be reincarnated on Earth under different circumstances, satisfactory to your entity?

SPIRIT: This is not in my jurisdiction. Whatever The Authority decides.

SOUL: You, do you prefer to return to Earth or not?

SPIRIT: If I have remaining debt, then it is best that I am liberated from it.

SOUL: You do not have any debt and you are able to enter the **Section (Station) of the Virtuuous.**

Station of the Virtuuous: is the 3rd Station of Evolution of the psycho-spiritual entities called Station Gamma (Γ) and that is where Quality B entities finally rest. Quality A may reach Station Omega (Ω) (24th Station).

If you apply Our suggestions, you will be facilitated unimaginably. That is why Heaven enlightens you. It suffices that you have understanding and strong will to achieve that which is very difficult to achieve.

Teaching 24: [5:45-47]

JOHN CHRYSOSTOM: To complete the Teaching it is necessary that I give you another example of an entity that has done nothing bad and nothing good, apart from small faults (sins) that the Spiritual World prefers to ignore. It remained stationary throughout its life. This stagnation determines nothing and it causes the entity to go backwards. This means this entity will return to Earth with soul strength smaller than what it had, because during all this period of progress it remained at the same point without knowing how much it harmed itself. At some stage of its earthly life a spiritualist taught this entity of the Invisible World that it knew nothing about. After a while this entity acquired Divine knowledge through covert teaching. And I ask: What was the benefit when this entity is possessed by cowardice, avarice and total stagnation in the development of the spirit? Which brother will be able to see even a small benefit from this entity? Why then was he interested in Divine Teachings that he only memorised, but forgot to apply? And I ask, of what use is his spirit when We enlighten it but it remains in darkness? Where is his understanding when his inner self is consumed by egoism and avarice completes the evil? What benefit will his neighbours see from him when the use of his income remains dead in the box of his greediness? It is very strange for him to be interested in Heavenly Divine Messages and Its Teaching and not understand, because he does not pay attention to the essence of what he is reading but only to the superficial impression of the words. Such entities are worse than the unbelievers, because when an unbeliever is convinced, he has base Faith, whereas the other is hindered by passion that destroys his Faith. When such an entity is recalled to Heaven, after

full process it appears in front of the Tribunal and there the soul asks:

SOUL: What have you brought with you from Earth?

The spirit that had acquired a certain nimbleness in speech, replies:

SPIRIT: I bring Balance.

The sad soul repeats the question:

SOUL: Do you know that here you cannot lie? You either bring with you weight or you are light as a feather. Can you tell me what fortune you have left in the material world? You do not answer because you were of the opinion that you could bring it to Heaven; and today your heirs waste it. You have done nothing good. This is the only thing that the Spiritual World is interested in. And because you have avoided evil you will return to Earth as soon as The Lord gives permission. Go to the Transit Centre, your place is there and do not complain to your relatives on Earth because you brought this pressure on yourself. No one is pressurising you; you are pressuring yourself. According to your entity you received Divine reward. If you do not conform as Man, you will suffer later as a vile serpent. Go where I said, they are waiting for you.

JOHN CHRYSOSTOM: Today I deliver the last talk and I thank the Lord and Creator of Everything, Who allowed me to inform you of certain things. I wish from the bottom of my soul that the Lord opens your third eye so you can perceive the size of the Heavenly Teachings, not to admire them but to apply them with the good will of your spirit and then you will have the assistance of your soul strength.

Do not scorn or classify entities of Quality B to a lower level, because then you increase your noxious ego. The second Quality entities have an immense purpose in your existence. Teach her to think correctly so she can differentiate between her obligations to her brothers, and as to what reason she is a good companion to Man.

It is sad that I could not give more examples. The Great Teachers of Heaven will complement your knowledge with various other aspects, so that, by knowing the means by which you can refer your inner world, with the good and the valuable you will open up the wide road for your entity, so that one day you will admire the excellent True Light of Our Lord.

Bibliography

The Bibliography and references are given in a separate document called "References-Bibliography.pdf" available from the website www.divinepharos.org.

Teaching 25: [5:47-48]

*Adam and Eve symbolise a beginning. God created Adam first, a male who knew his position within Creation. Eve was created from Adam's rib as his companion and to perpetuate humanity. That is why the **female** was not considered as man. From the Lord's days on Earth the word Man includes females.*